e where of Paul lof you look in, un those

S."

ree cups f baking oda, one ter, salt, gg if you of flour.

ing.—To of apples poonfuls covered This is "boiled

g.-Two

easpoon-irds cup blespoon-spoonful evement. Eat with

idding.sh to use While in pieces, ur. Add and the scalding

al as it is less than

an hour -Heat lenty use oiling stir

er, but we together

onfuls of stir till it

desired It is nice sugar, but

he'p for the oly seived in

hardly an nardy and compete thest, and tful sense the entire althy men it to le deSLOW NORSON.

It is not, when we look that the autter, as a supering them, their is many perplain the country village of forms of supering them, their is an apprendict of the country that the country village of forms of supering them, the country village of forms of supering the supering the supering them, the country village of forms of supering the supering

that diphtheria and typhus and searled fevers and all the long train of zymotic diseases are generated in their system.

This bedroom, in most cases, we say, it a room on the ground floor, and generally opens out of the kitchen, it is usually small, and is so handlip placed that it is a species of catch-all for old clothes and the dois, and control of active shall for old clothes and the dois, and control of the shake state they would sell there is a stout chimney-board lest any ventilation possibly occur and give colds and rheumatisms by diluting the lukewarm, ress of the air already bottled up in the place; the door into the kitchen is perhaps for open, but the malarious fiends do their deadly work as well. Are there any hereditary germs of these in the standing and their list malarious fiends do their deadly work as well. Are there any hereditary germs of these in the place; the door into the kitchen is perhaps woollen clothes stemming and drying, perhaps several pipes smoking, the air is hardly an open question. Laborious, weary people sleep well, and the list malarious fiends do their deadly work as well. Are there any hereditary germs of tilesease in their system. Hat might are the control to the control of the

there in case of necessary abence. If you cannot provide a substitute yourself, let be superintendent know of your intended absence.

2. To gather and keep a class about you—not merely to teach those who happen to be present. You can easily enough gather a class by a word of invitation to the boys and gist playing about your streets, who do not go to any school. You can only keep a class by making them feel, both in the school and out of school, to at you are interested in them. Greet them with kind words whenever you meet them. Hunt them up as soon as they become irregular in attendance, the control of the boys is always a good boy.

4. Seep your class in order by giving them something else to think about than the relixed and jokes to which they will nature rally turn it left to themselves. An interested boy is always a good boy.

4. To interest your class in the lesson of the hour, because you have first become interested in it yourself, because you have been planning beforehand, how you shall interest them.

5. To set your class an example, not only of punctual and regular.