And a Bonfire

A bonfire of dead leaves in the fall

with powder grey ashes and a heart of

The line of a snow covered hill sil-

The lines of a graceful woman just

And a Baby's Smile.

The bronze and blue of an October

These are the kind of things I mean

hese and a thousand others like them.

"These are the things I prize and

And when the economists tell me

that it is impossible for all men to have

luxuries, it is the thought that beauty

such as this is free to all that makes

was related by an obscure scientist

The powder form of the poisoning

vas white like flour, with a taste like

sugar. It was called Contarella. Its

to-day is secret. Chemistry and

"My heart leaps up when I

salt marsh and the October ocean

smoke rolling out.

ful to be endured.)

A baby's smile.

that verdict endurable.

of the period.

ing way.

making ready for a dive.

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Anglo-American Garage,

JOS. COCKER.

ground cinnamon. Bake in

BLUEBERRY SHERBETS

To make blueberry sherbet heat one

quart of blueberries and half a cup-

ful of water, crush the fruit and press

slowly. Add when half frozen half

First Voyage at 70.

SCHOOLMASTER WHO HAD NEVER

Of 170 overseas school teachers

the Victoria League. 22. Eccleston-

Square, S.W., probably the most strik-

ing figure was Mr. Reid, a 70-year

old teacher from Alberta, Canada,

who, until he embarked to come to

The party of teachers, which con

sists of 175 Canadian, 10 New Zeal-

anders, 2 South Africans, and 2 New-

foundlanders, is touring the British

"At least 98 per cent. of the party

seas Education League of Canada.

have never been to England before,'

tended to them. They will go back to their prairie and veld schools en

of London and its surroundings will France, and then go to the Lake District and Scoland .- Daily Mail.

led softly one on the other on a soft

mpanying wraped frocks of soft

ada for 47 years.

How to Serve

SOME RECIPES FOR THE HOUSE-WIFE.

Blueberries.

the juice and pulp through a purse The blueberry season has again sever. Boil together for eight come round, and the fruit is reported minutes one tablespoonful of grated fairly plentiful. The berries were yellow orange rind, 11/2 cupfuls of sold in the market on Saturday for sugar and 11/2 cupfuls of water. Refrom fifty to sixty cents per gallon. move from the fire, cool and flavor The following methods of using these with a tablespoonful of lemon juice.

Melt one tablespoonful of butter and minced candied orange peel. two of butter substitute and beat in three and a half tablespoonfuls of ∌gar and one well-beaten egg. Sift blueberries and bake in greased the fruit 'till the juice flows freely. muffin pans for 25 minutes. Serve Drain thru two thicknesses of cheesewith plenty of butter.

DELICIOUS PANCAKES.

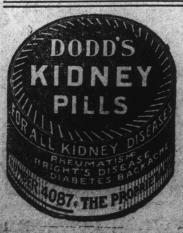
gether three cupfuls of bread flour, five teaspoonfuls of baking powder, one teaspoonful of salt and three heated glasses. tablespoonfuls of sugar. Beat one egg lightly, add one cupful of milk and gradually blend the liquid with the dry ingredients. Beat in two tablespoonfuls of melted shortening one teaspoonful of molasses and about one and one-half cupfuls of blueberries. Fry as for ordinary pancakes, butter each as cooked and pile one on the other until eight or ten are cooked. Sprinkle each with sugar before ad-Jing the next cake and cut through the cakes in wedge-like pieces.

BLUEBERRY SALLY LUNN.

This is frequently called blueberry pudding, and it is particularly good and easily made. Cream, one-quarter cupful of butter substitute and add two-thirds of a cupful of sugar and one well beaten egg. Mix and sift together 21/4 cupfuls of flour, 41/4 tea spoonfuls of baking powder and half a teaspoonful of salt. Combine the two mixtures, adding one cupful of milk, and flavor with half a teaspoon ful of orange extract. Beat hard, add one large cupful of ripe blueberries and bake in a shallow greased pan Serve cut in squares with a foamy or

BLUEBERRY BISCUIT.

this country, had never seen a ship. that a number may be made at a Mr. Reid has been teaching in some of the most remote districts of Cantime. Sift together three times two baking powder, half a teaspoonful of salt and one tablespoonful of sugar Rub in with the finger tips 11/2 tablespoonful of butter substitute and one tablespoonful of butter, and add threequarters of a cupful of milk. Bear the batter hard, add one large cupful of ripe blueberries and extra flour in cupfuls of flour, 41/2 teaspoonfuls of Major F. A. Ney, one of the organiz needed to make a soft dough. Handle ers of the visit, told a Daily Mail reas little as possible, pat out into a porter. "They are all greatly gratified sheet on the bread-board and cut in ound. Brush over with melted oleo- by the hospitality that has been exand dust lightly with sugar and



SIDE TALKS.

By Ruth Cameron.

DO YOU LOVE THEM. TOO

sing to-day the ding across the sky on a windy day things, simple things. daily things. Things that deep ame color and puffs of white are beautiful not not because they cost money, not because they are

A freshly plowed field on a hillside under a bright April sky. The lights of a big city twinkling out rare not because perfect Winter day. everyone can't have them but just because they are beautiful in themselves. n the Winter twilight Just because when we look at them nouetted against the clear blue sky of with an eye and a heart open to beauty, An orchard of apple trees in blossom we have that thrill of joy and satisfacwith a background of little fleecy tion that the keen perception of beauty clouds behind them (almost too beauti-

These are the kind of things I mean: A Red Geranium.

