in the forenoon there is a gmall but significant procession of two from the college kitchen. The front man is a verger of tho Ahl, gowned and carrying a bnton of silver. After bim halks the cook, who appears in white apron, jacket, and cap. Tho cook bears an obijct of moro interest to schoolboys than the dignified baton of the verger, it is a pancake. This small proefseion ques to the schoolroom door. "The Csok" is announced by the pancakc-bearer. What a com motion in the echool must follow the advent of this humbln personage in white! He moves forward to the bar soparating the so-called upper achocl from the lower one, and then flings the pancako out of his pan! Down among the upper sctoulloys tumbles the caku, and what a scramblo there is !
To pick it up unbrcken-that sofl mass of baked dough-will gain for any succesofal tor a handsone priza, While the lord of the pan will have two guineas This menorable day, though, passes away. Pan and pancako go to their resp-ctive places. Merriment ceases. Snrove Tuesday lights fade out and die. The cities, the towns, the little hamlets, the dark, open cuuntry, are atill. The wind gors wailing from chimney.top to chinnegtop, from grove to grove. Perhaps clouds spread their sackcloth over the sky. The rains may drip, and nature, in sympathy with the day, weeprs on Ash Wednesday morning. Lent has begun. Tho idea that dominates in Lent, is that of commenoration of the Saviour's i:olation in the wilderness, and some measure of fasting has been practised in tho Church. Back in the second century, we hare evidenca that there was fasting before Easter, but it was not so protractod as subsequently. For a long time fasting wes voluntary. In the sixth century, a council deciecd that those not practising the alstinence enjoined at stated times should be treated as tranegressors. By degrees the screws were tightened. In the seventh centery, a council scowled at any eater of il 1 sh during Lont, and declared that offenders should go without it the rest of the year. In the oighth century, the neglecter of abstinence was in danger of excommunication. Still lster, some unfortunate
fesheaters were deprived of their teeth! The forceps, though, did not beem to do the work desired, and the screws were loosened again. Instead of bread, salt and water-the tast-day diet-any food save flesh, egga, cbrese and wine could be used. Then flesh alone was forkidden. The relarink of the screws, though, was not acceptable to the Eastorn Church, and there was a war of words about it between the East and the West. And as nien who scorn to use the sword can yet handle effectively that sharp weapon of leab betreen their tce.b, the war doubtless was a lively one. The Eastern Church to-day exacts rigorous fasts. Even Bunday, which is a day of quiet jop, and while in Lant is not of it, is only conceded in part as a fesst-day, if in Lent, to those of the Erstern communion. The O.jurch of England, and its branches, refer to tho individual conscience and judgment the queation of fasting, and this is the attitude of Protestantism. If one go bungry, bearing in mind that gorrowful Master Fho, tempted in the wildernces, "alterFard hangered," the motive ahoald be reapeoted. If ono go hungry in the epirit and atrive gotar that fuller
communion with Christ, batisfying tho hunger, unto himbelf he in a law that Bhould he tespected also. - Rev. Edtoard A. Rand.

## MYRRH BFARERS.

## ar xatiamili J. fieston.

## T

HREE women crept, at break of day, Aprope along the sladowy way There Joselihs tomb and garden lay Fuch in her throblith, busuat bor A lurilen of such fragrant atore As never thero had hatl bofore. That eer the masky East poss oossed, From Ind to Araby the Blest.

Had they, with surrow riven hearts, In quest of mards, whoso puogent arts Should the dexd sepulethro mimio Should the dend stpulchro manare "Twas all deve love hail have to dod Chri-h di.h uot ueed heir sifts and Chri-1 did hot netd their gifts, and yet Her ult ring 1 lud saboul Her ull ragg I Did Salome frot 1 hes dut nut cullt as wasto that day What thes bad brought their Lord. The was
Home sremed the path to heaven. Thog bear Thencefurth abuat the robes they mear

So ministerivg, as erst did these, Go women forth by twos and threes ( Cinmaulful of their mormang case). Thrungh tragic durhures, niirk aud dim, Wherner they sep the faiatest rim Who rose from Josenh s tomb. They hold
Whan It just such joy as those of old, To tell the tale the slarys told.

Myrrh bearers still-at home, ahroad, What paths hare holy women trod. harde ged mith votive gita for GodBy this ono t.2ought, that all sulficed Their spices hare been buised for Christ.

## WHAT THE EASTER ANGELS SAW.

BY Joll t. Mercuistoun.

the Eastor angels flew to the rock-hewn grave on the eve before the resurrection, they passed over a broad and gocdly land whose name has come down to us as the
Land of Fair-Seeming. You will not find this name on your schocl maps, and indeed some who are skilled in tho olden tongues have told me that the real name of the land was Panthanasia, and that it meant the Land of All Death. Whether that be 80 or not, I know that the angels paused for a moment in their light to look at the scene below, and that no one since has seen what the angels 83 F on the first ove of Easter.
It was a fair land which the angels looked down upon. Tio light had not yet fuded away, and the twilight fell soflly on pleasant meadows and quiet rivers, and now and then e stray sunvoam sparkled in the water of the fountann as it broto murmuring and splashing on the rocks below. It was not ofen that such a hush came upon this land, for this was the dwellingplace of the pagan gods, and they were Wront to hold high revel by day and by night in its beautiful groves and in its fuir palacos. But to day there had been no revelling and no joy. Suddenly, en the alternoon of the day bofore, an awiful fear bad fallon upon the gods; and to-day though none of them knew why, they were waiting ซith pain and torror for some great evil which they foll $\begin{aligned} & \text { rs coming npon }\end{aligned}$ them.

