PREFACE.

My object in introducing this little volume to the public, is to try and place before the people the way they are misled in the treatment of consumption. Previous to this, nearly all the treatment for this disease is used wrong end foremost, placed on the front of the body of the poor sufferer in place of the back, and everything else accordingly, as the perusal of the pages of this little volume will show you.

Knowing what I know about this disease and now to manage it, for I have come through it, I think I would be committing a great sin in the sight of my Maker, not to try and bring it before the people in its true simplicity, when the remedies are so simple and so easily attained, and not far to seek.

Hoping this little volume will get into every home and prove a blessing to every family, I send it forth to enlighten the people and to try and drive that much dreaded disease, consumption, from our land. If the people will only take hold of this little volume and adhere to the rules laid down in it for the cure, and for the prevention of that much dreaded disease, consumption, in the course of time, our successors will not need to dread that now much dreaded and too often fatal malady.

ELIZABETH KUCHENMASTER.