Gleaned by the Way.

It's an awful ordeal for a woman who realizes that she has a hole in her stocking to come across a bargain in shoes.

Visitor—Well, Bobby, do you like your new Sunday School?

Bobby—I can tell better when I find out what they give you for being good.

A Lumberman's Backache.

'The pains in my back were dreadful and the kidneys failed to do their work,' writes Mr. L. J. McKinnon, Orillia, Ont. 'Dr. Chase's Kidney and Liver Pills proved to be exactly what I needed, brought relief promptly and cured me. Sorry I wasted time experimenting with other medicines.'

'An abstract noun is the name of something of which we can think, but which we cannot touch,' said a teacher to a pupil. 'Give me an example.' 'A red hot poker, sir!'

Olga was very much excited over Nora's account of her elopement.

'How romantic! But weren't you afraid of the ladder slipping?'

Nora—Oh, no! Mother was holding it.

Children Cry
FOR FLETCHER'S
CASTORIA

Lady—Why do you give me this bit of paper?

Tramp—Madam, I do not like to criticise your soup, but it is not like mother used to make. Allow me to give you her receipt.

Sub-Editor—There's a story about a married couple who lived together 40 years and never had a quarrel. Where shall I put it?

Editor—Run it in the department of 'Odd Happenings.'

Children Cry
FOR FLETCHER'S
CASTORIA

'I want to ask you for a bit of advice,' said the insinuating man. 'What is it?' 'I want you to put yourself in my place and me in yours, and tell me how you would go about it if you wanted to borrow ten dollars from me.'

Eczema for 20 Years.

What is so annoying and distressing as itching Eczema, Mr. Fred W. Clark, Petworth, Addington Co., Ont., writes that his mother suffered from Eczema on both legs for 20 years unable to get relief or cure from doctors or medicines. She found that Dr. Chase's Ointment brought great relief and it soon made the cure complete. He states that no one could have the disease worse or suffer more.

'Johnny,' said the minister, reprovingly, as he met an urchin carrying a string of fish one first-day afternoon, 'did you catch those to-day?'

'Ye es, sir,' answered Johnny, 'That's what they get for chasin' worms on Sunday.'

'What's wrong, old man? You seem all one-sided. Oh, I see now; your overcoat pocket is loaded too heavily. What have you in it, anyway?'

'Nothing but a few bills that came in this morning—Kathryn's piano, Minnie's typewriter, Edwin's new outfit and my wife's sealskin.'

PILES Dr. Chase's Ointment is a certain and guaranteed cure for each and every form of Itching, Bleeding and Protruding Piles. See testimonials in the press and ask your neighbors about it. You can use it and get your money back if not satisfied. 60c. at all dealers or Edmanson, Bates & Co., Toronto.
DR. CHASE'S OINTMENT.

The Preacher—And does your husband vote as he prays?

The Wife—Oh, yes; about once a year!

She—This is Maud's third husband and they all bore the name of William.

He—You don't say so! Why, the woman is a regular Bill collector.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher.

'I'll bet you anything you like,' said Jones to Brown, 'that you can't spell three simple words I'll give you within twenty seconds.'

'I'll take it on. What are they?' said Brown.

'Well, here goes,' Jones said, as he pulled out his watch. 'Believe.' 'B-e-l-i-e-v-e.' 'Recieve.' 'R-e-c-e-i-v-e.' 'Wrong!' said Jones. 'What exclaimed Brown, 'I've spelt the two words you gave me correctly. I'm certain I'm not'—'Time's up!' Jones said triumphantly. 'Why didn't you spell the third word—w-r-o-n-g?'

MINARD'S LINIMENT CO., LIMITED.

GENTLEMEN,—My daughter, 15 years old, was thrown from a sleigh and injured her shoulder so badly it remained stiff and very painful for three years. Four bottles of MINARD'S LINIMENT completely cured her and she has not been troubled for two years.

Yours truly,
J. E. LEVESQUE.
St. Joseph, P. Q., 18th Aug., 1909.

'Wake up, call,' says the burglar, shaking the man by the shoulder.

