

left with Him alone. Then they learned the great truth that He was to be all in all to them. They saw that He was their one link with heaven. Henceforth He would be to them, as He had never been before, "the hope of glory."

And thus they were enabled to take something of the mountain with them down into the plain. It is ever the mission of the mountain to minister to the plain; it was not made to tower aloft in cold, proud isolation. The Alps were not uplifted merely to be gazed at and admired by pleasure-seeking tourists, but to feed the Rhine and to nourish the teeming cities upon its banks. Heights of ecstasy and peaks of rapture, to which we may ascend, are intended to impart a finer spirit for the tasks of the common day. We are to make all things according to the pattern shown us in the mount. The highest rule of life is to endeavour to be true to the visions and the voices vouchsafed us on the heights. Our mountain-top experiences are the grand rallying-points of life. We are not to recline upon them and sip their nectar "careless of mankind." We touch them for power to heal the demonised life below. The vision of the mount is to be translated into energy for