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SIDE TALKS.

By Ruth Cameron

the things that are super- financial independence. ause others do, and these are all the tucks when your income inbe the most costly and the most creases. You've got all the time in Do you know of a times harder to take them in if you

easier than finding ways in which to spread larged?

income is And do know of anyhing in the world harder than to find

ays in which to retrench when your come is restricted? It is so easy for a thing which was nce a debated luxury, as soon as you give it houseroom, to establish itself as a thing you cannot get along with-

When Five Is Better Than Ten. If I had my choice of gradually in-

asing to an income of \$5,000 a year nd having that all my life, or living few years on \$20,000 a year and being cut down to \$10,000 a year, hink I should choose the first, beause I believe that I should get a great deal more contentment and omfort out of the five thousand than

People often laugh at the idea of ere being any hardship in cutting down from a large income to a moderate one. "If we had \$5,000 a year," says the \$3,000 a year man scornfully, "we shouldn't be talking poverty. It's all nonsense to think there's any rdship in cutting down from ten to ave thousand." Yet the \$3,000 man would find it hard to cut down to \$2,000. "That's different," he says. Three thousand supports me with my family, nobody can say that's giving much chance for luxury nowadays with things costing the way they are." But the man who lives in considerable comfort at \$2,000 can say just that.

Easiest Thing in The World. There is nothing in the world easier an to find ways to spend money and astification of those ways. The greatst safety and surety of financial happiness lies not in going ahead too fast, n not thinking that you ought to have all the things that all your neighbors

You cannot conceive of the movie ctress with the huge salary spending all and going into debt. Easiest hing in the world. She thinks that he ought to have all the luxuries that Il the other actresses have, the ses, the clothes, the jewels, the otors, the travel. So she lives right p to her income and a crimp in it ves her just as embarrassed financially as the man who has been get-ting \$50 a week and finds himself cut

So Don't Be Hasty. It's not what you eat but what you Esst that makes you strong, not what

thing in the world find you've gone too fast than to let banned by some official skate, we for the remoulding of trade unionism them out if you find you aren't going threw his volumes out of hand, we in policy and administration. gave poor George the gate. Thus while he lived his toilsome days were cheered by no applause, he herded oft with frowsy jays where grin starvation was, and as he went his dreary ways he met no Santa Claus. He had to fold his hands and die, and rest be- green peppers, and served on lettuce neath a stone (as many unknown with mayonnaise dressing. artists lie) before he gained his own, before men learned to say, "That guy was in a class alone." Now anything that Gissing wrote more precious is than gold, and you have seen the book fans gloat o'er tomes he used to hold; and George, who early lost his goat. ies pulseless in the mold. The news is flashed from pole to pole, all round the earth it's shipped, that some one, in a cubbyhole, has found a manuscript that George had written when his soul by travail dire was gripped. It truly is a great event, it jars this mundane sphere, it sends a thrill through every gent to whom good books are dear; but Gissing, in his small green tent, sleeps on and does

> inker's hoot. Just before beef has finished roasting, dip into flour halves of canned pears, well-drained, and baste and brown in the same pan. Serve with

not hear. When George was toiling

for his bread, a sad and tired galoot,

we hung no wreath upon his head, no

trumpets did we toot; we praise him

now when he's too dead to care a

Death of Mr.

Fred Bramley r. U. C. GENERAL COUNCIL SEC-

We regret to announce the death of Mr. Fred Bramley, secretary of the General Council of the Trades Union ngress, who died in his sleep on 9th at an hotel in Amsterdam, where he was attending a joint meeting of the International Federation of Trade Unions and the Socialist International. Death was due to heart failure. The body is expected to reach Liverpool-street Station tomorrow morning. To the many intimate friends of Mr. Bramley, who was 51 years of age, it had been apparent for some time that, with his andicap of a weak heart, he could not continue the struggle he was persisting in loyally against overwork. He had in view three main objects-to prevent the multiplication of trade unions, to eliminate by a merging process redundant societies, and to have every trade and craftsman served by an appropriate union. His influence towards this end was just beginning to be felt when his health became precarious six months

Anti-Red Policy.

His other intentions-inspired what he learned in Russia when he accompanied the delegation of the General Council of the Trades Union Congress there-were to bring British trade unionists to a clear understanding of the folly of ever assisting a social revolution on the Moscow principle and to foster Anglo-Russian trade union relations.

The two motives were not regardternational industrial alliance of the kind, the influence of this country would predominate, and that it was the surest method of uprooting the

Mr. Bramley's record was a typical lemonstration of moderation of view brought about by responsibility of control. Thirty years ago he had begun to outpace in zeal the contemtreme ardour threatened to prejudice spair, we sat in the prospects which his ability, gain comfy inglenooks, ed by self-tuition, justified.

and read his For some years before he was alstories there, and most automatically appointed secresometimes said, tary of the General Council of the "Well, now, gad- Trades Union Congress in 1923 Mr. sooks, this chap Bramley was assistant to Mr. C. W. does pretty fair!" Bowerman, who then held the office W e sometimes and who on his retirement made it thought he ought known that a vast amount of work had less of all."—Gamaliel Bradford, the world to do that and it's fifty to stand with writers famed and great, been done by his colleague behind the

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cream cheese, garnished with sliced

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Polish Anglophelia

Lwow Courier: To-day Germany demanding a gift of Polish provins, to-morrow she will be wanting Britain to return her colonies. How then can one avoid being astounded gression? There is not a shadow of doubt that British policy, so consistently opposed to that of France, is only masked protection for Germany. It is enough to spot the grinning Stoned dates might be stuffed with countenances of German politicians and the enthusiasm of Berlin journalists while they sing their hymns



tion, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep.

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Apple griddle cakes are tempting. Little sugar and salt, two egg yolks, | Fill the centers of pared, cored ap-Use one cupful of chopped apples to and beat until light. Then add one ples with mincement, bake, and serve two cupfuls of broken breads soaked cupful of flour, two teaspoonfuls of with cream.

over night in two cupfuls of hot milk. baking powder, fold in the egg whites, Rub the bread and milk to a paste, and add the apples. Bake on a greas- a wire basket which you can stand on add one teaspoonful of shortening, a ed griddle.

Your dishes can be drained dry in the ledge of the sink.