A shiningly clean window pane with a snowy white curtain fluttering in the Spring breeze and a red garanium on A pleasant, sunny kitchen filled with

the harmony and peace of perfect order and garnished with the gayety of blue and silver pots and kettles in hold of deepest worth." agate and aluminum. A fresh looking, healthy woman in

A crab apple tree in full bloom. A green field powdered with a million daisies. A rainbow in the sky Stars seen through the interlacing

a bright colored gingham morning

oranches of the elms on a village So was it when my life began So it is now that I am a man A flock of little fleecy clouds scud-

The Lost Art of Poisining

but none the less determined war has been going on between the subtle art of poisoning and the more subtle luscous berries may be of interest to Add the blueberry purse and fraces science of discovering and locating poisons in the human body. senic. As soon as the poison began to

a cupful of cream whipped solid. In 'the old days fortunes awaited Serve in sherbet cups, sprinkled with those who could prepare some con- take effect the boar was hung up by coction which would remove people the heels. Convulsions came on, and from this world without leaving a froth which ran from its jaws, was This delicious telly is not as well traces of how it was done. Poison- collected in a silver dish and was ogether two cupfuls of flour, three known as it should be, and two ex- ing, as understood by a Catharine de transferred to a bottle which, after rounding teaspoonfuls of baking tractions may be made from the same Medici was a grand art. To-day it some Contarella was added was her powder half a teaspoonful of salt. lot of fruit. Cut a large orange in is a lost art, for science has practi- metically sealed. This was kept for Combine the two mixtures, alternate very thin slices and let stand over cally won the long fight and is now a certain time and the result was the ing with one cupful of rich milk, and night in cold water, to cover. Add the able to discover and classify every notorious poison beat the batter until full of bubbles. orange and water to three quarts of known poison even months after the Stir in one and a half cupfuls of blueberries, heat slowly and crush victim has succumbed to its effects.

Within the last generation almost science can provide the means of deevery kind of poison has come within tection and can often supply the anticloth and bring the strained juice the scope of the ever-increasing exquickly to the boiling point. Let cook perience of medico-legal experts who or seven minutes and add one cupful For blueberry pancakes, mix to- of heated sugar to each cupful of important cases—from the hyoscyaboiling juice. Let boil for about two mine of the Crippen case to the arminutes, skim well and pour into sencial fly-paper of the Seddon affair

Arsenic, antimony, prussic acid, For the second extraction jelly turn the contents of the jelly bag into a carbolic acid, oxalic acid, mercury, saucepan, add cold water to cover and belladonna, opium, heroin, morphia, trace of pimples or blackheads? You two or three slices of lemon. Mix well calabar bean, croton seed, nitric acid, and bring to the boiling point. Again pyridine—the most deadly poison that your friends will be amazed at drain, cook the juice for 10 or 12 found in minute quantities in dirty minutes and add half a cupful of tobacco pipes-all have been traced, heated sugar for each cupful of juice tabulated, and chained by the patient, Skim, cook for about five minutes and emotionless, detective, Science. So highly has the work of scientific

detection been developed that the pres ence of arsenic may be discovered even years after it has been taken. No more delicate tests in chemistry at the same time no more infallible ones, can be used than the tests for arsenic and antimony. In the former poison the tests are so severe that one part in sixty millions can be revealed. It is to the Borgias that one must go to hear about the incredibly subtle isons which could not be detected; but the light of modern science proves that much which is credited to that family's knowledge of the art of poisoning was really impossible of ac who were present at a reception at complishment unless we concedewhich is just possible—that they knew more about toxicology than do modern

> There was one particular poison which the Borgias are credited with It was tasteless, could kill the victim quickly or leisurely as the poisoner willed and it left no trace discernible to the chemists of that time.

of the Church who died by this subtle Isles under the auspices of the Over-, means is believed to be formidable It was used in two ways, powder and liquid, and its method of manufacture

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force interrupts the working of the within the city limits, Rome is con- motors if the driver attempts to go beyond the limit. In Rome the narrow

city; the numerous hills, and the in-

matic speed regulator is the invention ly dangerous. Drivers are prone to Motor Cars. of Ernesto Fragano and Ettore Villa. disregard existing speed regularities An indicator is set at the number of so the city authorities are giving by parcel post for 10 dollars, miles an hour desired as the maximum thought to making obligatory the use cash with order. miles an hour desired as the maximum thought to making obligatory the use speed. An application of centrifugal of this automatic speed regulator.

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King's Review of Territor

OVERSEAS TEACHERS AT PALACE.

For the first time in nine, the two London divisions the and 47th of the Territorial were gathered on one parade on the evening of July 22, when were reviewed by the King in

Despite the heavy rain the tunity of appraising London's soldiery was seized by many sands of Londoners. Quite apart the 3,000 seats reserved for friends of the men on parade were umbrellas and macking crowded four and five deep in a the four sides of the great ench The 56th Division, comma

Major-General Sir C. E. Perela the 47th Division co Major-General Sir N. M. Smyth 9.000 strong. were drawn up in ness in brigade mass by 5.30 pr At six o'clock the Royal Sta was broken on the flagstaff at saluting base, the troops clicked single machine into the imm of the "present," and the bands of Coldstream and Welsh Guards N the National Anthem. The King

Royal Ladies Present. Wearing field-marshal's ress and riding a black charge

King had been preceded by two carriages containing the Queen rincess Mary Viscountess Las Owing to the rain-soaked con of the troops the inspection of lines was abandoned, and the past the saluting base began at

In column of companies the t marched by, a series of khaki n which seemed unending, br with dully gleaming bayonets. company passed but there were murs of recognition among the tators, murmurs that swelled full-throated cheers as the L Scottish, heads high and kilts swing, headed by their pipers h the bravery of the hodden grey, sin

bridlehand and his staff behind the King rode away, with no e save a handful of mounted police lowed right out of the park by a train of cheering men, women,

By the King's command 200 te ers from overseas on a visit to ham Palace, and through this av the royal ladies drove and the

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