The man wakes up—and jumps up too.

'Wha-what do you wa-want?' he asks.

'I want troo dis house las' week an' got $10 an' a bum gold watch,' explained the burglar, 'an' de papers say that you said your loss was $150 an' only to de amount o' $200 or $300.'

'Ye-yes!'

'Well, make good, sport. Me pardner dat was watchin' on de outside made cough up de difference between what I got an' what you said I got. Now you've got to make good. You can't beat me dat way.'

The Commandments of Everyday Life.

I. Neither lend nor borrow—it makes people cross the street when they see you coming. Your debtor will cross the street to avoid you. Your creditor will come over to meet you.

II. It is the saddest day in a man's life when he feels prompted to gain a dollar without working for it.

III. Be the master of your own house. If you relinquish your authority your happiness will be at an end.

IV. When in anger fill your mouth with water, but do nor swallow any of it. You will thus be enabled to refrain from saying many foolish things.

V. Never write a line on paper that you would be ashamed to have published in a newspaper.

VI. Refrain from practical joking. Life is too real and too earnest and too brief to be wasted in so wanton a fashion.

VII. Look down. You will then be satisfied with your conditiou in life. If you look up, you will perhaps become envious and discontented. [illegible]

VIII. Avoid business relations with so called unlucky people. Ill-luck is but too often the fault of the individual—or another name for laziness or incapacity.

IX. Balance your cash account daily. The careful engineer consults the gauge constantly.

X. Do a heap of thinking, but be miserly in your speech.

Grows Hair Abundantly.

This is an age of new discoveries. To grow hair after it has fallen out today is a reality.

SALVIA, the great Hair Tonic and Dressing, will positively create a new growth of hair.

If you want to have a beautiful growth of hair, free from Dandruff, use SALVIA once a day and watch the results.

SALVIA is guaranteed to stop falling hair and restore the hair to its natural color. The greatest Hair Vigor known. At A. V. Rand's.

Not In Evidence.

It is quite as difficult as ever to outwit Pat. This was proved the other day at a trial, when an Irish witness was being examined as to his knowledge of a shooting affair.

'Did you see the shot fired?' the magistrate asked, when Pat had been sworn.

'No, sorr, I only heard it,' was the evasive reply.

'That evidence is not satisfactory,' replied the magistrate. 'Stand down.'

The witness proceeded to leave the box and directly his back was turned he laughed derisively. The magistrate, indignant at the contempt of court, called him back and asked him how he dared to laugh in court.

'Did you see me laugh, your honor?' queried the offender.

'No, but I heard you,' was the irate reply.

'That evidence is not satisfactory,' said Pat quietly, but with a twinkle in his eye.

And this time everybody laughed—even the magistrate.

Reason Enthroned.

Because meats are so tasty they are consumed in great excess. This leads to stomach troubles, biliousness and constipation. Revise your diet, let reason and not a pampered appetite control, then take a few doses of Chamberlain's Stomach and Liver Tablets and you will soon be well again. Try it. For sale at Rand's Drug Store. Samples free.

New Use for Electricity.

A new use for electricity has been discovered by an Ottawa man. Dr. Mark McElhiney, a dentist and investor, has constructed a machine known as 'Telelectron,' which puts patients to sleep by placing them under the influence of a softened effect of Aertzian wave. The inventor confidently expects that his device will displace chloroform and all other anaesthetics for hospital operations, and will also in time find a place in the bedchamber of victims of insomnia.

A few minutes delay in treating some cases of croup, even the length of time it takes to go for a doctor, often proves dangerous. The safest way is to keep Chamberlain's Cough Remedy in the house, and at the first indication of croup give the child a dose. Pleasant to take and always cures. For sale by Rand's Drug Store.

The ancient royal coach used in coronation ceremonies, was destroyed by fire Feb. 10th in London, together with the Queen's barouche. The historic old carriages were being burnished up for the coronation of King George in June. The glass coach was 200 years old.

