

are not only accomplishments which young men should cultivate for the pleasure they yield, but for the health and vigor they infuse, when our muscles are relaxed and our minds enfeebled by the indoor employments which sap the springs of life.

But brains are not less required for the development and elevation of this great country than physical force. Canada cannot afford to have one drone in the intellectual hive. There never was a country with so many natural resources flung broadcast before so limited a population. Forests of boundless extent—a virgin soil to be measured by millions of square miles—the richest fisheries in the world—mines the value of which no man can estimate—and water power running to waste everywhere, but in a few favored spots where the vagrant streams have been harnessed to machinery and turned to profitable account. The Inland Provinces are enlivened by great Lakes and Rivers, and the Maritime are surrounded by the sea, where the carrying trade of the world invites to enterprise and adventure, and where, as the argosies multiply in numbers and value, a hardy population are nurtured, that, if England knew how to train and handle them, would not only defend their headlands but man her Ironclads, and help her to maintain the dominion of the seas upon which her insular security depends.

That the most may be made of these great natural resources, British America requires the active intellects of all her children, aided by the highest mental culture. The idler and the vagrant are simply traitors to the Country of their birth. I do not linger to indicate the