

Cure Your Rupture Like I Cured Mine

Old Sea Captain Cured His Own Rupture After Doctors Said "Operate or Die."

This Remedy and Book Sent Free. Captain Collins sailed the seas for many years; then he sustained a bad double rupture...



"Yellow Men and Women, You Don't Have To Be Cut Up, and You Don't Have To Be Tortured By Trusses."

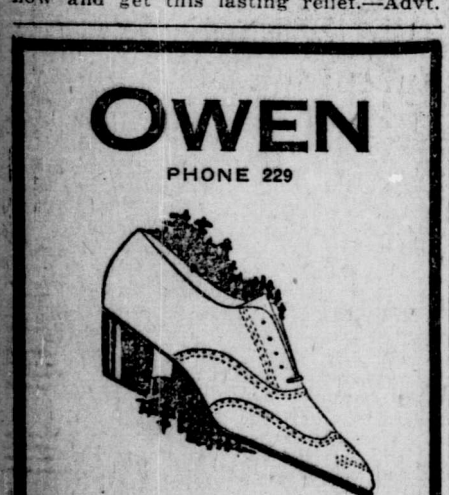
Captain Collins made a study of himself, of his condition—and at last he was rewarded by the same method that so quickly made him a well, strong, vigorous and happy man.

FREE RUPTURE BOOK AND REMEDY COUPON. Capt. W. A. Collins (find the book on the opposite page) writes:

AH! BACKACHE GONE! RUB LUMBAGO AWAY

Rub Pain From Back With Small Trial Bottle of Old "St. Jacobs Oil."

Ah! Pain is gone! Quickly—Yes. Almost instant relief from soreness, stiffness, lameness and pain follows a gentle rubbing with "St. Jacobs Oil."



OWEN PHONE 229

Ask to see our Colored Calf Oxfords, both brogue and plain styles, with walking heels. These are built for street wear, and are damp proof; very snappy. Specially priced.

OWEN 199 DUNDAS. COMPLETE COVERING. F. J. Hammond & Son

PHONE 811. We carefully trim and repair any make of piano and guarantee satisfaction. F. J. Hammond & Son

BOARDMAN, 15 Cartwright St. Flowers Delivered through our telegraph service to any part of the world.

West Floral Co. 212 Dundas St. Phone 2127. Students have always enjoyed Typewriting as taught by

Wesley School. Usually fascinating is the Calculating Machine Department. Inquire about it.

NEARLY 200 TO BE INITIATED

Scottish Rites Open Session This Evening.

AT HOME ON WEDNESDAY

Rose Croix Degree To Be Conferred On Thursday.

Scottish Rite Masons of the Valley of London will meet in convention and hold this evening and on Wednesday and Thursday.

FORM TWO CYCLE CLUBS IN CITY

Bicycle Enthusiasts Will Organize To Meet Needs of Hundreds of "Bikers."

Bicycle enthusiasts in the city met at the Y. M. C. A. shortly before noon today and decided to form two bicycle clubs.

Lloyd M. Houlding, boys' work secretary of the Y. M. C. A., is taking a big interest in the formation of the clubs. He asserted that the organizations will fill a long felt want.

TRADE INCREASE IS SHOWN BY RETURNS

Decrease in Customs Returns For February One-Half Less Than During January.

Customs returns for the month of February, made public to-day, although showing a decrease over February of 1920, indicate trade conditions are steadily improving.

BODIES WILL ARRIVE TO-NIGHT

The bodies of Justin Collins and his wife, Alexis Collins, victims of the rail-rod crash, will arrive in London, Indiana, this evening.

Pimply Face! Drive 'Em Away

This Very Night Simple and Inexpensive Way To Clear Up Sallow Complexion.

YOU GET RESULTS QUICKLY

An easy way to freshen up the dull, sallowest skin is to purify the blood, clear it of all humors, and enjoy the regular use of Dr. Hamilton's Pills.

Lehigh Coal \$17.50 Ton. Chestnut, Stove and Egg. Pea Coal, \$15.00 Ton.

ORCHARD'S 45 York Street Phone 354

RAMBLING AROUND WITH OLD DOC. PEP

March 1 (In like a lamb).—Up very betimes and take down our traps which we fly for 24 hours over our fine school lads winning them such a notable, fine, glorious victory at Baltimore.

But for a bunch of noddings commend me to the powers that be in this land that the young heroes trained by Chiron chiefest of Centaurs would have welcomed as brothers, yet there is no hand with trumps and kettle drums to welcome their coming, no flags displayed in their honor, and 'tis a safe wager that they dine at home modestly.

Our admiralty club meets in special session to take up the question of air flying. Our lake Captain Nelson holding that these be the boats of the future, which is probably true.

Approve Plans of New School. Main Entrance of Collegiate On Waterloo Street.

The Collegiate committee of the Board of Education met at 11 a. m. to-day and approved of designs for the new high school that will be submitted to the board meeting later in the day.

Mothers—Be Careful. Much of the trouble in weaning the baby is developed by the use of a cheap and insanitary nipple.

ARREST SUSPECT IN BLACKMAIL CASE. PHILADELPHIA, March 1.—Federal authorities here to-day they had under arrest a man giving the name of Harry T. Lamey, in connection with an alleged threat to kill Mrs. Samuel D. Biddle and his wife.

