

ZAM-BUK

is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!

All Druggists and Stores—50c.

WELL KNOWN IN TRURO.

A Yarmouth gentleman who was away on a vacation trip recently, found among other friends James F. Paige, a former engineer on the D. A. R. steamers. Mr. Paige is now General Manager of the Port Arthur Dry Dock & Shipbuilding Co., on the Great Lakes. Both Mr. and Mrs. Paige were glad to see a Yarmouthian and showed the visitor every possible kindness.

SUGAR FAMINE IN NEWFOUNDLAND.

St. Johns Nfld, July 11—Newfoundland is threatened with a sugar famine for an indefinite period, owing to the action of the International Sugar Committee at New York, cancelling all shipments of sugar, for Newfoundland. The Island has been on half rations of sugar for the last six months. Colonial food authorities cannot understand why this has been done and are endeavoring to secure a revision of the ruling.

WAR GARDEN BULLETIN.

SOME ILLS AND THEIR CURES

The insect world is at its busiest these days in the war gardens and it is important that the pests be given attention just as soon as they appear. Delay in spraying or removal may prove fatal.

The following table may help the war gardener to make the best of his beet crop:

Leaf Spot—(Red and purple spots, turning ash gray).

Remedy—Spray with Bordeaux mixture when plants are 3 to 4 inches high, repeating two and four weeks later.

Web worm—(Eats the leaves).

Remedy—Spray with arsenate of lead when worms appear; repeat when necessary.

Spinach aphid—(Sucks sap from leaves).

Remedy—Spray with nicotine sulphate when pests appear and repeat when necessary.

Beet-root aphid—(Sucks sap from roots).

Remedy—Pour a small amount of nicotine sulphate spray around roots and repeat if necessary.

MARITIME CASUALTY LIST.

INFANTRY.

Killed in Action.

C. Duffy, Nauwigewauk, N. B.

Gassed.

C. F. Hartlen, Halifax.

J. W. Kelley, Sydney.

MEDICAL SERVICES.

J. Stonge, Edmeston, N. B.

NOW EDITOR OF "CANADIAN BOY."

Mr. Percy Gibson having resigned from the editorship of the Educational Review, which he has controlled for the past two years, he now gives his full time to the Canadian Boy, the magazine which he commenced publishing in June of the present year, and which we wish every success.

Simple Herbs Cure Serious Troubles

MANY of the diseases of womanhood may be prevented with care. Unusual excitement—mental or physical—disturbs the delicate balance of woman's sensitive nerves, and upsets her whole system. At the first indication of nervousness or any irregularity, take

Dr. Wilson's HERBINE BITTERS

It's safe and certain—purely vegetable—regulates kidneys and bowels—overcomes headaches, indigestion, stomach trouble—purifies the blood—tones up and invigorates mind and body.

At most stores, 25c. a bottle; Family size, five times as large, \$1.

The Braxley Drug Company, Limited
St. John, N.B.

DR. CHARLES H. MORRIS AND WIFE OF MIDDLE MUSQUODOBOIT CELEBRATE GOLDEN WEDDING.

Faithfully Assisted by His Wife, Dr. Morris, Has for Fifty Years Practised His Noble Profession Among the People of Musquodoboit, and Being Still an Active Practitioner, He Holds a Unique Position Among the Physicians of Nova Scotia.

Middle Musquodoboit, July 6—Dr. Charles H. Morris, of Middle Musquodoboit and Mrs. Morris today celebrate the 50th anniversary of their wedded life, surrounded by their children and grand children from various parts of the world.

Dr. Morris has spent his whole professional life, over 50 years, in the same place and yet in good health and vigor, he still practises over a wide area. It is doubtful if this can be said of any other Nova Scotian physician.

On Saturday evening the doctor and Mrs. Morris were waited on by a committee representing the citizens and by a large body of residents and after the presentation to Mrs. Morris, of a bouquet by the young ladies, the following address was read:

Charles H. Morris, M. D., and Mrs. Morris:

"We, the residents of Middle Musquodoboit and the surrounding districts desire to extend to you our hearty congratulations on this, the celebration of the fiftieth anniversary of your marriage day.

"You, the doctor have spent these fifty years in our midst as a physician and surgeon and being still in active service, you occupy, we believe, a position of Nova Scotia in that regard. We trust that in the good Providence of God many more happy anniversaries may be vouchsafed to you both.

"You, have been enabled to rear and suitably equip a somewhat large family so that they are now filling with credit and distinction prominent positions both on land and sea.

