

yet they think nothing of the happiness of being able so easily and at all hours to approach the adorable Person of Jesus Christ.

When in the church we must never forget to worship the Sacred Heart of Jesus. This devotion is exceedingly pleasing to Him, and will prove of the greatest utility to those who practice it. Generally speaking, it is more profitable when we are in the Presence of Jesus Christ to meditate much and speak little. An affectionate silence, which is, one may say, the language of the heart, is very much more pleasing to our Blessed Lord in those visits than a great many vocal prayers said hurriedly and without attention. The exceeding love of Jesus for us, His goodness, gentleness, generosity and patience in this adorable mystery, ought to awaken in us the most tender affections.

These offerings of reverence, confidence, and tender love for Jesus Christ should occupy us nearly all the time. We ought to seek His presence in the same spirit and with the same intent as did the angels, the shepherds, and the Magi, who visited Him after His birth, namely, to adore Him; or, as did the Apostles, to adore His words and to learn of Him; or as did the Magdalene, prostrate at His feet, to weep for our sins; or, as did the sick, to ask of Him patience and healing; or, as did His Blessed Mother, pondering in her spotless heart His admirable perfections and growing ever more and more unto closer likeness to Him.

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