ITEE INFERIEURE

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Japleton Place Kerald

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Carleton Place, Ont

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"Three years ago, I began to feel run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-tives', I thought I would try them.

The result was surprising.

I have not had an hour's sickness since I commenced using 'Fruit-atives', and I know now what I have not known for a good many yearsthat is, the blessing of a healthy body and clear thinking brain". WALTER J. MARRIOTT.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

War Savings and Thrift Stamps Beat the Money Box

The childrens' money box on the mantel shelf has, in the past, done good work, having gathered in tens of thousands of dollars, which, had it not been there, would never have been saved. To manter shelf has, in the past, done good work, having gathered in tens of thousands of dollars, which, had it not been there, would never have been saved. To many generations it has been one of the best possible object lessons, of the value of saving. It has taught the lesson of thrift better than almost any teacher could have done. But the money box, though it has rendered splendid service, has its limitations. All that it does is to take care of the pennies, the dimes, or the 25 cent pieces, preventing them for a time being squandered. But, in comparison with later saving devices, its chief defect is that while it holds money it does not enable the money to earn anything. This is where War Savings of more than the ordinary type of man. it does not enable the money to earn anything. This is where War Savings Stamps have a decided advantage over short visit to their son Robert at Hall's Stamps have a decided advantage over the money box. As soon as \$4 is put into one of these it begins to earn at the rate of 4½ per cent compounded half-yearly. This means that if allowed to remain in Stamps, it would double itself within less than 15 years. Money put into a box and allowed to remain there would not be spent, but it would earn nothing. The moral is—buy War Savings and Thrife Stamps and let your savings work.

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Celery Gulture

Celery is a moisture-loving plant and does well especially in muck soils, a lathough excellent celery can be grown on ordinary garden lowm of a lighter character more especially if moist. The plants are slow to devolop in their early stages. For a late crop the seed should be sown from the middle to the latter part of April. The old plan of digging a trench is not now practised by commercial celery growers. It is considered better to grow the crop on the level and mould up the soil, or to blanch the crop by means of boards or pliable blanching material resembling "ready roofing" which may be used to keep the plants together and exclude the light. This subject, as well as onion culture and asparagus culture, is quite fully covered in Pamphlet No. 24 of the Central Experimental Farms, available at the Publications Branch of the Depart tral Experimental Farms, available at the Publications Branch of the Depart-ment of Agriculture at Ottawa.

Woman Cause of the War

The New York War Camp Community Service sent out the following with the note: "This may add to the gayety of nations!"

It was a woman who caused the great war, and the secret was disclosed last night at the New York War Camp Community Service, when two members of the "Old Fiftieth," (colored regiauses of the confict.

"Doan' you know who started this ere war?" one asked.

"Shuah; I reckon the Kaiser did," answered the other.
"Kaiser!" retorted the first in scorn. "I done got inside information about dat and I found out de war started about a woman, just like all de other wars.

Appeal to Zoology

A woman recently selecting a hat at "Well, said the farmer, "I ain t a goin' to say a word against any man that fit in the war to save the Union, but I notify you right here and now I ain't goin' to hire no brigadier general."

"Oh, no, madam," said the milliner.

"But did they not belong to some bird?" persisted the lady.

"Well, madam," returned the milliner,

pleasantly, "these feathers are the feathers of a howl, and the howl, you know, madam, seein' as 'ow fond he is of mice, is more of a cat than a bird."

Cure That Cold Don't Get Grippe

You know how quickly Zutoo tablets cure headache and break up colds—how soon they allay the fever.

Take them at once when you feel the first pain or shiver—the first symptom of a cold.

LANARK

rom the gra.

Mr. Albert Warren of Brightside has purchased the property at the old toll gate, owned by Mrs. Harry Buffam.

Corp. Arthur Somerville arrived in the village this morning on his way home to his parents, Mr and Mrs. John T. Somerville, Middleville.

Sergt. Peter McLaren, who has been awaiting his discharge in Montreal,

sergt. Peter McLaren, who has been awaiting his discharge in Montreal, returned to his home in Drummond last Saturday. Sergt. McLaren is a son of Mr. David McLaren and enlisted in Grand Prairie, Man. In 1916 he went overseas with the 66th Edmonton Rattalion. It is twenty nine were since during that time, with the exception of the last three years, he has lived in the

West.

On Friday last, March 21st, Mrs.
James Wark closed her eyes in death after having suffered for about a year from the disabilities of increasing years.
She lived with her daughter, Mrs. John Sweeney, Marble Bluff. Mrs. Wark was a native of Darling, born there 84 years ago; her maiden name was Agnes Pretty. Mr. Wark predeceased her a number of years ago. Two brothers and one sister survive—George at Darling, Daniel at Ashton and Mrs. Olden Bradford at Calabogie. Mrs. Wark has resided in Darling to the end. A splendid neighbor, with the kindness A splendid neighbor, with the kindness and generosity characteristic of her race, she was the mother of a family of nice

short visit to their son Robert at Hall's Mills, where he was taken ill and in less than a week the busy life had closed;

ANY CASE sour stomach, gas or constitution and prevents appendicitis. The INSTANT, pleasant action of Adler-i-ka surprises both doctors and patients. It removes foul matter which poisoned your stomach for months.

W. J. Hughes, druggist.

No Brigadier-Generals for Him

One day after the civil war a man who was riding through the farming districts of the Middle West stopped by the wayside to talk with a farmer Community Service, when two members of the "Old Fiftieth," (colored regiment), got into an argument about the causes of the confict.

Several men were working in the field and the traveler was interested to learn that most of them had been soldiers in the war and that among them were a number who had been officers.