An attack of the grip is often followed by a persistent cough, which to many proves a great annoyance. Chamberlain's Cough Remedy has been extensively used and with good success for the relief and cure of this cough. Many cases have been cured after all other remedies had failed. Sold by Rand's Drug Store.

The population of Germany, by latest census, is 64,896,881, an increase of 4,000,000 in six years.

Do you know that croup can be prevented? Give Chamberlain's Cough Remedy as soon as the child becomes hoarse or even after the croupy cough appears and it will prevent the attack. It is also a certain cure for croup and has never been known to fail. Sold by Rand's Drug Store.

• Red Rose Tea stands alone in its sterling quality. Its reputation has been earned by sixteen years of uniform goodness. No other tea even pretends to be better. Some may claim to be "as good" but why take a substitute when the price is the same as Red Rose? 67

RED ROSE TEA "is good tea"

Prices: 30c., 35c., 40c., 50c. and 60c.

Famous British Admiral.

Tells What Zam-Buk Did For Him.

Many famous persons have testified to the great value of Zam-Buk, and amongst the most recent is Admiral Rodney M. Lloyd. Writing from the Royal Naval Club, Portsmouth, England, Admiral Lloyd says:

'I have found Zam-Buk most reliable for healing cuts and abrasions; while for the relief of skin irritation it is invaluable.'

Another famous user of Zam-Buk is Mr. Frank Scudamore, the War Correspondent, who supplied Canadian papers with their dispatches during the Boer War. Mr. Scudamore says: 'Some poisoned dye on my underclothing came in contact with a small ulcer on my leg and blood poisoning set in. Inflammation, pain and swelling followed. My medical man's treatment did not seem to do any good, as ulcer after ulcer broke out, until my left leg from knee to foot was one mass of sores. I had seventeen deep ulcers at one time. I could not put my foot to the ground and was really in a pitiful state. A friend advised Zam-Buk, and I applied this herbal balm. It was really wonderful how it soothed the pain and aching and gave me ease.

'I continued with it, leaving off all other treatment, and at the end of a week's treatment my leg was not like the same. A few boxes of Zam-Buk healed all the sores, and bit by bit new, healthy skin covered the places which had been so deeply pitted and scarred by ulceration and blood poison. The limb is now perfectly healthy, and with no marks of the old ulcers. For this splendid result I have only Zam-Buk to thank.'

Zam-Buk is a cure for piles, eczema, cold cracks and chaps, ulcers, ringworm, poison, cuts, abscesses, burns, children's rashes, abrasions, and for all skin injuries and diseases. All druggists and stores sell at 50c. box, or post free from Zam-Buk Co., Toronto, for price. Refuse imitations and substitutes.

A new sort of a mouse trap was invented the other night by a copy boy in a newspaper office. Tying a string about the neck of a milk bottle he stood the bottle on its side in the room where the mice were. Then he put a piece of cheese in the bottle and went into an adjoining room. After half an hour's wait a mouse entered the bottle. The boy pulled the string, which was run over the top of a chair. The bottle ascended and the mouse was caught. In the meantime a lot of copy waited to be sent to the composing room.

MADE WELL AND STRONG

By Lydia E. Pinkham's Vegetable Compound

Toronto,—I gladly give you my testimonial in favor of your wonderful medicines. Last October I wrote to you for advice as I was completely run down, had bearing down sensation in the lower part of bowels, backache, and pain in the side. I also suffered terribly from gas.

After receiving your directions I followed them closely and am now entirely free from pain in back and bowels, and am stronger in every way.

I also took Lydia E. Pinkham's Vegetable Compound before my baby was born, and I recommend it highly to all pregnant women.—MRS. E. WANDBY, 92 Logan Ave., Toronto, Ont.

Another Woman Cured

Maple Creek, Sask.,—I have used Lydia E. Pinkham's Vegetable Compound and Blood Purifier, and I am new in perfect health. I was troubled with pains every month. I know other women who suffer as I did and I will gladly recommend your medicine to them. You may publish this if you think it will help others.—MRS. F. E. COOK, Maple Creek, Sask.

