

pay for all the pleasures she demands, so long as she has joy-rides, dances, picture shows, etc., he is Al, no matter where the money comes from. I have been in this country seven years, and I find that the young ladies who are willing to help a young man make a home are indeed few and far between. Some fair critic will be sure to hurl at me the epithets "disappointed and soured," but such is not my case. I am neither. I have never asked anyone to help me make a home, as it was always my personal opinion that a man should have at least as good a home to take his wife to as that from which he took her, and unfortunately in the West in many cases that would be no more than a woman should have. My opinions, however, do not prevent me admiring a girl who is willing to marry a man with nothing, and help him build a home. I have homesteaded in Alberta and proved up, and have seen this Western life in all its aspects, and can say that the young couple who are willing to get in and dig, and share alike the troubles and disappointments, as well as the pleasures, are the ones that are happiest and most successful. A single man in the West, particularly the homesteader, is fighting a very uphill battle against heavy odds, and the chances are all against his accumulating anything. A very few get along good, but they are exceptional creatures. I would be very pleased to correspond with readers, either sex, who are interested in this part of the West, and would very much like to have a letter from "Hazel Eyes." I would write to her, but am the bashful kind. With best wishes for the success of the paper, I am, yours truly,

Lancastrian.

Interested in the Bachelors

Manitoba, August, 1913.

Dear Editor:—I have been a reader of the W.H.M. for a number of years, and enjoy it very much, especially the correspondence corner. I don't think I have missed a letter for a year, and some have been very interesting, especially those of "Dido." I think that he must certainly look on the bright side of life. Now, being a girl, I am interested in the bachelors, and would like to correspond with any who would take the time and the trouble to write, and I will promise their letters shall be answered. My address is with the editor. Wishing the W.H.M. continued success.

Marguerite.

No Time For The Blues.

Water Glen, Alta., July, 1913.

Dear Editor:—Will you please kindly allow another bachelor a small space in your correspondence column, as I am one of those who always look when mail day comes to see if the W.H.M. is there, but never find it more than once a month. Now dear readers how would it be if we could get the W.H.M. say twice a month, and pay a little more for our sub.; as this is the only thing we bachelors have to pass a pleasant evening with after supper is over. Now as to farming—I have been in the West for the past sixteen years, and have never done anything else but farming, and farming is very good I may say if a person knows how to keep the blues off. I, for one, farm from 50 to 60 acres of grain every year, and have some horses, hogs and hens. Say, bachelors, try this, if you keep, say, from ten to twelve horses, about fifty hogs and some hens, and say two cows, and keep all these in good shape, you will find that the blues won't have much time to bother you. Now, dear editor, I think I had better close. If any of the members like to exchange snapshots with me I will be pleased to do so.

Wild Bill.

Had a Good Time

Manitoba, August 7, 1913.

Dear Editor and Members:—Well, here we are again, but first of all we must beg pardon for not answering some of the letters which were so kindly written by those members termed "The Western Bachelors or Homesteaders." We were just getting ready to come down to Winnipeg when we received

Let Us Make You Fat!

50-CENT BOX FREE

We will Prove at Our Own Expense that it is No Longer Necessary to be Thin, Scrawny and Undeveloped

We Invite Every Thin Man and Woman Here

Every Reader of The Western Home Monthly who is Run Down, Nervous or Underweight to Get Fat at Our Expense.



Gee! Look at that pair of skinny scarecrows! Why don't they try Sargol?

This is a generous offer to ever thin man or woman reader of The Western Home Monthly. We positively guarantee to increase your weight to your own satisfaction or no pay. Think this over—think what it means. At our own risk, we offer to put 10, 15, yes, 30 pounds of good solid "stay there" flesh on your bones, to fill out hollows in cheeks, neck or bust, to get rid of that "peaked" look, to rejuvenate and revitalize your whole body until it tingles with vibrant energy; to do this without drastic diet "tonics," severe physical culture, "stunts," detention from business or any irksome requirements—if we fail it costs you nothing.

We particularly wish to hear from the excessively thin, those who know the humiliation and embarrassment which only skinny people have to suffer in silence. We want to send a free 50 cent package of our new discovery to the people who are called "slats" and "bean poles," to bony women whose clothes never look "anyhow," no matter how expensively dressed; to the skinny men who fail to gain social or business recognition on account of their starved appearance. We care not whether you have been thin from birth, whether you have lost flesh through sickness, nor how many flesh builders you have experimented with. We take the risk and assume it cheerfully. If we can not put pounds and pounds of healthy flesh on your frame we don't want your money.

