

Contents

Bon Voyage, But...	6
Before You Go	6
Be Prepared	6
Is Your Passport in Order?	7
Do You Need a Visa?	8
Schengen Convention Countries	9
Charter Flights	9
Dual Nationality	9
People with Special Needs	10
Getting Medical Advice	10
Vaccinations	10
AIDS	11
Medication	11
Pregnancy	12
On Your Return	12
Supplemental Health Insurance	12
Other Insurance	15
Travelling by Car?	15
Money Matters	15
Canadian Taxation Status	16
Avoiding Difficulties at Canada Customs	16
Women Travelling Solo	18
Travelling with Children	18
Seeking Assistance	20
Registering at a Canadian Mission	20
Consular Assistance	20
Emergency Consular Services	21

On the Road	21
Foreign Laws and Customs	21
Taking Precautions	22
Illegal Drugs	22
Sexual Exploitation of Children	24
Crime and Punishment	24
Judicial Process	24
Mail	25
Travel to the United States and Mexico	25
When You Return	25
Departure Tax	25
Canadian Food Inspection Agency: Be Aware and Declare	25
Canada Customs and Import Controls	26
Illegal Souvenirs	28
After Residing Abroad	28
For More Information	30
The Department of Foreign Affairs and International Trade	30
Citizenship	30
Revenue Canada	31
Customs	31
Taxation	31
Food Products	31
Health Issues	31
Safety Issues	34
Canadian Diplomatic and Consular Missions Abroad	34
Canada Direct Access Numbers	62