

(8) Demonstrations - Two short but very important demonstrations were made during the past summer:-

(a) Summer Day Camp (Open-air, or Forest School), established in conjunction with the Child Welfare Association and the Protestant Board of School Commissioners. A group of physically sub-normal children, in number, were selected, and for three months attended the school. The object of this demonstration was to show that under proper hygienic conditions of fresh air, proper food and added rest, most of these children will regain normal health. Also, that they, as a result of an improved physical condition, will show increased mental capability in their school work.

These children are being followed up until the end of the year, after which time a detailed report of the demonstration will be published. If the results are as anticipated, it is hoped to see a further development next year by the school boards.

Whether or not an individual develops tuberculosis largely depends upon the maintenance of physical fitness. Therefore, anything (such as open-air schools) which helps this object is very definitely preventive work in the field of tuberculosis.

(b) Health Instruction in Summer Camps. At the Old Brewery Mission Camp this last summer, it was demonstrated, to the satisfaction of all interested, by a public health nurse supplied by the Health League, that a real opportunity is offered for effective