How can we do this? We will tell you. Science has discovered a remarkable concentrated treatment which increases cell growth, the very substance of which our bodies are made—a treatment that makes indigestion and other stomach troubles disappear as if by magic and makes an old dyspeptic or a sufferer from weak nerves or lack of vitality feel like a two-year-old. This new treatment which has proved a boon to every thin person is called Sargol. Don't forget the name "S-A-R-G-O-L." Nothing like it has ever been produced before. It is a revelation to women who have never been able to appear stylish in anything they wore because of their thinness. It is a godsend to every man who is under weight or is lacking in nerve force or energy. If you want a beautiful and well-rounded figure of symmetrical proportions, of which you can feel justly proud—if you want a body full of throbbing life and energy, write the Sargol Company, 5-K Herald Building, Binghamton, N.Y., today, and we will send you, absolutely free, a 50c. box of Sargol that will prove all we claim. Take one with every meal, and in five minutes after you take the first concentrated tablet of this precious product it will commence to unfold its virtues, and it has by actual demonstration

often increased the weight at the rate of one pound a day. But you say you want proof. Well, here you are. Here is the statement of those who have tried—who have been convinced—and who will swear to the virtues of this marvelous preparation.

What Sargol has done for others

When we mail you the Free 50-cent package of Sargol, we will send you copies of letters received from grateful patrons, reporting actual gains in solid, healthy, permanent flesh, of from ten to over thirty pounds.

We give here a few interesting figures from reports which are being received daily:

REV. GEORGE W. DAVIS says:

"I have made a faithful trial of the Sargol treatment and must say it has brought to me new life and vigor. I have gained twenty pounds and now weigh 170 pounds, and what is better I have gained the days of my boyhood. It has been the turning point of my life. My health is now fine. I don't have to take any medicine at all and never want to again."

MRS. A. I. RODENHEISER writes:

"I have gained immensely since I took Sargol for I only weighed about 106 pounds when I began using it and now I weigh 130 pounds, so really this means 24 pounds. I feel stronger and am looking better than ever before, and now I can carry rosy cheeks, which is something I could never say before. My old friends who have been used to seeing me with a thin, long face, say that I am looking better than they have ever seen me before, and father and mother are so well pleased to think I have got to look so well and weigh so heavy for me."

F. GAGNON writes:

"Here is my report since taking the Sargol treatment. I am a man 67 years of age and was all run down to the very bottom. I had to quit work as I was so weak. Now, thanks to Sargol I look like a new man. I gained 22 pounds with 26 days' treatment. I cannot tell you how happy I feel. All my clothes are getting too tight. My face has a good color and I never was so happy in my life."

C. E. Crouner gained 15 lbs. in 30 days
Thomas Davis " 10 " " 30 "
Leonore Patten " 16 " " 30 "
Mrs. Seim " 13 " " 20 "
Mrs. A. Arnott " 10 " " 40 "
F. A. Myrick " 20 " " 30 "
Philip Drapeau " 9 " " 30 "
Mrs. S. E. Murray " 30 " " 40 "
Mary Bland " 18 " " 40 "
W. W. Allis " 35 " " 50 "

Wm. Carmichael gained 5 lbs. in 10 days
Arthur Stewart " 5 " " 12 "
Mrs. C. Craig " 13 " " 30 "
Mrs. N. Galliger " 18 " " 35 "
Send today for our free 50-cent package and let us prove that

Sargol should do the same for you

This treatment increases the red corpuscles in the blood, strengthens the nerves and puts the digestive tract into such shape that your food is assimilated and turned into good, solid, healthy flesh instead of passing through the system undigested and unassimilated. It is a thoroughly scientific principle, this Sargol, and builds up the thin, weak and debilitated without any nauseous dosing. In many conditions it is better than cod-liver oil, and certainly is much pleasanter to take.

Send for the 50-cent box today. Convince us by your prompt acceptance of this offer that you are writing in good faith and really desire to gain in weight. The 50-cent package which we will send you free will be an eye-opener. We send it that you may see the simple harmless nature of our new discovery, how easy it is to take, how you gain flesh privately without knowledge of friends or family until you astonish them by the prompt and unmistakable results.

We could not publish this offer if we were not prepared to live up to it. It is only the astounding results of our new method of treatment that make such an offer and such a guarantee possible on our part. So cut off the coupon today and mail it at once to The Sargol Company, 5-K Herald Building, Binghamton, N.Y., and please enclose 10c. with your letter to help pay distribution expenses. Take our word, you'll never regret it.

FREE COUPON

Come Eat with us at Our Expense.....
This coupon entitles any thin person to one 50c. package of Sargol, the concentrated Flesh Builder (provided you have never tried it), and that 10c. is enclosed to cover postage, packing, etc. Read our advertisement printed above, and then put 10c. in stamps in letter today, with this coupon, and the full 50c. package will be sent to you by return post. Address: The Sargol Company, 5-K Herald Bldg., Binghamton, N.Y. Write your name and address plainly, and
Pin this Coupon to Your Letter.