If you belong to that countless army of women who suffer from some form of female ills, don't hesitate to try Lydia E. Pinkham Vegetable Compound, made from roots and herbs.

FOR SALE!

The last available Building Lot on Acadia Street, just west of the Acadia Villa Hotel. If you want this lot apply at once to

T. R. Wallace,
WOLFVILLE.

DOMINION ATLANTIC RAILWAY.

and Steamship Lines to St. John via Digby and Boston via Yarmouth.

"LAND OF EVANGELINE" ROUTE.

On and after Jan. 1, 1911, Steamship and Train Service of this railway will be as follows:

TRAINS WILL ARRIVE WOLFVILLE
(Sunday excepted)
Express from Kentville..... 6 35, a m
Express " Halifax.....10 07, a m
Express from Yarmouth..... 4 03, p m
Express from Halifax..... 6 26, p m
Accom. from Richmond..... 1 00, p m
Accom. from Annapolis Royal, 12 45, a m

TRAINS WILL LEAVE WOLFVILLE.
(Sunday excepted.)
Express for Halifax..... 6 35, a m
Express for Yarmouth.....10 07, a m
Express for Halifax..... 4 03, p m
Express for Kentville..... 6 26, p m
Accom. for Annapolis Royal.. 1 00, p m
Accom. for Halifax.....12 45, p m

Midland Division.

Trains of the Midland Division leave Windsor daily (except Sunday) for Truro 7.30 a. m., 5.35 p. m. and 6.45 a. m., on Monday, Tuesday, Thursday and Saturday and from Truro for Windsor at 6.50 a. m., 3.20 p. m., and 12.02 noon, Monday, Wednesday, Friday and Saturday, connecting at Truro with trains of the Intercolonial Railway and at Windsor with express trains to and from Halifax and Yarmouth.

Commencing Monday, Dec. 12th, the Royal and U. S. Mail Steamship BOSTON

WILL LEAVE YARMOUTH
Wednesday and Saturday on arrival of Express trains from Halifax, arriving in Boston next morning. Returning, leave Long Wharf Tuesday and Friday at 1 00 p. m.

Royal Mail Steamship Yarmouth
St. John and Digby.

Daily Service (Sunday excepted) leaves St. John at 7.45 a. m., arrives in Digby 10 45 a. m.; leaves Digby same days on arrival of express train from Halifax.

Buffet Parlor Cars run each way daily (except Sunday) on Express trains between Halifax and Yarmouth.

Trains and Steamers operated by Atlantic Standard Time.

P. GIFKINS, General Manager.
Kentville, N. S.

MINARD'S FAMILY PILLS
SUGAR COATED
FOR THE CURE OF BILIOUSNESS, SICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.
MADE BY MINARD'S LINIMENT CO.

Expert Piano Tuning Guaranteed.
Voicing Regulating and Repairing Organs Tuned and Repaired.
M. C. Collins.
P. O. Box 321, Wolfville, N. S.

H. LEOPOLD,
(Successor to Leopold & Schofield.)
Livery and Boarding Stable.
Stylish Single and Double Turnouts Furnished.
Teams meet all trains and boats.
All kinds of [illegible] and [illegible] dressing attended to promptly.
Elm Avenue, (Next Royal Hotel.)
WOLFVILLE.

Wolfville Real Estate Agency.
Persons wishing to buy or sell apply to
J. W. SELLEDGE,
Wolfville, April 27. Manager.

Offices To Let.
Offices with all modern improvements including Steam Heat, Electric Light will be fitted up to suit prospective tenants in the building lately acquired by me on Main St. These should make desirable offices for Professional Men, Insurance Agents or Commission Brokers being situated in a central location and in the same building with the Town Offices. Possession on or before May 1st.
W. M. BLACK.

LIBERAL CASH COMMISSION AND EXTRA CASH PRIZES are offered for valuable work for southern nurseries. Until further notice address at once Dept. 'Q' Stone & Wellington, 136 Fifth Ave., New York.