"Coming here, as it were a boy, over fifty years ago yet fully equipped for your life work as our family physician, you the doctor have gone in and out amongst us and became one of us—in citizenship, in politics in the work for the advancement of temperance, and education and as a Christian—you have gone in and out amongst us healing the sick and binding up the wounded and ever striving in all things to do the right. Faithfully assisted by your partner in life 'more than one-half of yourself' in the surgery and otherwise, we are not long in being convinced that you came here to do your duty and you have done it. Not only professionally, but privately your life has been unexceptionable and when we needed you we always knew you were to be found totally free from the influence of both stimulants and narcotics.

"We rejoice, now that the fifty year mark is past, to see you both hale and hearty still fit for a measure of your life work and still determined to do it, and we are pleased to see, at this event, so many of your children and grand-children with you to 'rise up and call you blessed'.

"We, your friends and neighbors, wishing to show you both an appreciation of our heart-felt gratitude for your past work and of our good wishes for your future work ask you to accept this address, and the accompanying gifts with the hope again repeated that you both may be long spared to enjoy them and many other good things also.

"Signed on behalf to the residents:
J. Watson McCurdy.
James A. Sedgewick
John B. Reid, M.D.
John B. Archibald
Daniel Reid, J. P.
M. H. Guild, J. P.
Sidney L. McKeen
(Committee)

The citizens' gift consisted of a chiming clock and arm-chair.

Letters were read from E. T. Sibley of Stewiacke and other who were unable to attend and appreciative remarks were made by the chairman William McCurdy and a number of professional brethren present to join in the feeling of high regard for the Doctor and Mrs. Morris who for half a century "in season and out of season" have been found ever faithful and who are still at their post.

The Editor of the Truro News extends to Dr. and Mrs. Morris, hearty congratulations on his quite unique event (from a bachelor's standpoint) in human life—a Golden Wedding—and wishes them many more happy wedding anniversaries.

WHAT JOE HOWE SAID OF TRURO AND VICINITY IN 1835.

Joseph Howe, in the summer of 1835 paid a visit to the County of Colchester, and he appears to have been enraptured, as he thus gave his impression of the country:

"Although we should be well pleased, said Mr. Howe, to dwell in Truro all the days of our life, perhaps we may weary the gentle reader if we attempt to dwell on it much longer; so bidding farewell to its smiling scenery and hospitable inhabitants, we once more consign ourselves to the care of the stage, and turn our faces to the East.

"He must be a most ungracious traveler who having spent three or four summer days in Truro, should, in that time, have discovered anything to find fault with. There is so much to admire and amuse that for the souls of us we could not discover a single blemish; and having got quietly seated in the stage, were not a little astonished to hear our laudatory remarks on the village and villagers treated with the most sovereign commentary strain, was sure to interrupt by whistling, or by trundling from the storehouse of his imagination some crying sin or ungracious feature to set in opposition to our praises. At last he got so eloquent that we were constrained to hold our tongue and listen to something like regular summing up of all the abominations he could group together, and of which the following may be taken as what Hume would call 'the tottle of the whole'.

"If all the people were assembled round the base of Bible Hill, (said he) and I were on the top of it, let me tell you, sir, I would soon give them a piece of my mind. Talk of the beauty of prospect—to be sure it would be beautiful if it were not deformed by the dozens of dirty gables, that, turn where you will, are presented to the eye. Much use it was for Stepsure to hold them up to ridicule, I believe, instead of giving the people a hit, if he had given them whitewash, it would have had as little effect. And as to the high cultivation you talk of with the exception of Blanchard's and Whitter's diked fields, and a few others within the village, there is scarcely anything like regular and systematic farming to be found. Rob. Dickson's oatland farm is certainly an honor to Onslow, and he and some of his neighbors set praiseworthy examples to the country, but too many adhere to their old slovenly habits, and though they are eternally talking about the march of intellect, and political reformations, they take good care to have no reformations in agriculture, no ever to let intellect march over their fields, side by side with industry. Sir, if I had the people within the compass of my lungs, I would tell them that their masonic Lodge looks more like the Temple of Colacina than of Solomon; that they half starve their minister and ill treat their horses; that the capital wasting in harness and gigs, in meagre and inefficient horse flesh, cannot be less than \$3,200 per annum; and that the needless gossiping and neglect of domestic concerns, induced by the wretched conveyances, certainly amount to \$9,600; that early rising would materially improve their appetites and constitutions, and that a habit of prompt payment would save time, trouble and lawsuits. I would tell them (continued the old fellow gasping for breath) to leave off smuggling and ship building; or if they must build, to erect a temple in the shape of a ship and dedicate it to the Jack Ass. I would tell them to walk to meeting instead of riding like a parcel of devils to a carnival. I would tell them that though they have a creditable library, a debating club, and one of the most talented men in the province for a teacher, that they must either be deficient in either intelligence in or spirit to allow Truro to be turned into a rotten borough."

