

THE HOME

SLEEP FOR DISORDERED NERVES

A woman who, if she has a few spare moments, can lie down and relax absolutely, perhaps even drop to sleep, has a better chance to stand the stress and strain of business or of housekeeping than the one who finds it impossible to do so.

LET THE BOY DO HIS SHARE.

In an address before "parents and guardians" while ago the head mistress of a girls' school for advanced classes called attention to the handicap that girls have to contend against in their home duties, as compared with boys.

FISH CROQUETTES.

Those who do not like fish balls are advised to try preparing them after the following: Mix the flaked fish with hot mashed potatoes, half a cupful of hot milk, one beaten egg, a teaspoonful of butter, and seasoning.

CHEESE SCALLOP.

Take one cupful of finely-chopped cheese, one cup of bread-crumbs, one cup of milk, one egg, a teaspoonful of butter, half a teaspoonful of salt and dry mustard, mixed, and a dash of cayenne.

WOMAN'S SYMPATHY

The ordinary woman loves those who love her; the noble woman finds something to love wherever God's creatures live.

Many women need a hobby to take up their spare time and to occupy their minds.

An English doctor says that the night-cap which used to be worn by men and women, protected them against colds and influenza.

LITTLE JOHNNIE ON "GIRLS."

Boys should always be polite to girls, however young they may be. Girls are not so strong as boys, their hair is long, and their faces are prettier.

A New Laxative

—the best known to modern medicine — the active principle which makes

so much better than ordinary physics. While thoroughly effective, they never grip, purge or cause nausea, and never lose their effectiveness.

National Drug and Chemical Company of Canada, Limited, Montreal.

THE WELL-ORDERED DAY

How shall the day be ordered? To which sage The young man spoke. And this was his reply:

A morning prayer, A moment with thy God who sends the dawn

Up from the east; to thank Him for the care That kept thee through the night; to give thy soul, With faith serene, to His complete control;

To ask His guidance still along the way. So starts the day.

A busy day, Do with a will the task that lies before.

So much there is for every man to do And soon the night when man can work no more.

And none but he to life's behest is true Who works with zeal and pauses only when He stretches forth his hand to help the men

Who fail or fall beside him on the way. So runs the day.

A merry evening, When toil is done, then banish I the care That frets the soul. With loved ones by the hearth

The evening hour belongs to joy and mirth To lighter things that make life fresh and fair.

For honest work he's earned his hour of play. So ends the day.

SCRAMBLED EGGS AND TOMATOES.

Make a cup of thick tomato sauce in advance by cooking down half a can of tomatoes with a slice of onion salt, pepper and chopped parsley; put a tablespoonful of butter in the hot chafing dish, pour in four eggs, broken together, and as they begin to set add the tomato sauce. When all sets, serve at once.

CORN FRITTERS

Drain the liquor from a can of corn and turn out the contents for several hours before using. Chop the corn fine. Make a batter of a cupful of milk, one beaten egg, salt to taste and enough flour to make a thin batter; into this beat the chopped corn and whip hard for several minutes. Cook on a hot griddle as you would pancakes.

No Reason For Doubt

A Statement of Facts Backed by a Strong Guarantee

We guarantee complete relief to all sufferers from constipation. In every case where we fail we will supply the medicine free.

Rectal Orderlies are a gentle effective, dependable and safe bowel regulator, strengthening and tonic. They re-establish nature's functions in a quiet, easy way.

Rectal Orderlies are unsurpassable and ideal for the use of children, old folks and delicate persons. We cannot too highly recommend them to all sufferers from any form of constipation and its attendant evils.

The receipts at the Oberammergau Passion play last year were \$426,150.

After all salaries and expenses were paid, and \$2500 deducted for the poor of the parish, the sum of \$108,975 remained. This can be expended on new buildings, improvements or other public works in the village.

RECIPE FOR NIGHT CAPS WITH OPEN WINDOWS.

An English doctor says that the night-cap which used to be worn by men and women, protected them against colds and influenza. There might be a reduction in the number of cases of colds if the practice were revived.

Girls Farmed it on the Old Homestead

Left Orphans, Made Success in Missouri.

Kansas City, Mo., March 10.—A Missouri young woman has proved the woman's "sphere" is a very elastic thing by going into the fields and performing a man's work on her own farm.

When the young woman and her sister Miss Daisy Judson, two years her junior, lost their parents in a runaway accident three years ago the sympathetic neighbors were sorry.

To keep the farm and live in their old home would be out of the question the neighbors believed. At that time farm land was cheap in the Ozarks and it was realized that little could be obtained from a sacrifice sale of the eighty acres of upland.

Polly, but firmly refusing all offers of all, the girls made known that they intended to make their own way in the world and on the old homestead.

And they set to work, the younger sister as housekeeper and the older sister as a worker in the fields.

Miss Judson now has one of the best farms in Webster county. In the spring time she may be seen in the fields with her team of black horses ploughing the land for the coming crop of corn or oats.