900 DROPS
CASTORIA
A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of
INFANTS CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.
Recipe of Old Dr SAMUEL PITCHER
A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
Fac Simile Signature of Chas. H. Fletcher.
NEW YORK.
At 6 months old
35 DOSES—35 CENTS
EXACT COPY OF WRAPPER.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher.
In Use for over Thirty Years
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

An Iron Bed, Spring and Mattress

$7.95 FOR $7.95

For a short time only we are going to sell

Our No. 15 White Enamel Iron Bed
(HAVING FOUR BRASS CAPS)
Our Sampson Spring, No. 30
Strongly made of woven wire with HARDWOOD RAILS. Not a cheap spring.
And our No. 4 Wool Top Mattress
THESE THREE PIECES FOR ONLY $7.95.
We Pack Free of Charge and Pay Freight. Write us for Photos.

J. H. HICKS & SONS
BRIDGETOWN, N. S.

To the Public:
The undersigned begs to notify the public that he is now prepared to undertake painting paper-hanging, etc., of all kinds. Having had adequate experience he guarantees first-class work and entire satisfaction in every case. Orders may be left with Wolfville Decorating Co.
F. W. GODFREY.
Wolfville, Mar. 9, 1910. 'Phone 86.

McCalum's Lt'd.
McCallum's Ltd. beg to notify the public of Kings Co. that there will be a heavy rush of farm buyers from Great Britain through next March and April and all parties desiring to sell then should register their properties now with the Wolfville office.
F. J. Porter, Manager

Property Sale!
Property on Main street occupied by the subscriber. Large house containing twelve rooms, barn, sixteen fruit trees, with good building lot on Gaspereau avenue. Also old Wolfville Hotel property. Good location. An excellent opportunity for investment. Apply to
MRS. EASTWOOD
or J. W. WALLACE
Wolfville, Dec. 1, 1909

"PNEUMATICA"
The magic poultice. Stops pain in one night. For sprains, bruises, rheumatism, asthma, stomach trouble, cholera infantum, diphtheria, bronchitis, pneumonia, quinsy, lumbago and pains and aches of all descriptions.
PARRA-PHENIQUE
A perfect ointment prepared especially for physicians' use for chapped hands, salt rheum, eczema and all skin diseases. Use it for boils, bed sores, tech, ulcers, burns and scalds, insect bites, sore lips, etc. Introduced by Miss Erminie Burgess, of Woodville. These goods at 50c. each, are for sale at the WOLFVILLE DRUG STORE.
They may be had of A. L. Hardy, Kentville and Albert Harris, Canning.
Try them and you will never be without them.

Fred H. Christie
PAINTER
....AND....
PAPER HANGER.
Best Attention Given to Work Entrusted to Us.
Orders left at the store of L. W. Sleep will be promptly attended to.
PATRONAGE SOLICITED.

FREEMAN'S NURSERY
WOLFVILLE.
Cut flowers and Potted Plants.
Wedding Bouquets and Funeral designs made up at short notice.
W. A. Freeman,
Telephone No. 14. Proprietor.

E. L. PORTER.
Carpenter and Builder
Jobing and Shop Work done as promptly as possible.
Agent for The Acme Steel Ladder Co., Sussex, N. B., and the Handy Lifting Jack and Wire Fence Stretcher.
Shop in the house formerly owned by Edward Chase, next C. H. Porter's Dry Goods Store.
Telephone 93-13. 5

Modern Dwelling For Sale.
9 roomed dwelling, corner Acadia street and Gaspereau avenue in the town of Wolfville. Dwelling is 30 x 24 with an ell, is 2½ stories high and contains 9 rooms, was built in 1895. House contains bath room and closet and is connected with the sewerage system. Lot is 60 x 95. Two open grates for coal in house. Price $1900.
For further particulars apply to Mary B. Chipman or F. J. Porter, local manager for McCallums Ltd.