If you could have looked with tho angels into tho meeting place of the false gods, you would havo seon a strango sight. All the pagan gods were there of whom you read in your books at school, and some of whom the Bible epeaks. I do not dare to tell you all that jou would have scen, for the falso gods were also wicked gode, and whon the pooplo who lived thero wished for an excuse to do ovil, they said to thomselves: "Tho gods whom we worship do these thinge, snd why should wo be better than thoy?" But you would also have seen many beautiful faces; for some of the gods who dwelt in the Land of Fair-Sceming hid their ovil behind masks that looked well outside, and you would never havo guessed what was hiddon behind them, if you had not looked closely into them, and seen, looking out through them, the oyes of the same old Serpent who tempted Eve in the gardon. Jupiter, who often camo to the earth to deceive men and womon, was there; and 80 also were Mcrcury, who tempted men to the love of gain and Bacchus, who made them destroy their souls and their bodies with wino and Minerva, who tempted the wiss to be proud of their knowledge; and Venus, who made grest promises to all, and who led them down to the gates of hell. And among these were gods who did not hide their coarieness and wickedness so cleverly: Baal, to whom human sacrifices wore offered up; and Moloch, who delighted in the bload of little children; and Best, the horrible cat-headed goddess of Egypt ; and crowds of satyrs, balf-goat, half. man, who mocked and jeered at all that was good and pure. And besides all these there were thousands whom no man could name; monstrous forms that looked like demons, whose malicious faces would have frozen the blood in your reins, and whose eyes, if you had but once looked at them, would have made you foel as if you had been changed into stone. All these wore gathered together in one place, and their faces wero all turned in one direction.
As the two angele, who were soaring above, pausod in their flight, the one touched the other and pointed to the falso gods below, and paid: "Brother, tho time of the overthrow of this ovil is nigh." He called him, Brother; for you remember that the angels of the liblo sre always men, or youths, perhaps, because so many of Gid's meseages to this wicked world must be borno by atrong soldiers, rather than by meek and gentlo women.

And the other angol looked down and said : "Yea, brother, before the dawn."

As the angels spoks these words, a great and bitter cry went up from the false gods below ; for they heard what the angela said, and know that tho time of their fall was near. For although they knew before that Jesus, the Son of God, had been taken by wicked men, and slain, they did not know what all that mcant, and they had not lookod for his resurrection. But nom, whon they sam the tro angels speeding their way eastward, they folt that, in some way which they could not understand, the secret of their fate ras bidden in the grave which the Roman soldiers were gaarding at Jerusalem. And a great, shuddering silence fell upon them, as the darkness came dorn and the angels melted array into tho distanoo.

But the angols did not slacken in their couras, until, looking away before them, they could seo three crosses atanding out against the aky. Nor did they wait then, nor did they rond their course thither: but they flow, instead, to a rock-tomb, which was closed by a great stono, and before which the soldiors were keeping guard But tho soldiers wore asleep, and did nnt waken; and the angels hovered unseen over the grest atone.
"Wo aro in time," said one; and the other smiled and said gently:
"God's messengers are always in time."

And just then a groat wonder happened, for the Lord rose unseen of any motal cye; but the angels bowed down befurc him, and the angel who had last apoken iuddenly flow down and rolled amay the atone; and all the carth round about was shaken as by an earthquako. And when the soldiors, startled out of their sleep by a sudden glare of light, looked up, thoy saw a terrible angel sitting on the stone, and straightway they became as dead men. But the eyis of the angel who sat upon the stone, and of the other who stood by bis side, glowed like coals of fire, for they were looking far. far into tho night, into the Land of Fair Seoming. And thoy saw a great chango pass over that land, but a greater change pass over the gods who dwelt in it. For all the beautiful maske.fell away; and the face of each was seen in its ugliness, and the gods cursed each other, and fled howling away to the rocks and the caves. And no man, since that day, has seen the Land of FairSeeming, nor has looked in upon the revels of the false gods, with all their wickedness and uncleanness and cruelty. So it happens that a Christian child, in these Emropean and American lands of ours, can go into the fitlds and woods without fear of mecting these crucl gods and the hateful satyre.

Years after, when two of our Lord's Bervants were carrying his message to a little town in Aeia Minor, the people thought that two of their gods had come down to earth again, and thoy came before them with garlands and Oficrings. You can read how thoy found out their mistako in the Acts of the A postles.
In Germany there is a lonely hill called the Venus Mountain, and the country people will tell fou that heathen gods still dwell in it, and that sometimes thoy lure some careless huntsman into tho mountain, to his infinito shame and ruin. This is only a prasant superstition, but it has a terrible truth for Christian folk who fall back into the wickedness which belongs to hoathendom.

What $I$ hase told you is a parable; partly true, and partiy a fable. But the truth which you may loarn from it, and which every Easter-day should remind you of, is tbast it is through the resurrection of Jesus that wo, in Europo and America at least, havo been deliverod from the frar of the false gods. So, besides being a rominder of the resurrection, which we expect for ourbelves and for our loved ones, Easter should also be a memorial of the resurrection of the world itself from darkness into light.
Grace becing her aunt writo a message on a postal-card, callod for an onvelope, saying, "I'm going to writo a letter, too, Aunt Jane; but I don't | Frant it to go berebesded life yours."

