THE CANADA PRESBYTERIAN.

## R. R. R. **D**ADWAY'S OURES AND PREVENTS

Coughs, Colds, Sore Throat, Influenza, Bron-Atlish, Pneumonia, Swelling of the Joints, Lumbago, Inflammations, RHEUM-ATISM NEURALGIA, Frostbites, Chilblains, Headache, Toothache, Asthma,

DIFFICULT BREATHING.

CURES THE WORST PAINS in from one to twenty minutes. NOT ONE HOUR after reading this ad-vertisement need any one SUFFER WITH PAIN.

Radway's Ready Relief is a Sure Cure for Every Pain, Sprains, Bruises, Fains in the Back, Chest or Limbs.

#### It was the First and is the Only PAIN REMEDY

That instantly stops the most excruciating pains, allays inflammation and cures Congestions, whether of the Lungs, Stomach, Bowels, or other glands or organs, by one application.

ALL INTERNAL PAINS, Cramps in the Bowels or Stomach, Spasms, Sour Stom-ach, Nausea, Vomiting. Heartburn, Diarrhœa, Colic, Flatulency, Fainting Spells, are re-lieved instantly and quickly cured by taking internally as directed.

There is not a romedial agent in the world that will cure Fever and Ague and all other malarious, bilions and other fevers, aided by RADWAY'S PILLS, so quickly as BADWAY'S RELIEF.

25 cents per bottle. Sold by all Bruggists. RADWAY & CO., 419 St. James Street, Montreal. ADWA PILLS.

Always Reliable.

Purely Vegetable. Possess properties the most extraordinary in restoring health. They stimulate to healthy action the various organs, the natural conditions of which are so necessary for health, grapple with and neutralize the impurities, driving them completely out of the century out of the system.

**RADWAY'S PILLS** 

Have long been acknowledged as the Best Cure for

BICK HEADACHE, FEMALE COMPLAINTS, INDI-GERTION, BILIOURNESS, CONSTIPATION, DYSPEPSIA, AND ALL DISCORDERS OF THE L.VER.

Price 23c. per Bottle. Sold by Druggists.

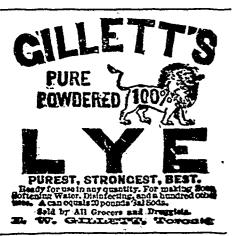
Fix this name indelibly in your memory

STAMINAL, STAMINAL, STAMINAL, STAMINAL, STAMINAL,

and remember it is a Food and a Tonic combined.

For sale by Grocers and Druggists. Prepared by The Johnston Fluid Beef Co., Montreal.





When writing to Advertisers Splease mention THE CANADA PRESEVTERIAN.

# Women and Women Only

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Are most competent to fully appreciate the purity, sweetness, and dollcacy of CUTICURA SOAP, and to discover new uses for it daily.

In the preparation of curative washes, solutions, etc., for annoying irritations, challugs, and excoriations of the skin and mucous membrane or too free or offensive perspiration, it has proved most grateful.

Like all others of the CUTICURA REME-DIES, the CUTICUNA SOAP appeals to the refined and cultivated overywhere, and is beyond all comparison the most effectiveskin purifying and beautifying soap as well as the purest and sweetest for toilet and nursery

Sold throughout the world. POTTER DRUG AND CHEM CORP , Sole Props., Boston.

#### FOR COMMUNION PURPOSES.

#### BRITISH DOMINION WINE.

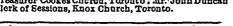
Manufactured from the Best Canada Grapes without the use of either artificial coloring or distilled spirits in any form.

After repeated chemical analyses of the Wines made by Robert Bradiord of No. 595 Parliamont St., Toronto. I do not hesitate to pronounce them to be unsurpassed by any of the native Wines that have come under my observation. observation. Analyses show them to contain liberal amounts of theothereal and saline elements, sugarand tannic sold oto., characteristic of true Wine and which modify materially the effects which would be produced by alcohol alone. Retaining to a high degree the natural flavor of the

grape, they serve the purpose of a pleasant table Wine as well as that of a most valuable medicinal Wine.

CHAS, F. HEEBNEIL, Ph. G. Phu. B. Dean and Professor of Pharmacy. Ontario College of Pharmacy.

R. BRADFORD, 595 PARLIAMENT ST., TORONTO. ONT. Beterences by permission.-Mr. Jas. Alison Treasurer Cookes Church, Toronto; Mr. John Duncan Olerk of Sessions, Knox Church, Toronto.





VANILLA CHOCOLATE, COCOL EUTTER, For " purity of material," "ercellent flavor," and "unle form even composition." SOLD BY GROCERS EVERYWHERE

WALTER BAKER & CO., DORCHESTER, MASE

Minard's Linimont the best Hair Restorer.

### HEALTH AND HOUSEHOLD HINTS.

THINGS YOU SHOULD KNOW. That the goodness of all cake depends

upon the eggs being perfectly fresh. That in making up unbleached muslin, al-

low one inch to the yard for shrinkage. That it is said that sprigs of wormwood scattered in places infested with black ants, will drive these pests away.

