self by constant application, docility, and silence, tranquillity of soul which afterwards contributed and made rapid progress in every thing she was so much to her happiness. This latter disposition taught. Her spare time after school hours she of a heart in which virtue reigns supreme, is a real spent in the house, assisting in the kitchen, or gift of heaven. working in the garden, and thus led an industrious As Sophy advanced in years, we also increased life; her benefactress frequently brought her to in virtue. Her mistress seemed to redouble her her apartments, and taught her knitting, embroide-love for her, and made her a friend and confidant. ry, sewing, and marking linen. There, in pious Sophy, on her part, repaid these attentions of understanding, directed her judgment, gave her a service; she set no bounds to her attachment. It thousand useful advices, and instilled into her that might be said, the two hearts were made for each love of propriety, management, and attention, other; and that although the worldly rank of the which is so necessary to preserve a well-ordered one removed her at a small distance from the other, house.

Innocence was her beauty, and modesty most becoming manner. relief of the miserable objects who applied every servants, and cause so much evil and scandal. day at the house. But this bounty seemed to be Whenever Sophy reflected on her condition in of no value in her eyes, as nothing of her own the house of Madam de Linden, tears of gratitude was mixed up with it; she often gave them small would run down her cheeks. She often contrasted sums of money, which Madam de Linden bestowed the happy care she enjoyed, with the privations her for her little recreations. Instead of laying she would have had to endure in the world, and thom out on tiffes, as many children in her situal would then return fresh thanks to the Lord, who tion would have done, Sophy employed them in had brought her to the knowledge of this virtuous purchasing clothes, shoes, and linen which she lady. Thus she spent many peaceful years, and distributed to the poor. As she had herself expe-her gratitude was always increasing. which she performed with so much arc'our, and our origin, and to wean us from the earth. est simplicity, to which she united much prudence, mission from the hands of God. according to the beautiful advice of our Divine Master, to be simple as doves, and prudent as ser-Being always disposed to assist her neighbour, she forgot herself to hasten to the assistance of others.

this young girl were momentary acts of enthusi-They were the effect of the SALES. natural disposition. empire which she exercised over herself, and the fruit of her desire to please the Lord. She was Serapion, the latter begged of him that first of all continually engaged in acquiring that evenness of they should pray together; but the monk, saying temper, firmness of character, and above all, that he was a sinner, and that he was not worthy to

and editying conversations she developed her Madam de Linden by increased diligence in her yet the goodness and condescension of the noble By docility to the lessons of her mistress, Sophy lady removed this wall of separation; for she did increased in virtue and wisdom before God and not make Sophy feel her interiority, except in the The good child never heightened the charm of her good qualities. Her abused the happy dispositions of her benefactress; fair complexion, and the graces of her whole she was still modest, submissive, and obedient to person, never filled her with any vain thoughts, the smallest desire. She never sought to overbear for she preserved her heart untainted and pure, the other servants by the confidence which her She particularly shewed great compassion for the mistress reposed in her, and what is more remarkpoor, and often distributed amongst them the food able, she had the discretion to avoid those little that was given her at table, which she kept for the jealousies that often arise in houses between

rienced the privations of want, she felt it a duty in But this happiness was not to last for ever, and her new position to relieve the families of the Sophy was again doomed to taste the chalice of wretched, and to bring them, unknown to the afflictions. Every thing cannot always go on world, little articles of dress, which they required, according to our desires here below. The Lord in with a constant injunction to secrecy on her chari-his goodness knows how to mingle our days with ties. It was long after that these acts of charity happiness and adversity, in order to remind us of which her ingenious humility had kept secret from trials are to a faithful soul, what storms are to the those around her, were discovered. These relational world. Happy are they who know how to tions with her neighbour were based on the great-profit by them, and to receive them with due sub-

To be continued.

From Maxims and Examples of the Saints. PERFECTION.

Gratitude for reproof and being found fault with, is a mark But, let it not be supposed that the virtues of that we love the virtues contrary to those failings for which we are corrected or reproved; and, therefore, it is a great asm produced by accident, or the result of a happy sign of our making progress towards perfection.—S. Francis

A MONE having once gone to visit the abbot