VARIETIES.

"If I were to pray form taste, suchich should stand me in month ander every variety of draumstances, and be a source of happiness and chestruless to me through life, and a shield against its ills, however things might go amiss and the world frown against me it would be a taste for cooling. This I like the against me, it would be a taste for reading .- [Sir J. Herschell. GOETHE'S OPINION OF ENGLISH POETRY .- The ex-

perience produced by great events is sufficient to accustom men to serious reflections ; and what is the tendency of these reflections, but to convince us of the instability and worthlessness of worldly things? The German being naturally serious, found English peetry perfectly adapted to his taste. It impressed from an elevated sphere. Sublimity, knewledge of the world, intensity and tenderness of feeling, pure morality, passionate expression,-all that can charm polished and cultivated minds, are the ever recurring beauties of English poetry. Yet all these qualities combined are not sufficient to complete the character of the poetic muse. That which characterizes genuine poetry, and renders it in some measure a gospel to the world, is the internal satisfaction with which it inspires us; a faculty which raises us above ourselves, and frees us from the heavy yoke of our earthly feelings. True poetry wafts us into the regions above, whence we look calmly down upon the confused scene of human errors. By this means according to the mode by which objects are contemplated, we may be inspired either with gaiety or inclancholy; the latter is the feeling produced by English poetry, which is for the most part moral and didactic. A sombre expression of distaste of life generally pervades it. - Memoirs of Goethe.

THE INDOLEST MAN.—The idle man is the barreass piece of earth on the orb. There is no creature that hath life but is busied in some action for the benefit of the restless world. Even the most venomous and most ravenous things that are, have their commodities as well as their annoyances; and they are ever engaged in some action, which both prefiteth the world, and continues them in their nature's courses. Even the vegetables, wherein calm nature dwells, have their turns and times in fructifying; they leaf, they flower, they seed. The idle man is like the dumb jack in a virginal: while all the others dance out a dinning music, this, like a member out of joint, sullens the whole body with an ill disturbing laziness. Believe it, industry is never wholly unfruitful. If it bring not joy with the incoming profit, it will yet banish mischief from the busied gates. There is a kind of good angel waiting upon diligence, that ever carries a laurel in his hand to crown her. Fortune, they said of old, should not be ing bed-time to music or conversation. prayed unto but with hand in motion. The bosomed fist beckons the approach of poverty, and leaves the noble head unguarded; but the lifted arm does frighten want, and is ever a shield to that noble director.

than to love one another for points on which we agree. The reason, perhaps, is this: when we find others that agree with us, we seldom trouble ourselves to confirm that agreement; but when we chance on those that differ with us, we are zealous hatred. This reflection is strengthened by two circumstances in man: first, that the most zealous converts are always the most rancorous, when they fail meal to the combat, nor rewarded their prowess with a victory. Priestly owed much of the virulence with which he was attacked, to the circumstance of his of the Wesleyss, Haliax, N. S.

agreeing partly with everybody but entirely with body. In petities, as in philesophy in its in religion; below the surface an in by a solution of the present the by the host of assailants that pursued it; an the flying fish, he had no sooner escaped one in the weter than he had to encounter another air .- Sunbeam.

FLOWERS.—Said we not that flowers had a min of their own, an after existence even in this world seek to benish them the that upper sphere where all bright things have and where shall that earthly heaven be found and where shall that earthly heaven be found less in the page of him whose verse alone is cient to confer immortality? Innocent and things they are, companions of our first parents Paradise—they alone shared not the consequents of primeral guilt: the lion couched no longer with the lamb man looked with eyes of batred on his brother, he the simple flower grew on unchanged in loveling t had shared not in the crimes of man, it haunted not the abodes of guilt so openly as it had adorned he bowers of innocence, but still, when thoughtful hearts and unseared eyes yearned to hold converse with those frail children of God, there was always some quiet corner of the earth, some sequestered and untrodden glen, where they dwelt apart, and whither the poet's feet would oft times lead him beneath the balmy eventide, to drink a holy inspiration from the eyes which had caught deep meaning from the unveiled gaze of their common Creator. Alas! for those who love not flowers. Alas! for those who, bus with the struggles and turmoil of the world, can find no stray moment to devote to these soothers of our rule ged nature. For them one page of life is blotted est, the brightest ever peuned. - Forch.

BEST TIME FOR MENTAL EXERTION .-- Nature has alloted the darkness of the night for the repes and the restoration, by sleep, of the exhausted evergies of the body and mind. If study or competition be ardently engaged in toward that period of the day. the increased action of the brain which always companies activity of mind, requires a long time to subsicie, and if the individual be of an irritable habit, he will be sleepless for hours, or perhaps tormented by unpleasant dreams. If, nevertheless, the practice be continued, the want of refreshing repose will ultimately induce a state of irritability of the nervous system approaching to insanity. It is, therefore, of great advantage to engage in severe studies early in the day, and devote the two or three hours preced-

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