

Cure.—There is no medicine that can surpass the virtues of Burdock Blood Bitters, in perfectly and permanently curing Dyspepsia, as an abundance of testimony received from many a sufferer, who has been cured after all other means had failed, will prove.

The most strict attention must be given to diet, no liquid and especially hot tea or coffee should ever be used during meals. **Sour Stomach** should be counteracted by lime water given with milk, or by a draught of 10 grains Bicarbonate of Soda, and half a teaspoonful of Essence Peppermint in a quarter of a tumbler of cold water after meals. Eat nourishing, easily digested food, the more plain and simple the better, and take an abundance of pure air and agreeable exercise. **Heartburn** is a scalding eruction from the stomach, and a frequent attendant upon indigestion; it is relieved by the lime water or soda and peppermint recommended for sour stomach.

Diarrhœa and Dysentery.

Symptoms.—Diarrhœa consists of the looseness of the bowels generally, with pain more or less severe, and a general feeling of weakness and uneasiness.

Dysentery is an inflammation of the mucous membrane of the lower part of the bowels, is always painful, with great straining and frequent griping and a bearing down distress. The Evacuations become slimy and often bloody, there is more or less fever thirst and general prostration.

Cause.—Unwholesome diet, unripe fruits, drinking to excess even of cold water, indigestion, colds, bad air, bad drainage, neglected constipation, etc.

Cure.—There is no medicine known to science more successful or deservedly popular in curing Diarrhœa, Dysentery, Cholera, Cholera Infantum, and all summer complaints and fluxes than Dr. Fowler's Extract of Wild Strawberry, which has for nearly thirty years been the leading remedy in the market. Resort to this without delay. Let the diet be very light—a little scorched flour in milk, or parched rice, slippery elm water, etc., only should be allowed until danger is passed; remain at perfect rest in bed until all soreness and weakness of the bowels is over. Warm fomentations of hops, etc., to the abdomen are very serviceable. If very bilious sometimes a cathartic of Rhubarb or some mild medicine may be needed to carry off offending matter before the discharge is checked. Should the discharges prove obstinate injections of thin starch with 12 or 15 drops of Laudanum may be used. As the patient progresses light substances of a starchy or mucilaginous nature, like Irish moss jelly, oatmeal gruel, milk, toast, etc., may be given as food. Dr. Fowler's Wild Strawberry should be continued until the symptoms entirely disappear, and all danger of the disease is over.

Diphtheria.

Symptoms.—The first symptoms are those common to a cold and most low fevers. If the throat is dry and sore, and *brown or ash coloured spots appear in it, the disease is Diphtheria*, if only quinsy or ordinary sore throat, the passages are *red and shining*. In Diphtheria the patches or ulcers exude a foul mucous that forms into a tough leather-like membrane similar to croup. There is great prostration of the system, and a physician should early be consulted.

Cause.—Bad air, bad drainage, sewer gas, development of microscopic germs, etc.

Cure.—The system must be sustained with tonics like Quinine, Tincture of Iron, etc. A teaspoonful of sulphur in a tumbler of water may be used as a gargle, or 15 drops of Sulphuric Acid in a glass of water may be used as a gargle. In the absence of a physician, or the above remedies, Hagar's Yellow Oil may be used both internally and outwardly with benefit.