"That man over there," said the

farmer "happens to have been a private but the man next to him was a corporal

that chap over there was a major, and over in the next field is a man who was "Indeed," said the traveler, "" what

Yassah, my Captain says so dis morning. He says: 'Dis yere war was started all on account of Alice Lorraine! Corse, I donno who Miss Lorraine is, but I know she's de lady what made all the trouble."

'Indeed," said the traveler, "what kind of workmen are they?" "Well," said the farmer, "the private is a first-class man and the corporal is a pretty good worker." "Yes," said the traveler. "How about the wairs."

about the major?"
"He's about so-so."
"But the colonel?" persisted the

traveler.
"Well,' said the farmer, "I ain't a

How He Got Back

Sid, the barber, has a new one. A Boston lady, anxious to help entertain the returning Doughboys, telephoned to headquarters to send up three or four of the privates to dine. "But," she added, the privates to dine. "But," s
"please do not send any Jews."

Next day when the maid answered the door bell three strapping colored men in uniform confronted her and asked for the lady of the house.
"There are three soldiers at the door," she told her mistress.

"Show them into the parlor," she was nstructed.

When the mistress came down and

aw the soldiers she was somewhat

first pain or shiver—the most of a cold.

Taken then, they will prevent the Grippe. Taken after it has developed, there is nothing better for the pain and fever.

Take Zutoo

sent up here, are years "Headquarters, ma'am," was the reply.

"Yes, I know," she continued, "but what was the name of the officer."

"Lieut. Louis Cohen," was the reply.

NEWSBOYS ON BATTLE FRONT

Belgian and French Youngsters Take Great Risks While Distributing Papers to the Soldiers.

During the first days of the war British soldiers going up to Mons from Boulogne were hailed by an ancient French dame with her only British phrase, "Da-e-ly Ma-i-l." She did her best. Since those far-off days "Da-e-ly Ma-i-l" has been called by the little Belgian and French boys and girls all Mr. David McLaren and enlisted in Grand Prairie, Man. In 1916 he went overseas with the 66th Edmonton Battalion. It is twenty-nine years since he left his home in Drummond and during that time, with the exception of Daily Mail arrived at a distributing center by train just as the advan

wave of Germans threatened to pour over the line.

Prompt to the occasion the parcels were selzed by the soldiers and thrown into the gap. Surely no news-

Three times the Daily Mail has heard through advanced line distributing agents of paper sellers shot by snipers' bullets while making their way along the trenches.

GEN. FUKUSHIMA.

Famous Japanese Military Leader Is

Dead.

Gen. Baron Yasumasa Fukushima died in Tokio on Feb. 19th, as the result of an attack of apoplexy.

Gen. Fukushima, who was regarded as one of the ablest, best-equipped men who had ever been at the head of the military affairs of Japan, was born at Matsumoto in 1853, in the Shinano Province, his family being very poor Samurai. He began life for himself as a drummer boy in a regiment of his prince's clan, having learned to drum in a modernized military school established by the Sliogun. To qualify himself for a post in the newly organized Judicial Department of the re-established Central Government of the Emperor, young Fukushima studied modern languages assiduously. He was employed in that department only one year, 1874, as the next year he was transferred to the General Staff office. While a clerk there he added a special proficiency in geography to his other attainments. In 1876 he was despatched to the United States for inspection of military affairs, and in 1887 became Military Attache to the Japanese Legation in Berlin.

In the Chino-Japanese war Fukushima was chief of staff of the 5th Divison, and then of the First Army

In the Chino-Japanese war Fukushima/was chief of staff of the 5th Divison, and then of the First Army under Gen. Yamagata. During the Boxer trouble in 1900 he gained international fame as commander of the Japanese contingent and staff officer of the allied troops in Pekin. In the Russo-Japanese war Fukushima was on the staff of the Manchurian army under Marshal Prince Oyama. At the conclusion of this war he was made a vice chief of the General Staff, occupying this post until 1912, when he was appointed Governor-General of Kwangtung. He was promoted to a full generalship in 1914, and later was placed on the reserve list. Gen. Fuplaced on the reserve list. Gen. Fu-kushima was created a baron in 1906, in recognition of his meritor-ious service to the state during the Russo-Japanese war.

Gen. Fukushima in 1892-93 made a perifous ride across Siberia. Ac-companied only by an orderly, he made a trip on horseback across Si-beria from Moscow to Vladivostok, traversing the almost untrodden wilderness when very little was then known about the region. During the trip the then Mapor Fukushima sueceeded in climbing the highest peak of the Altain Mountains, in Mongolia. Arriving at the summit, he addressed

the mountain as follows:
"I, Yasumasa Fukushima, major
of the Imperial Japanese army, now on your summit. Lo and b hold, I have now conquered you, and

It was as a result of this trip that Fukushima, then virtually unknown, became famous. Songs eulogizing his exploit were composed by Japanese musicians, and were long used in barracks and schools. The Emperor promoted him to the rank of colonel before he reached home. Gen. Fuku-shima spoke English, French, Ger-man, Russian, and Chinese with equal facility.

Americans Should Eat Fish. Americans are deficient as fish eat ers, compared with inhabitants of foreign countries. Less than two pounds per head is the yearly consumption of salt and smoked fish in this country. For the winter's supply, sait fish can be laid in and, pound for pound, fur-nish much more nutriment than fresh fish. This is because curing extracts a large part of the water, and what is left is nearly all solid food.—People's

MANTEL CLOCKS

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are worth a guinea a box

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Use SUNLIGHT Flour

It will please you. H. BROWN & SONS

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