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Mesera, Editore ...

The above is a good likeness of Mra Lydia E Pinicham, of Lynn, Mass., who above all other human beings may be truthfully called the "Bear Friend of Woman," assigna of ther correspondents love to call her. She is seatled by divided to her work, which is the outcome of a Mestudy, and is oblighed to keep sir lady assistant to help her answer the large correspondence which daily pours in upon her, each bearing its special burden of suffering, or joy at release from it. Her vegetable Compound is a medicine for good and not erd purposes. I have personally investigated it and are satisfied of the truth of this.

On account of its proven merita, it is recommended and prescribed by the best physicians in the country. One says: "It works like a charm and saves much pain. It will cure entirely the worst form of falling of the therms, Leucornhona, irregular and painful Menstruation, all tyratan Trouties, infamination at Jinceration, Floodings, all impacts in and head sequent spinal weakness, and is especially adapted to the Change of Life."

By remetes every portion of the system, and gives new life and vigor. It removes faintness, fintulency, designal craving for stimulanta, and redirest weakness of the stomach. It cures flooting, floodaches, Nervous Prostration, General Debility Sterplessness, Depression and Indigestion. That feeling of bearing form, causing pain, weight and backache is always permanently cured by its use. It will as all times, and under all circumstances, act in harmony with the law that governs the formale system.

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For Kidney Complaint of either sex this compound is described as the world for the cure of Comstigation, allitumers and sorted for the cure of Comstigation, follounces and S

to equal the Compound in its popularity.
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DANDRLION SALAD.—One plat of the plants carefully washed and placed in a bowl with an equal quantity of water cresses, three green onlons or leeks, sliced, a tempoonful of salt and pleuty of oil or cresm dressing.

STEWED liver is appelizing when one is tired of fried meat and roast. Stew it in a saucepan with a little water, in which you have put a lump of butter, an enior cut in slices, and a liberal allowance of pepper and

A FANCY for children's party cake is to make plain or sponge cake, and bake in shallow tins; cut in small oblong pieces a little larger than dominoes, and then, with a brush dipped in melted chocolate, make the marks and dots.

A PRETTY way to brighten a willow chair is to tie two bows to the back of the chair, a blue one at the top and a pink or cream-colored one below it, at about the centre of the back, or have both of them of scarlet ribbon; tie them so that loops and ends are about the same length.

BERT SALAD.—A delicious salad is made by boilisquew beets without scraping them. When they are tender, drop them in cold water, remove the skin, slice them, and put in a salad dish in layers, with slices of hardboiled exal; season with pepper and salt, a little butter, and vinegar.

PEANUT candy is made of two cups of mo-lasses, one cup of brown sugar, one table-spoonful of butter, one of vinegar, while it is boiling temove the shells and the brown skins from the peanuts, lay them in buttered pans and when the candy is done pour it over them. This it is still warm cut it in blocks.

STRAWBERRY CRUSTS.—A box of straw-bergies and a dozen buns. Split and butter some small round buns; let them get hot in the oren. Bruise the strawbergies slightly, so that the juice will run; strew powdered sugar as them, pour over the buns while hot and let than stand in a glass or china dish until cold, before serving.

until cold before serving.

STRANDERRY SPONGE CARE.—Make a custant of one quart of milk, a cup of sugar and the yolks of four eggs. Flavour when cold. Slice one stale sponge cake and cover the bottom of a glass dish with it, moisten the cake with the custard, over this spread a layer of ripe strawberries, then another layer of sponge cake, and again a layer of strawberries; sprinkle the fruit with powdered sugar, beat the whites of the eggs stiff, whip into the eggs some shawberry juice well sweetened, spread the meringue smoothly on top and arnament with hight scallet bertop and ornament with bright scarlet ber-

TOUATO SOUP.—A delicious tomato soup is made by frying some bits of beef and ham in a saucepan with a lump of butter and a small onion speed. Take a quartican of tomatoes, or a dozen fresh ones (medium or small speed), and a coffee cup of stock and then put the, meat in with it and, boil; season with pepper and salt. This may be strained or not; of course it is in better taste to strain it; if the soup seems too thin after strained or noc; or course it is in better taste to strain it; if the soup seems too thin after it is streined, put it back on the stove, add a tablespood ful of flour rubbed smooth in cold water, and let the soup simmer gently for half ap flour. In making any kind of soup it is much better to let it simmer than to to it is much better to let it summer than to boil violently—nothing is gained, not even time, by the latter process, as anything will cook just as quickly without it. It is the degree of heat to which the soup is subjected which cooks it, and flavour sullers by rapid evapojation.

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