

Attention was called to the fact that, except opium, nearly all the drugs which had held their place in the treatment of this disease were antiseptics of more or less power. Bismuth, calomel, the mineral acids, iron and silver salts were cited. Pure antiseptics had been used in the treatment of diarrhoeal diseases since 1846. Creasote was employed, and with great success both in England and in this country. Ten or fifteen years ago salicin was largely used, especially in the South, with uniformly good results, particularly in chronic cases. The use of salicylic acid and its salts, the bichloride of mercury, and naphthalin was also referred to. The last was of latest introduction, and seemed likely to prove of very great value, perhaps the most valuable of all.

Notwithstanding the successful results obtained by antiseptics, the great majority of the text-books still advocated the old plan of the use of opium and astringents as fifty years ago. An inquiry into the public practice of this city showed that in fourteen institutions and dispensaries, where it was estimated that twenty-five thousand children were treated yearly for diarrhoeal diseases, the main reliance was still upon opium, bismuth, chalk mixture, and castor oil.

The speaker had tabulated 300 cases of his own treated by such remedies. Of these, 50 per cent. were cured; 27 per cent. improved; 18 per cent. unimproved; and 7 per cent. died. During the past year he had treated 81 similar cases by an initial dose of castor oil, followed by salicylate of sodium, these being the only drugs used. Of these, 84 per cent. were cured; 7 per cent. improved; 7 per cent. unimproved; 1.2 per cent. died. Forty-four cases were treated by naphthalin, usually preceded by the oil. Of these, 67 per cent. were cured; 15 per cent. improved; 13 per cent. unimproved; and 2 per cent. died. Resorcin was used in a similar manner in 27 cases. Of these, 55 per cent. were cured; 22 per cent. improved; 22 per cent. unimproved; and none died.

The duration of the disease in these cases before treatment was about the same in each class. The duration of treatment in the cured cases was much shorter by sodium salicylate than by the use of opium, astringents, etc. In cases of long standing the very great superiority of the salicylate and naphthalin was clearly shown. Resorcin was much inferior to the drugs just mentioned.

The following conclusions were drawn from the paper:

*First.*—Summer diarrhoea is not to be regarded as a disease depending upon a single morbid agent.

*Second.*—The remote causes are many,—heat, improper and artificial feeding, bad hygiene, etc.

*Third.*—The immediate cause is the putrefactive changes which take place in the stomach and bowels in food not digested, which changes often are begun outside the body.

*Fourth.*—These products may act as systemic poisons, or the particles may cause local irritation and inflammation of the intestine.

*Fifth.*—The routine use of opium and astringents is not only useless, but, especially at the outset, may do positive harm; since, by checking peristalsis, opium stops elimination and increases decomposition.

*Sixth.*—Evacuants are to be considered an essential part of the antiseptic treatment.

*Seventh.*—The salts of salicylic acid and naphthalin are the antiseptics which, thus far, seem to be best adapted to the treatment of diarrhoeal diseases.

Dr. R. W. Wilcox spoke especially with reference to the use of naphthalin in diarrhoea in adults. Since reading Rossbach's paper in the *Berliner Klinische Wochenschrift*, in November, 1884, he had used naphthalin in thirty-two cases, nearly all being in adults. He had come to feel as much confidence in the use of this drug, under certain circumstances, as in the use of mercury or the iodides in syphilis or of quinine in intermittent fever. As mercury and quinine may fail to accomplish their work if used without observance of a few well-known precautions, so naphthalin may fail if improperly employed. The most frequent cause of failure has been the use of too small quantities, less than 60 grains daily being a needless waste of a very good medicine. He had given up to 120 grains during the twenty-four hours in divided doses, usually in starch capsules with a small quantity of oil of bergamot to conceal the somewhat unpleasant odor. If the impurities of the drug are removed by washing with alcohol, no such untoward effects as have been occasionally reported in the journals will occur. Frequently during its administration the urine will assume a smoky color, resembling that of acute nephritis, but a careful examination will fail to detect either albumen or casts.

In chronic diarrhoeas he had used naphthalin as the only drug in twenty-one cases. Nearly all degrees and varieties had been represented; some could be traced back to an acute process, others were the result of improper food or followed debilitating diseases.

He related one case: James D., messenger, 18 years of age, came to him, complaining of a diarrhoea of over two years' duration. Its commencement was in the second summer previous to his first visit. The assigned cause was overindulgence in unripe or spoiled fruit. The trouble had continued through the following winter, with intervals of cessation, and had been aggravated the following summer. Since summer his loss of flesh, previously considerable, had increased, his tongue was heavily coated, the appetite poor; his discharges were five to six daily, unformed, varying much in amount, sometimes watery, very foul-smelling, much gas, no tenesmus, no blood; pain at times, but no fever. Although he was in a deplorable condition, and so long as his work remained severe and his food unsuitable recovery seemed impossible, by the use of 60 grains of naphthalin daily the number of movements were