A little later she latches the team to the check row and plants the corn.

After the corn comes up she takes her cultivator and keeps it clear of weeds throughout the season. She practices rotation of crops, intending to sow a field in clover every fourth year.

Her main crops are corn, oats and clover. She owns all her own machinery and can drive a binder as well as any farmer. Miss Judson never sells any of the grain or hay from the farm.

She feeds it to her cattle, horses, hogs and sheep. She keeps only registered hogs and sheep and has a good grade of short-horned cows.

She rears good colts each year and attends to the breaking of these herself. She can ride the wildest colt and soon teaches the young animals that she is master.

In the winter Miss Judson cuts enough wood to last through the spring and summer and a good stone henhouse was built by the elder girl for her sister who cares for the poultry.

Large flocks of chickens, turkeys and geese are marketed by the girls each year. The girls take pleasure in showing visitors over the farm and talking of their plans to build up the place and make further improvements, but they never boast of having done anything that any other girls could not have done.

They are not only able to show a well-kept farm, but they can drive the visitors over a stretch of good roads in front of the place. This is due, by the belief of Miss Judson in the virtues of the road drag. She has a heavy drag, and after a rain she uses it on what would be her part of the highway. This part of the road is one of the few places of road in the country which is kept in good condition the year around.

Mrs. J. B. Rice, of Bear River, Annapolis Co., can tell you how her life was saved one year ago when REED'S EARTHQUAKE CURE, which she had in her grip, and Erysipelas in both feet and legs.

Mrs. Rice is enthusiastic over EARTHQUAKE, for she has made some wonderful cures with it on others as well as on herself. She will be glad to assist any who may call on her for help.

N. H. REED, H. D., Shelburne, N.S.

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SNAPSHOTS OF THE MODE.

What the Modish Gowns and Collars Are This Season.

Plain white net, plain dotted net,illet lace and venetian lace are popular for the round or square yoke and high collar.

There is a continued favor of the kimono sleeve not only on corsages, but on quite a number of the new jackets.

Chiffon in yellow tones changing from the deepest gold to the faintest buttercup yellow are extremely pretty.

Flowers made from fur are another novelty in the millinery world. Roses, daisies and camellias are the blossoms that have been selected for the mod.

The centers in some instances are constructed from gold tissue, colored velvet or mousseline de sole.

A dinner gown worn by a smart New York matron is of black liberty silk with a deep band of Irish lace over emerald green around the feet. The corsage is draped with the same kind of lace over green, and the high waist

is draped with a band of metallic gauze with touches of green in it. The sleeves are of lace and fur.

Indian muscivores of soft tan leather with appropriate decoration may be obtained to fit the tiniest baby and toddler of two years and more.

The little dress that is made in one with the sleeves is one of the latest developments of childish fashions. This model is very novel, being closed over the shoulders by means of buttons and buttonholes. It is simple and easy to make, yet is smart in the extreme.

This May Manton pattern is cut in sizes for girls of four, six and eight years of age. Send 10 cents to this office, giving number, 637, and it will be promptly forwarded to you by mail.

Colors for Mourning. We are accustomed to think of mourning as necessarily black, though we know that the Chinese wear white instead. But there are other colors as well worn for the purpose of expressing grief for the dead.

The kings of France, for instance, used to wear purple and sometimes scarlet. Purple is also the morning color for cardinals.

In Egypt and Burma yellow is worn, probably to signify the "saw and yellow leaf" of hope. Widows' caps among the peasants of Brittany are also yellow.

In Turkey violet is the regular color of mourning, and deep blue is the Bohemian color. Brown seems an appropriate color when we think of earth and ashes.

Light brown is worn in Persia and grayish brown in Ethiopia and Abyssinia.

Really, looking them all over, doesn't black seem the saddest and most hopeless shade of all? It ought to mark the least civilized of peoples.

Here's a mighty smart little blouse. The front is slashed and overlapped and can be finished with or without a frill. The sleeves are trimmed in a novel manner. JUDIC CHOLLET.

This May Manton pattern is cut in sizes for boys of one, two and four years of age. Send 10 cents to this office, giving number, 637, and it will be promptly forwarded to you by mail.

Minard's Liniment Relieves Neuralgia

MODISH CONCETS.

Millinery Trimmings in Fruits and Flowers Fashioned From Silk.

Charmingly real looking little bunches of cherries for millinery purposes are made by covering leads the size of the usual cherry with bright red satin ribbon in several tones.

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REAL ESTATE

FOR SALE OR TO LET

Residence of Harry J. Crowe, situated on Granville St. opposite the Baptist Church.

House contains nine Rooms, Modern Bathroom, Electric Lights and Furnace, Good Stable in rear.

Apply to JAMES QUIRK, Bridgetown, Sep. 20th, 1911.

