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later than noon on the Monday preceding publication. Campus events open to all members of the York community will be run, although some may be edited due to space limitations.

# University

**Problems? You got problems?**

## Your handy guide to Student Services

Student Services is a general term embracing a wide variety of people who work primarily with students. Last Friday over 50 Student Services people here on campus got together in a day-long conference with the aim of examining their roles, exchanging information, and discussing ways in which they might broaden their scope

and increase their effectiveness. The conference was organized primarily by Bob Colson, Student Liaison Officer for Bethune College and Stuart Keeley, formerly with Student Affairs. Below is your handy guide to who the Student Services people are, what they do and how they potentially can help you.

### Psychological Services

A human development centre, independent of both the psychology department and the university administration. Offers a wide variety of programs to help you read, listen, take notes, study and relax more effectively. Also weight reduction programs (see Barb Kirsh), group therapy, family and individual counselling. There's a program for tension control and, for those interested in hearing their own brains waves, an alpha waves feedback machine to plug into (see Mavis Dalzell). Located in Room 145, BSB. Telephone: 667-2304. Psych Services also has people in each of the colleges.

### Synapse

A Psych Services project. Currently helping students apply for Opportunities for Youth grants, arranging projects, co-ordinating interested people and ideas. Operating out of the Information Booth, Central Square, Mondays, Tuesdays and Thursdays, 10 a.m. till 2 p.m. Also aims at helping York people get involved in outside community volunteer work — nursery schools for immigrant children, citizen and tenant groups etc. You can find Synapse in Room 139, Winters College, Monday, Wednesday and Friday, 10 a.m. — 2 p.m.; or telephone 667-3885 or 667-2378.

### Information York

Got a question, any question? Take it to Information York, manned by Psych Services people in the booth right beside the barber shop in Central Square. Whether it's How-To-Get-To-Steacie? or What's-The-Bus-Timetable? they can probably answer your questions on the spot. They're there 11 a.m. to 2 p.m., Monday to Friday. Or telephone 667-3580 during those hours.



### Career Counselling

Wondering how to write a curriculum vitae? How to arrange for job interviews? Career counselling is available 9 a.m. — 5 p.m., Monday to Friday from Dr. Hy Day, psychology grads and counsellors. A Psych Services project, its home base is Room 101, BSB. Telephone 667-2374.

### Safety and Security

The "campus cops" look after parking and traffic, safety, fire and security. They urge that all incidents of theft, vandalism, and any suspicious persons seen loitering in buildings or the parking lots be reported to them immediately, anonymously, if you wish. Call them at 667-3767 or after hours at the Emergency number 667-3333. Safety and Security also runs the Lost and Found Office, Room A7, TOB. You can hunt for your lost belongings there, 9 a.m. — 10 a.m. and 1 p.m. — 5 p.m., Monday to Friday.

### York Cooperative Daycare Centre

York's Cooperative Daycare Centre can accommodate 65 children of York students, faculty and staff. Right now there are openings for four infants, aged six weeks to 18 months. Cost is \$60 a month plus four hours participation a week. This includes diaper service. If you would be interested in part-time daycare for infants call Maria de Wit at 667-3273. The Centre will be open over the summer for children six weeks to five years of age. Non-participation fees will be \$95 a month. Wise to register now by calling 667-3273. York Daycare is located in Grad Residence No.3 (toddlers and pre-schoolers) and No.4 (infants).

### York Enquiry Service

The York Enquiry Service was set up primarily as a link between the university and prospective students. The YES people can supply prompt and accurate answers to any questions about York admissions, programs, counselling services, fees etc. They also receive and answer calls on such matters

from undergrads. They're located in Steacie Science Library and are open 9 a.m. to 7 p.m., Monday to Friday and 10 a.m. — 2 p.m., Saturday. Academic Services (487-6211) at York Hall, Glendon College, supplies a similar service expressly for students of that campus.