"Occasional" 7a Acadia Recorder.

BOY FROM BROOKLYN IS LATEST U. S. ACE

Lieut. James Armand Meissner Scores Two Confirmed Victories That Win Him Honor.

With the Americans on the Marne, July 8—Lieut. James Armand Meissner of Brooklyn is the newest American ace. Two additional victories, officially confirmed, won him the honor.

Lieut. Goodale, observer, and Lieut. Noyse, pilot, attacked by six German airmen, brought one down and escaped from the others.

Meissner is twenty-one years old. His parents, Mr. and Mrs. C. A. Meissner live at No. 45 Lenox Road, Flatbush. He was a junior at Cornell, when he enlisted. Following the bringing down of a German airplane last May, the Croix de Guerre, was awarded him. A month later his life was probably saved by Edna Rickensbecher, former automobile racing

"STANCO" CANADIAN PAINTS

Strictly Pure
White Lead in
Oil Goyt.
Standard

Boiled & Raw
Oil, Turpentine,
Dry Colors

All Guaranteed under
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A special paint for every purpose, and a choice of 32 shades are available in the high quality "STANCO" Canadian Paints.

Ready Mixed

For inside or outside work, here is a paint that is unsurpassed. Canadian made from start to finish, STANCO Paint is greatly in demand among particular painters.

Insist on "STANCO" at your paint shop.

STANDARD PAINT CO., OF CANADA, LIMITED,
MONTREAL TORONTO WINNIPEG VANCOUVER

Truro Agent:
R. O. McCURDY.

THEIR FINE CAR HAD THEM ON THE RIGHT ROAD.

They had lost their way in their new and expensive car.
"There's a sign, dear," she said to her husband, who got out of the car and flashed his flashlight on the board.
"Are we on the right road?" she asked.
He read: "To the Poorhouse."

"Yes," he answered, "We're on the right road and we didn't know it."

—Miss Jean Dunlop, Port Dufferin a Dalhousie student is attending a Y. M. C. A. Conference at Deep Brook, Annapolis Co. Quite a number of College girls were in attendance.—Annapolis Royal Spectator.

CANADA FOLLOWS LEAD OF ALLIES.

That Canada is one of the last nations engaged in the struggle against autocracy, to adopt the income tax, should not be regarded as meaning that this method of obtaining revenue has been unpopular at Ottawa, or that it has been grudgingly adopted as a measure of last resort. Hitherto Canada has obtained the necessary money with which to wage successful war, by means of domestic loans and various special war taxes—under the Special War Revenue Act, 1915—the increase of Customs and Excise duties, but the demands of the war are constantly growing and will continue to grow, until the only peace which Canada stands ready to accept is won. This necessitated the opening up of additional sources of revenue, and the income tax, based on the board principle of ability to pay, is one result.

All unmarried persons, or widows and widowers, without dependent children enjoying an income in excess of \$1,500, and all other persons enjoying an income in excess of \$3,000, come within the provisions of the act. The present duty of each of these is to obtain the forms fitting his or her particular case and to return them filled in to the proper inspector of taxation, before the 31st of March. Failure to comply with the precise provision of the law renders persons liable to heavy penalties, but it is not anticipated that the Canadian people, alive to the necessities of the hour, will do other than meet their War Government half way, in this latest call upon the nation's patriotism.

Her Retort.

He—"You haven't thought above a new hat." She—"And you haven't a thought worth mentioning under your old one."



as between POSTUM and other table beverages is in favor of the **Wholesome, Healthful** drink.

POSTUM

is all this and more. It's most delicious. Besides there's no waste, and these are days when one should save. Try INSTANT POSTUM

WONDERFUL PROCESS OF AN ELECTRIC COMPANY.

The Canadian General Electric Co., Ltd., was organized in 1892 by ten citizens of Toronto with a capital of \$10,000 "to enquire into the feasibility of establishing, in Toronto, electric light and power by means of underground wires."

This Company has now a capital of \$10,000,000; a surplus of \$4,000,000 and assets over \$25,000,000.

It owns 10 manufacturing establishments and has nearly 6,000 employees.

It has now a contract from the British Government to build four Steel steamships of 3,500 tons each.