WANTED
A Representative for Wolfville, N. S. This is the time to sell nursery stock. We pay liberally and offer steady employment. Our list of Specialties embraces a rare and choice list of ready sellers in both Fruit and Ornamental stock, Seed Potatoes, &c.
Write for terms and catalogue.
STONE & WELLINGTON
The Fonthill Nurseries (Established 1837)
TORONTO ONTARIO

Electric Restorer for Men
Phosphonol restores every nerve in the body to proper tension; restores vim and vitality. Premature decay and all sexual weakness averted at once. Phosphonol will make you a new man. Price $3 a box, or two for $5. Mailed to any address. The Rexall Drug Co., St. Catharines, Ont.
Or at Rand's Drug Store.

If You Ride Horseback,
or drive in a carriage, see before you make a start that the Trappings or
HARNESS
are in good order.
Repairs executed promptly. All work will prove highly satisfactory.
We carry a full line of Harness Dressing, Axle Grease, Whips, etc.
Also Buckles, Straps, Rivets, Punches. You'll not find our prices too high.
Wm. Regan,
HARNESS MAKER.

H. PINEO,
EXPERT OPTICIAN,
WOLFVILLE.
Write if you wish an appointment either at your home or his.

Mineral's Liniment Cures Dandruff.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. J. W. Brown.
1st Vice President—Mrs. (Rev.) Prestwood.
2nd Vice President—Mrs. Chambers
3rd Vice President—Mrs R. V. Jones.
Cor. Secretary—Mrs Charlotte Murray.
Recording Secy—Mrs. W. Mitchell.
Treasurer Mrs. J. W. Vaughn.
Auditor—Mrs. Wm. Robinson.

SUPERINTENDENTS.

Evangelistic Mrs. G. Fitch
Parlor Meetings—Mrs L. Sleep
Narcotics—Mrs. G. Bishop.
Press Work—Miss Margaret Bars.
Temperance in Sabbath-schools—Mrs. (Dr.) McKenna.
Mothers' Meetings—Mrs. Prestwood.
Lumbermen—Mrs. J. Kempton
Flowers, Fruit and Delicacies—Mrs L. Eaton.
Juvenile Work—Mrs. B. O. Davison.
Scientific Temperence, Instruction in Schools—Mrs. M. Freeman.
Aldershot Work—Mrs. L. Sleep.
To assist in Band of Hope—Mrs. H. Pineo.

Naval Commander Wishes Drink.

Vice-Admiral Sir George Neville, commanding the third and fourth divisions of the British Home fleet, has issued an order stating that the custom which exists of issuing beer to ship's companies on completion of coaling is not in accordance with the spirit of the King's regulations, and is to be discontinued in ships under his command.

Who Gets the Good Things?

A little boy in Covington, Kentucky, who was the child of a man who had recently stopped drinking and signed the pledge, said one morning: Father, are you always going to wear that blue ribbon?

I hope so, my dear, was the reply.

So do I, said the little one.

Why do you hope so? asked the father.

Because I never had so many strawberries in my life as I have had since you signed the pledge and put on that blue ribbon.

Twelve Reasons.

WHY THE SALOON SHOULD BE ALLOWED TO LIVE.

Because of its moral uplift in the community.

2. Because of its purifying effect on politics.

3. Because it is such a law-abiding institution.

4. Because its patrons get so much value for their money.

5. Because drinking helps one to get a job and to keep it.

6. Because it makes business for the courts and the county agent.

7. Because drunkards—the saloon's finished product—make such good husbands and loving fathers.

8. Because saloons always make a city safer and better places for boys and girls to grow up in.

9. Because all right minded mothers and fathers pray that their boys may become saloonkeepers.

10. Because it raises public revenue by a tax upon what the poor people drink, so that the rich may dodge taxation on what they possess.

11. Because to close the saloon would cause such an increased sale of home comforts that your children would be run down in the street by delivery wagons.

12. Because without saloons vice, crime, pauperism, graft and corruption would be eliminated, and unspeakable injury would result to the public in consequence.

Sir F. Treves on Alcohol.