Residential Property For Sale

Orchard home for sale on South Queen St., Bridgetown. Four acres orchard, yields one hundred to one hundred and fifty barrels apples, besides pears, plums and small fruit.

House fitted with all modern improvements and heated with hot water. Will sell in whole or in part, or exchange for suitable town property. For terms apply to DR. A. A. DECHMAN, Bridgetown.

Small Place For Sale

Home, situated on Granville street, West, Bridgetown, nine rooms with piazzas and bay windows. Barn, Wagon House and other out buildings. Three quarters acre land. 75 Fruit Trees, apples, plums, pears. Short distance from two railway stations, churches and schools.

Will sell right or easy terms, or would trade for farm. W. AVARD MARSHALL, Bridgetown, Aug. 15th.

SMALL PLACE FOR SALE.

Of about five or six acres of land, situated near Carletons Corner, nearly new house with barn and other out buildings, 170 apple trees, just coming into bearing, also plums, pears and small fruit.

For further particulars apply to L. M. WHITMAN, Blacksmith, Bridgetown, or A. A. TAYLOR, East Ingleville, Annapolis Co., N.S.

FARM FOR SALE

The subscriber offers his valuable farm for sale situated in Clarence, four miles from Bridgetown. Has a fine orchard and a good hay farm. Plenty of wood and water.

ADONIRAM RUMSEY, 3 mcs. FARM FOR SALE. The subscriber's farm at Lawrence town containing seventy acres. There is on the place an Orchard, Hayland, Pasture, Wood and Poles. The whole or part of the place will be sold at a bargain.

L. B. HALL, Truro, April 4th, 11. FARM FOR SALE. Situated on one-half mile west of Paradise, containing one hundred acres of land. With two hundred trees in bearing, good pasture and hay land. For full particulars apply to J. C. YOUNG, Paradise, March 23th.

NOTICE.

The subscriber offers for sale her property on Water street, on reasonable terms. For particulars apply to O. T. Daniels or to MALVENIA NICHOLSON.

FARM FOR SALE

Small place with good orchard and building and marsh. S. MCCOLL Upper Granville, Jan'y., 5th, 3 m.

Wanted

FARM WANTED.—One of our clients wants to hear at once of a farm for sale in Annapolis Co. Write giving full descriptions with price and terms of sale. EVANGELINE REALTY CO., Room 643 Tremont Bldg., Boston, Mass. Mch. 20th 5 ms.

WANTED

A LARGE QUANTITY OF HIDES, PELTS, CALF SKINS & TALLOW CASH PAID AT THE HIGHEST MARKET PRICES MCKENZIE CROWE & Co., Ltd.

Special Winter Excursion

Nassau Havana and Mexican Ports

Elder Dempster Line Steamships SOKOTO and BORNU. These steamers have magnificent saloon accommodations, rooms electric lighted, and carry a doctor and stewardess.

EXPECTED SAILINGS S.S. Skuta, Jan. 3rd, Feb. 21st & April 15th S.S. Borna, Jan. 23rd & March 31st. HALIFAX to MEXICO and return \$95.00 including rail fare to Mexico City. To NASSAU and return \$70.00; steamers calling at Nassau on return only in March and April.

43 DAYS ROUND TRIP. For further particulars telephone or write to T. A. S. DeWOLF & SON Agents. HALIFAX, N. S.

Greatly Increased Patronage

Has compelled us to seek greater accommodation. Our new quarters, just across Hazen Avenue from our present premises, will give us nearly double our present space, and greatly increased facilities.

We are grateful for the patronage that has compelled this forward movement, and will endeavor to maintain our reputation.

S. KERR, Principal.

BANKS & WILLIAMS

Commission Merchants Fruits and Produce 78-8 Balfour Row, fronting on Market Square HALIFAX, N. S. SOLICIT CONSIGNMENTS of all kinds of FARM PRODUCE. EXCELLENT STORAGE FACILITIES. LONG EXPERIENCE AT THE BUSINESS. PROMPT RETURNS. MARKET QUOTATIONS FURNISHED ON APPLICATION.

MONDAY APRIL THIRD

OUR SPRING TERM OPENS. No better time to enter. New classes will be organized in all departments. Calls for Seniors are coming in at the rate of one per day from business concerns. Send for our Course of Study. Maritime Business College Halifax, N. S. E. Kaulbach, C. A. PRINCIPAL.

Woven Wire Fencing

We have secured the agency for the New Brunswick Wire Fencing and are prepared to quote very fine prices for cash.

Freeman's Hardware Store

WALTER TOSH BELLEISLE POST OFFICE Upholstering and Cabinet Work Repairs of every Description.

FINE STATIONERY

Would you like some fine stationery with your address printed on it? We have a fine line of note paper for social use in packages of one hundred sheets or by the pound on which we will neatly print your home address or your initials. Or you can buy it unprinted. It preferred, much cheaper than by the ream. Call and see and get our tempting prices.

MONITOR OFFICE, Bridgetown.