JUDGE KELLY TO HEAR CHARGE AT WOODSTOCK. WOODSTOCK, Feb. 28.—The spring assizes open here next Monday and Norman and Denton Garfield, arrested at London, will then stand trial on the charge of murdering Ben Johnston.

DR. SMATHERS' ASPROXAL NOW HAVING ENORMOUS SALE HERE. Thousands Now Using New Scientific Cold Remedy With Most Astonishing and Gratifying Results.

RESULTS FROM USE ALMOST IMMEDIATE. Druggists Instructed to Refund Money in Every Instance Where Satisfactory Results Are Not Obtained After First Few Doses.

THE WEATHER IN FEBRUARY. Like its predecessor, February was mild and balmy, compared with 1920.

GONE TO MONTREAL—J. B. Berry, Montreal, chief valuator for the Grand Trunk Railway, passed through London early this morning en route from Chicago to Montreal.

Always Will Be Women Who Prefer Lap Dogs To Sweet Little Baby

Instinct of Motherhood Just As Strong To-Day As Ever, Says Rev. T. S. Roy.

"There have been and I suppose always will be a number of women who would rather carry a poodle dog than a baby," said Rev. T. S. Roy to The Free Press to-day, in speaking about the modern tendency of certain classes to shirk the responsibility of parenthood.

"I believe, however, that the instinct of motherhood is just as strong to-day as it ever was and that fewer women are avoiding the duty of parenthood."

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STOCK EXCHANGE FOR WESTERN FAIR

Special Committee Appointed To Secure Plans.

\$6,000 ADDED TO PRIZES

Exhibition Will Be Continued On Saturday.

Definite action on the construction of a stock judging arena was taken at the meeting of the Western Fair board on Monday afternoon, when a special committee was appointed to go thoroughly into the proposed addition.

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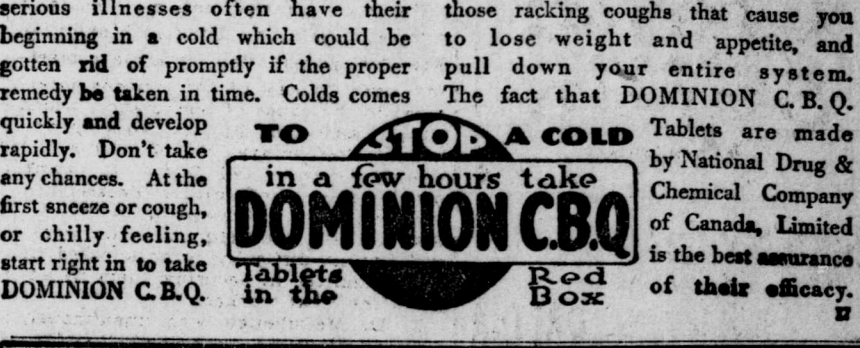
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Depend upon them to break up colds and ward off "Flu."

JUST a word of caution—don't be lulled by the evil effects of a cold. Realize its seriousness. Once a cold fastens its clutches on you, it seems as if you can't shake it off.



TO STOP A COLD in a few hours take DOMINION C.B.Q. Tablets in the Red Box

The Marvelous Eye

John Burroughs writes in expressions of awe about the eye "with all its marvelous powers and adaptations."

BROWN OPTICAL CO.

Optometrists. Spectacle and Eyeglass Makers. 223 Dundas Street—Phone 1877.

Are You Sharing in This Year's Distribution?

Last year 25,000 depositors and debenture-holders in the "Old Huron & Erie" received over \$690,000 interest.

3 1/2% per annum on Savings Deposits. 5 1/2% per annum on Debentures for twelve-months' term.

USE PROVINCIAL LIST OF VOTERS

In Connection With Temperance Referendum. HOLD REVISION SOON

Col. Graham Appointed Returning Officer. The voters lists which were used in the last provincial election will be used in the referendum next month, according to John M. Gunn, president of the London Prohibition Association.

RIGHT ON THE JOB

every day, every week, all the year round, with the vim and vigor that come from simple, nourishing foods that are easily digested—foods that do not tax the stomach or poison the intestines—that's the man who eats Shredded Wheat Biscuit.

It contains all the body-building material in the whole wheat grain, is easily digested and keeps the intestinal tract clean, healthy and active.

Try this simple, natural diet for a few weeks and see how much better you feel. Two Biscuits with hot milk make a warm, nourishing meal.



OBITUARY. KENNETH CHISHOLM BURIED.—The funeral of Kenneth Chisholm, who died at the Byron Sanatorium, was held on Monday at 10.30 a. m. from St. Peter's Cathedral.

FUNERAL OF MRS. JOHNSON.—The funeral of Mrs. Sarah Johnson, aged 50, who died at the Victoria Home on Sunday, will be held on Wednesday morning from Logan's funeral parlors at the residence of Mrs. G. T. Kennedy, 274 Clarence street, to St. Michael's Church.

FIRE INSURANCE. Best Canadian and British Companies. 25 BANK OF TORONTO, PHONE 5020

Sickness Insurance. We can guarantee the best and cheapest and most liberal contract obtainable.