

PHŒNIX PUBLISHING CO. OFFICE: 81 ADELAIDE STREET WEST

"Yet doth he give us bold advertisement."-SHAKESPEARE.

\$2 PER YEAR, 60. PER COPY. SOLD BY NEWSDEALERS.

The smith a mighty man is he, With large and sinewy hands, And the muscles of his brawny arms Are strong as iron bands."

Sinewy hands and muscles, like iron bands, are what athletes are trying to develop.

Johnston's

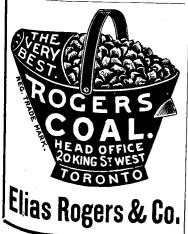
Best Fluid Athletes

of to day

The

Beef

When training, and acknowledge it to be the best muscle-forming and strength-giving food.



CONSUMPTION

is averted, or if too late to Half & avert it, it is often cured and always relieved, by

Scott's Emulsion

the Cream of Cod-liver Oil. Cures Coughs, Colds and Weak Lungs. Physicians, the world over, endorse it.

Don't be deceived by Substitutes! Scott & Bowne, Belleville. All Druggists. 50c. and \$1.



The flowers that bloom in the Spring,

Will come and the snow won't be missed To sell property, the right thing, tra la Is to put it on Williams' new list.

24 King St. East,

Send \$2.00 and Get

©-GRIP.-

For One Year.

-Riddell

WHOLESALE AND COMMERCIAL **STATIONERS**

27 WELLINGTON STREET WEST, TORONTO

RETAIL DEPARTMENT: 12 King Street West.

THERE'S NO MATCH FOR 'EM!

EDDY'S

TELEGRAPH MATCHES.

> SEE THAT YOU GET THEM.



STAMMERING . . **Permanently Cured**

System, Educational. Fee, payable when cure effected. Send for Circulars. Cure Guaranteed.

LINTON'S INSTITUTE

ROOM 64, YONGE ST. ARCADE, TORONTO

Ganada Paper Gompany

PAPER MAKERS AND WHOLESALE STATIONERS.

MILLS:

Windsor Mills Springvale Mills Riviere du Loup Mills

OFFICE AND WAREROOMS

578 to 582 Craig St., Montreal. 15 Front St. West, Toronto.