The person above all others whom I dread to see enter the operating theatre is the drinker, observed Sir Frederick Treves to an enormous gathering of supporters of the Women's Union of the Church of England Temperance Society at Church House. The distinguished surgeon confined a ten minutes to the physical effects of the use of alcohol, and with telling proof exploded a good many mistaken notions. Alcohol he described as distinctly a poison, the limitation of the use of which should be as strict as in the case of any other poison. Looking back over his practice of 30 years, he was able to say that there was no doubt that its use by the medical profession was emphatically diminishing. Alcohol was often claimed to be an appetiser. In the first place, no appetite needed to be artificially stimulated; and in the next, alcohol dilated the vessels of the stomach and (taken even in small quantities) hindered digestion. Declaring that no man on going into training ever dreamt of taking drink, he went on to say that it was curious that troops could not march on alcohol. In the enormous column of 30,000 men which moved to the relief of Ladysmith the first to drop out were not the tall, the thin, or the fat men, but those who drank, and they came out as clearly as if they had been labelled with a big letter on their backs. He must say that he had also been much impressed by the very many professional men—hard workers—who had discontinued the use of stimulants in the middle of the day. A man could not possibly be fit if he took alcohol.

Kindergarten Saloons.

It is stated on what appears to be good authority that so kindergarten saloons have been discovered in Chicago. They were furnished with little chairs and tables and hobby horses and toy-boats various [illegible] and children invited in were given sweetened wine to create a taste for alcoholic drinks. To some such a state of things may seem beyond belief, but those who have carefully watched the liquor traffic will know that it is quite in keeping with the character of the traffic and it is not different from what might be expected of men who set themselves to profit financially by the creation of human woes. With malice afore thought, they set themselves in cold blood to debauch alike youth and age, knowing full well that indescribable miseries to the innocent families of their victims attend upon their fiendish traffic. That the liquor privileges is a disgrace to civilization and that men of such brutal instincts as rumsellers are given any social recognition is a shame to the citizenship of the communities in which they ply their horrible traffic.

For that Terrible Itching.

Eczema, tetter and salt rheum keep their victims in perpetual torment. The application of Chamberlain's Salve will instantly allay this itching, and many cases have been cured by its use. For sale by Rand's Drug Store.

The city of Edinburg, Scotland, some years ago erected a statue to the loyalest of dogs, who for eight years slept every night on his master's grave in Greyfrairs cemetry. The dog would visit the curator's house every day and stay an hour or two, but hardly more, and at night he never deserted the grave whatever the weather. When his wonderful devotion was finally discovered by the city authorities, it came through an inquiry as to who should pay the dog's license. That statue is on the street corner outside the cemetry.

If troubled with indigestion, constipation, no appetite, or feel bilious, give Chamberlain's Stomach and Liver Tablets a trial and you will be pleased with the result. These tablets invigorate the stomach and liver and strengthen the digestion. Sold by Rand's Drug Store.

Tell a man that he is a little bit wiser than his fellows, and he will bite your hook every time. Tell a woman that she is a little more fascinating than any other woman, and her scruples evaporate like dew under hot sun

While it is often impossible to prevent an accident, it is never impossible to be prepared—it is not beyond any one's purse. Invest 25 cents in a bottle of Chamberlain's Liniment and you are prepared for sprains, bruises and like injuries. Sold by Rand's Drug Store.

THE CURSE OF THE NATION IS CONSTIPATION

"Fruit-a-tives" Alone Cures This Disease

A famous scientist states that Constipation, or non-action of the bowels, causes more deaths than all other diseases combined. Constipation inflames the Kidneys, ruins digestion, is the foundation of Rheumatism, poisons the blood, causes Headaches, Neuralgia, Nervousness and Insomnia.

Constipation is caused by a weak or sluggish liver. Bile, the only purgative of the body, is secreted by the liver, which in turn should pour out into the intestines sufficient bile to move the bowels. Unless the liver is active, there cannot be enough bile to move the bowels regularly, and Constipation is the result.

"Fruit-a-tives", the famous fruit medicine, will always cure Constipation because it acts directly on the liver—relieves the congestion—increases the quantity of bile—and strengthens the bowel muscles.

50c. a box, 6 for $2.50, or trial size, 25c. At all dealers, or from Fruit-a-tives Limited, Ottawa.

A New Dress
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