That if you want to keep your house free from moths never put down your carpets till the floor is thoroughly dry.

That Indian meal is best when it is freshly ground, and therefore it is bad economy to buy large quanities of it at a time.

That for long; slow cooking, porcelain stew-pans are more desirable than tin or granitewear, as the article cooking can be kept at a more even temperature.

That articles that have been been stained with ink or fruit should not be put into soap suds until the stains are removed, as soap has a tendency to "set" the stains.

That iron cooking utensils increase in value, with use, as the surface becomes smooth. In buying them, be careful to see that they are of the best quality, and well finished.

That suct may be kept sweet for some time by pulling the skin or membrane from it while it is fresh, sprinkling salt upon it, tying it up in a bag and hanging in a cool, dry place.

That bar soap should be cut into pieces of a convenient size for using, and put into a dry place. If the house mistress does not attend to the cutting, her servant won't, but will use a whole bar at once, the consequence being needless waste.

That when bread is baked the loaves should never be set flat on the table or shelf, but should be set on end, one loaf against another, and wrapped closely around with a clean cloth. This makes the crust tender by keeping in the steam.

That experienced, old-fashioned housekeepers say that the dough for cookies or ging-erbread is much more easily handled and rolled and stamped the day after it is made than on the same day. In cold weather it should be set where it will not become hard.

Hot alum water is the best insect destroyer known. Put alum into hot water and boil until dissolved, then apply the water with a brush to all cracks, closets, bedsteads, and other places where insects may be found. Ants, cockroaches, fleas and other creeping things are killed.

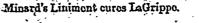
The human heart is a hollow muscle of a conical form, placed between the two lungs, and inclosed in the pericardium, or heart sac. The ordinary size of the heart in the adult is about five inches in length, 31/2 inches in breadth at the broadest part, and 21/2 inches in thickness. Its weight is from ten to twelve ounces in men, and from eight to ten ounces in women.

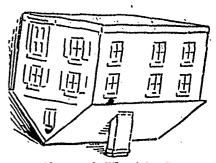
For burnt sugar put two tablespoonfuls of sugar into a small pan and set it over the fire, stir or shake the pan a little till the sugar gets all a dark brown, about as dark as treacle. That is burnt sugar. If it is to be kept and used for coloring gravies, soups, etc., you then add perhaps half a cup of water, and when it boils it will have dissolved the sugar, and can be bottled and kept.

Tablecloths should be folded once only for ironing, and that lengthwise. They should be ironed with a very hot iron until perfectly dry, and then there is no danger of, a rumpled appearance afterward. They should be quite damp and free from starch. Fold them loosely crosswise, without ironing, and these folds will be easily smoothed out with the hand, leaving no crease but the middle one.

Sir Andrew-Clark was wont to prescribe the following regime as to diet and habits to his numerous literary patients: "General directions. On first waking in the morning, sip a glass of hot water. On rising take a tepid sponge bath, followed by a brisk general towelling. Clothe loosely and warmly. Break-fast—Wholemeal bread or roast and butter, with eggs or fresh fish, or cold chicken, or fresh tongue. Towards the close of the meal half a pint of black China tea, not infused over five minutes. Breakfast as near eight as possible, that you may have a long forenoon's literary work. Lunch should resemble a nursery dinner-fresh meat, bread, potato, wellboiled green vegetables, and milk pudding or cooked fruit. Sip a small glass of plain fresh filtered water. This should be the chief meal of the day."

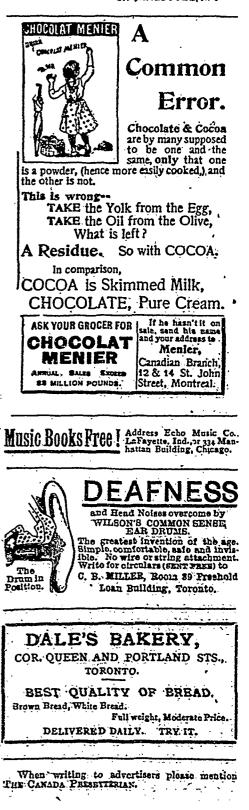
Coughs and Colds. Those who are suffering from Coughs, Colds, Hoarseness, Sore Throat, etc., should try BROWN'S BRONCHial TROCHE's, a simplo and effectual remedy. They contain nothing injurious, and may bo used at all times with perfect safety:





Turned Upside Down Is your home in this sad plight -many are and house-cleaning does it. Cold meals and no comfort, sour tempers and aching backs, hard work and too much of it, tired women and "mad" men—all from house-cleaning. And it's all needless. Don't make such a fuss over it. Take a little Pearline, and have it done easily, quickly and quietly. You'll have it done better, too -you won't have to rub the paint off to get the dirt off. You can save half your labor and half your time, if you'll clean house with Pearlineand everybody in the house will be thankful for it. Millions use nothing but Pearline for washing and cleaning.

Turn On the peddlers and grocers who tell you "this is as good as," or "the same as" Pearline, the Key Pearline is never peddlec. 307 JAMES PYLE, N. Y



43 [Feb. 218, 1894.