

## HOUSEHOLD.

## How the Scarlet Fever May Be Spread.

Prof. W. M. Williams gives the following experience as to the spread of scarlet fever: One of his sons went for a holiday to a farm where his family had often gone for their holidays. At the end of two weeks he was attacked with scarlet fever. On inquiry it was found that the cowboy had been ill with the disease (a light attack), and went to milking before the process called scaling of the skin was complete. Prof. Williams's son had been drinking freely of the milk, and no doubt drank of the germs which had fallen into it from the cowboy's hands and multiplied there by growth. The other inmates drank only home-made beer, or tea and coffee, the latter of which were not enough to kill the few germs taken in the small amount of milk used as a seasoning. Had the milk been sent to the city for consumption, no one can tell how many people would have suffered from it. Diphtheria and typhoid fever have been spread in the same way. The lesson is, be careful how you use milk when these diseases are in the home. 'Journal of Hygiene.'

## Ironing With the Clothes-Wringer.

An authority on domestic economy advises the housekeeper of limited means to save her fire and strength, and to do as much ironing with the clothes-wringer as possible. Plain pieces, like towels, pillow-cases, sheets, merinos, and stockings, put through the wringer, will be smooth enough for all practical purposes, if the rollers are tight. Time is often wasted in sprinkling, folding, unfolding, ironing, and airing a lot of white goods.

## A Buttonhole Hint.

If cloth is loose in texture or ravel easily, when cutting buttonholes soften the edge of a conveniently-sized piece of glue, and rub over the surface.

## Selected Recipes.

**White Cake**—Cream three cupfuls of sugar with one cupful of butter, add three and one-half cupfuls of flour, with two teaspoonfuls of baking-powder and one half-cupful of sweet milk; mix well, flavor with extract of almond. Beat the whites of eight eggs, and add, turn into a greased cake-mold, and bake one hour; when cool, ice.

**Onion Soup**—Lady Constance Howard says in 'Everybody's Dinner Book,' 'This soup is so invigorating that it is food, meat, and drink, in one, and is simply quite invaluable where people are suffering from overwork and worry, and in cases of sleeplessness: a basin taken after getting into bed generally produces sleep.' The soup is Aunt Dinah's Onion Soup. Ingredients: half a pound of onions; one pint of milk, two ounces of butter. Fry the onions in a saucepan with the butter; season, stir in the milk, and boil; then strain through a colander and serve in a tureen.

## Renew.

In the last issue of the 'Northern Messenger,' a circular and envelope was enclosed to all the subscribers whose term of subscription ends Dec. 31. We would like to have all the envelopes returned well filled with new subscriptions from the old friends of the 'Messenger.' All those who have not yet renewed for 1899 will please notice this reminder and have the renewal mailed promptly, and avoid the loss of any numbers.

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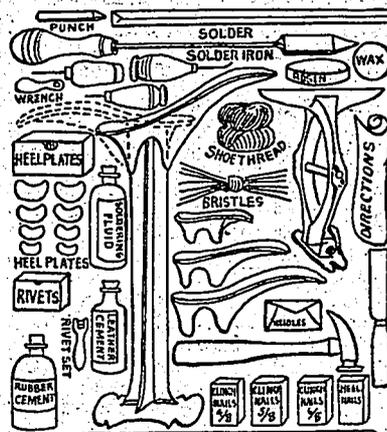
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