

JULES SIMON'S OPINION.

Of the Lazy Men and the Idle Nuns.
 The French inhdels have discovered a new objection to the Church and it is a very ingenious one, indeed. They say that the Church teaches that labor is a punishment inflicted on mankind for the original transgression, Being a punishment, men naturally shun and hate it. Hence they say arise Communism and Nihilism. Jules Simon, the Minister of Instruction under McMahon, a man who is not and never was a Catholic, in his splendid speech against the laicization of the school, answered this objection. "You say," he observed, "that the Catholic doctrine as to labor is that it is a punishment rather than a duty, and that this doctrine tends to make men and women idle. Whenever I study religion I cannot see in it anything to inspire such sentiments as you hold. But I remark that in Christian society labor is not only taught by precept, but by example. Look at the Brothers of the Christian Schools, who pass through the streets in their humble and coarse dress. Are they idlers? and the sisters of St. Vincent de Paul, of whom I can speak with better knowledge, for I know them well, and by circumstances of my own life which I always recall with sadness and pride—[applause] do those Sisters preach idleness? Do they practice it? Have you ever thought of the life of those poor women, who after having passed five hours in the classrooms leave the children only to go and take bread to their fathers and mothers? You reproach these people for regarding life as a preparation for a future state of existence. But it is not only Catholics, not only Christians, who think thus, it is all those who believe in God. I have taught that doctrine; I would teach it still if I had strength. I hope to die in that belief, and when that day comes—which is, perhaps, not far off now—it will be the pride and honor of my life to think that I have succeeded in imbuing some minds, at least, with that salutary doctrine."

BAD EFFECTS OF BAD WATER.

Sanitary matters are as bad in Bokhara as they used to be in England; but the people are far less to blame than our fathers were, for England is by nature blessed far more than Bokhara in regard to matters of health. Some London water is even now—well, let us say, trying to the constitution—after it has been stored a month or so in a filthy water butt. But no length of storage will, in our happy climate "rishta," that horrible worm, found also in parts of West Africa, and take long ago even to the New World. Old Jenkinson, who in 1558, being in the Russian service, sailed over the Caspian and made his way to Bokhara, says, "The water is very bad, breeding in the legs worms an ell long. If these break being pulled out, the patient dies. For all this inconvenience they are forbidden to drink any liquor but water and mare's milk; and they who break this law are whipped through the market yes, if only a man's breath smells of spirits he shall have a good drubbing." It is not quite so bad as Jenkinson said; but if the "rishta" does break, all the little worms inside spread through the body, and the sufferer gets full of ulcers, which take months to heal. The native barbers use a needle and their thumb to squeeze it out. The Russian doctors wind it out on a reel, so much a day, until the whole is extracted, it varies from three to seven feet in length! How does it get in? Why, the little pools are full of a very small gray crustacean (the "cyclops"), whose color makes him almost invisible. Men swallow these, and they are pretty sure to be infested with "rishta" germs, which finding in the human stomach a good place for their development, develop accordingly, and work their way through the skin. I wonder if Dr. Lansdell gave tee Bokhariots a hint about boiling their water, not once only, but (as Professor Tyndall recommends) twice at least, so as to kill the germs which have escaped the first boiling?—All the Year Round

ADVICE TO BOYS

And then remember, my son, you have to work. Whether you handle a pick or a pen, a wheelbarrow or a set of book digging ditches or editing a paper, ringing an auction bell or writing funny things, you must work. If you look around, my son, you will see men who are most able to live the rest of their days without work are men who work the hardest. Don't be afraid of killing yourself with over work, so, it is beyond your power to do that on the sunny side of thirty. They die sometimes, but it's because they quit work at 6 p. m. and don't get home until 2 a. m. It's the interval that kill's my son. The work gives you an appetite for your meals, it lends solidity to your slumbers, it gives you a

perfect and graceful appreciation of a holiday. There are young men who do not work, my son, but the world is not proud of them. It does not know their names, even; it simply speaks of them as old so-and-so's boys. Nobody likes them; the great busy world doesn't know that they are there. So find out what you want to be and do, my son, and take of your coat and make a dust in the world. The busier you are the less deviltry you will be apt to get into, the sweeter will be your sleep, and brighter, and happier your holidays, and the better satisfied will the world be with you.—Burdette.

THE NEW CARDINALS

Cardinal Taschereau has received the official communication from the Vatican that he will be elevated to the red hat. The event was the occasion of great rejoicing. Flags were displayed all over the city, and to-night a torchlight procession with bands, proceeded to the Cardinal's palace and serenaded him. Fireworks were sent off from the L'val University grounds. The communication fixes the 10 of June as the day of installation. The Legislature will adopt congratulatory resolutions to the new Cardinal. If the house is sitting, as is probable, on the 7th June members of both houses will take part in demonstration. Cure Sentenne and Cure Labelle were in town to congratulate His Eminence.

Archbishop Gibbons this morning received an official communication from Cardinal Jacobini, Papal secretary of state; informing him of his elevation to the cardinalate by Pope Leo XIII.

SUNLIGHT AND HEALTH.

As the sun now resumes something of his fervour and brilliance over our hemisphere, health seekers should make it a point to get a daily sun bath. We all understand the bad effect of the withdrawal of light from plants in winter. But it is top easily forgotten that through the short and dark days of winter the human body suffers in the same way as vegetation and thence needs the therapeutic agency of sunshine at this season to repair its wasted forces. A writer in the last number of the American Meteorological Magazine forcibly states the connection between sunlight and health, and quotes from Dr. Bell's late work on climatology the following weighty sentence: "Free access of light favours nutrition and regularity of development and contributes to beautify the countenance; while deficiency of light is usually characterised by ugliness, rickets and deformity, and is a fruitful source of scrofula and consumption in any climate." This statement, we may add, is corroborated by a fact noticed by Dr. Hammond, that "various experiments demonstrate that the action of light is of benefit in many conditions, anaemia, chlorosis and phthisis being among the number." It is probable that one of the chief benefits derived by invalids from a winter's sojourn at Alpine or tropical resorts is due to the large amount of sunlight enjoyed.

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