IMPORTANT ORDER.

The Order, regarding vaccination of children attending the Schools of the town, after vacation, will be strictly enforced. Do not imagine their will be an exception to this; because there will be none, and the Order is strict and straight from the Board of Health.

Y. M. C. A. ROOMS OPEN IN THE EVENINGS.

The Y. M. C. A. Secretary is leaving town, but arrangements are being made to keep the rooms open in the evening from 7 to 10. All members and friends will be welcomed and are urged to make full use of rooms in evening.

A GREAT DASH.

The French have again broken thru German defences and have swept the enemy back in the big fight between the Aisne and the Marne.

For three miles they have hurled the Germans back to the depth of a mile. Most important positions have been taken and the French are established in unusually strong places.

MORE BOUQUETS FOR CANADA.

A powerful American paper, in speaking of the Canadian elections, says:

"The lesson for the American people is plain and impressive. Little Canada, with her eight millions of people, has already clothed more than 400,000 in khaki. Her casualties run well over 100,000. She has been three years and four months at war. Yet she votes by sweeping majorities to fight on at the top of her strength. There is no faltering, no pessimism, no hesitation north of the Canadian boundary. Can we tolerate any south of it?"

CANADA SETS GOOD EXAMPLE

Boston, Saturday—Doing your bit in the trenches of France will make you a better citizen when you return, if conditions in Canada are taken for an example, according to George C. Greener, director of the North Bennet Street Industrial School, who has just returned after a six week's trip thru Canadian Institutions caring for returned soldiers.

"The returned soldiers in Canada," said Mr. Greener yesterday on his return to Boston, "are the most optimistic set of men I have ever seen. Displaying a cheerfulness far above the normal, the returned cripples in Canada are being trained in large numbers to take their places in the industrial and commercial world thruout the Dominion and are making good

That very well known ditty "Foggy's a Jolly Good Fellow," is the remains of an old crusader's song of the 12th Century. It has come down to us with many variations and inestimable verbal appendages.

GERMAN FIENDISH CRUELTY

London, July 12—In the course of a lecture on the Zeelbrugge operation Naval Paymaster Collingwood Hughes, narrated today a story illustrative of German cruelty and callousness. He said a patrol boat discovered, a derelict German submarine from which it rescued the crew.

The commander was assured by the German captain that there were no others aboard and he was about to blow up the boat and sink her when he heard tapping from the inside. A search revealed four British seamen tied up as prisoners.

"The Germans," the lecturer added, "were going to allow these poor fellows to be hurled into eternity after their own lives had been saved."

ENORMOUS AUSTRIAN LOSSES.

Italian Army Headquarters, July 10.—Evidences secured from Austrian prisoners indicates that the Austro-Hungarian losses, during the recent offensive, were in the neighborhood of 250,000.

The prisoners say that corporal punishment in the Austrian army, which was abolished last year by Emperor Charles has been re-established in practice.

Other reports made by captives

tend to confirm accounts of poor wheat and potato crops in Austria. The condition of these crops is said to be particularly bad in Bohemia and in the region of Pilsen.

SUMMER COMPLAINT IS DANGEROUS.

The Old and the Young, the Strong and the Weak, are all affected the same.

There is not a summer passes without thousands of people being attacked by Summer Complaint.

The prostration, often verging on collapse—which sometimes accompanies this disease makes it one of the most serious and dangerous we have to contend with during the hot months.

Very few people escape an attack of summer complaint. It may be slight, or it may be severe, but nearly everyone is liable to it.

You cannot tell, when it seizes you, how it may end.

Let it go for a day or two only, and see how weak and prostrate it will leave you.

There is only one safe way to cure it, and that is by Dr. Fowler's Extract of Wild Strawberry. It has been on the market for the past 72 years, and has been proved and tried. You do not expect when you buy it.

Do not accept a substitute or imitation, as many of these may be positively dangerous to your health. Insist on having "Dr. Fowler's." It does not leave the bowels constipated.

Mrs. T. Haggarty, Algoma Mills, Ont., writes: "I must recommend your Dr. Fowler's Extract of Wild Strawberry. When my little boy was a year and two months old he had a bad attack of summer complaint. I got the doctor and he gave him some medicine, and said if that wouldn't do him good he could do no more for him. I wrote to my aunt and told her I was going to loose my little boy. She sent me a bottle of Dr. Fowler's Extract of Wild Strawberry, and I only gave him four doses when he was completely cured. It certainly saved my child's life."

Price, 35c. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.