### Communications:

#### Telephone numbers to remember

If calling from off campus, prefix the number with 667 3333. Remember this. In time of emergency, on or off campus use it. Specially trained emergency operators man the switchboard 24 hours a day. They can relay your call immediately to mobile campus Safety and Security guards, Health Services, Psych Services Physical Plant or whatever. They've dealt with bomb threats, suicide attempts, heart attacks and burglaries. If you're trapped in an elevator, they're the people you talk to on the emergency elevator phone. They also handle milder crises — helping you if you get locked out of your room or office and answering inquiries. If they can't solve your problem they can put you through to people who can. Dial "0" for campus directory assistance — in other words, to find out the phone number of somebody on campus. 3580 — see Information York 2211 — see Y.E.S.

### Student Placement

In other words, this is the Canada Manpower office. Located in Room 43, TOB, the student placement people offer career counselling and will attempt to find you a summer job and employment after graduation. They look after recruitment on campus and are open 9 till 5, Monday to Friday. Telephone 667-2417 or 667-3761.

### Student Liaison

You'll find these people — Assistants to the Master, Admin. Assistants, Student Liaison Officers, Senior Tutors etc — in each college. Their functions vary with the college but basically they offer fountains of advice, information, phone numbers, literature and consolation. They're white knights who can help you find a place to live, get the loans, grants or bursaries to afford it, change courses and survive the traumas of doing so. In general they can tell you where to find things, who to ask, and how to get through all the red tape.

### Health Services

Three doctors, two dentists and one optometrist now have offices in the Vanier Residence. To see a doctor go to Room 201 Vanier. No appointment is necessary — they'll see you on a first-come first-served basis. Doctors' hours are 10 a.m. — 4 p.m., but registered nurses are on call 24 hours a day. All consultations are strictly confidential, whether you want allergy injections, tests for VD, pregnancy tests or letters of referral for an abortion. OHIP does not send statements to your address — an agreement reached through the Ontario College Health Association. Health Services telephone number is 667-2345. An appointment is advisable to see the optometrist (on campus Monday, Tuesday and Thursday, 9 a.m. — 12 noon) and the dentists (Monday to Friday). They're located in 105A, Vanier Common Room. Telephone 667-6327.

### \$\$\$ Student Awards \$\$\$

Administers the government assistance program including Ontario Student Awards Plan loans and grants. Also handles privately donated bursaries and scholarships and university bursaries and scholarships. It's too late to apply for anything this year — January 30 was the cut-off date for applying for government awards and all bursary funds have already been awarded. As for next year, you can start applying for government financial assistance in late March — or early April. You can't apply for most undergraduate bursaries or scholarships until September. The Student Awards people also give financial counselling. You can find them in Room 110A Steacie. Telephone: 667-2542 or 667-3263.

### Student Programs

Most Faculties have a Student Programs office. Their functions differ according to the Faculty, but in general they're concerned with your academic life. This is the place you go to if you're not sure of degree requirements and Faculty regulations. Student Programs can help you if there are mix-ups in your timetable, if you want to change courses, transfer to another Faculty, petition against regulations, find out your standing or grades. In general they can give you academic information and direction and often give academic and personal counselling. Their offices are located as follows: Arts — S804 Ross; Atkinson — 150 Atkinson; Fine Arts — 248A BSB; Science — 107 Steacie.

### Counselling for non-Ontario grads

If you're a grad student from outside Ontario or outside Canada, you've probably already met Mary Junjek. She's a Student Advisor and initially meets out-of-province graduate students at the airport or train station. Helping them with housing arrangements and familiarizing them with both York and Toronto is just a part of her job. She also offers counselling for immigration, practical, and personal problems and hosts an International Lunch every Thursday at 12:30 p.m. in her office, 904N Ross. Wednesday and Sunday evenings, she holds pot-luck suppers and get-togethers in the Grad Studies Apartment, No. 1100, 4 Assiniboine Road, or at her own home. Mrs. Junjek's office number is 667-3643.