

GOOD BLOOD THE SECRET OF HEALTH

To Be Healthy You Must Keep the Blood Rich, Red and Pure

Dr. Williams' Pink Pills are useful in any disease caused by thin or impure blood, and the list of such diseases is astonishingly large. Anemia literally means a condition in which the blood is thin and watery. In rheumatism the blood becomes thin more rapidly than in any other disease. After an attack of influenza or acute fevers the blood is always thin and impure, and Dr. Williams' Pink Pills are the tonic to use during convalescence. When the blood is poor and thin the stomach suffers. The food ferments, gas and certain acids form and the trouble is pronounced indigestion, dyspepsia, flatulency, nervousness, and every nerve in the human body, thus driving out disease and bringing renewed health and strength to thousands of weak, dependent people.

A LOVELY EVENING CLOAK



This is of the softest electric blue silk broche, artistically draped with black chiffon velvet, supplemented by a becoming hood surmounted with a snow-white fox collar.

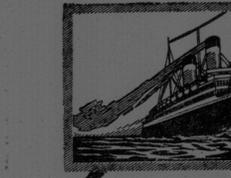
THERE'S A SNAP IN THE WAY OF A CIVIC JOB

Kingston, Ont., Jan. 28.—Under the heading of "A Hustler Wsaled," the village of Athens asks for a man to fill the following duties: Assessor, collector, village constable, janitor of town hall, caretaker of fire engine, weed inspector, trussery officer, collector of poll tax, to enforce all village by-laws, and to give his entire time to work of the corporation.

Kidney and Bladder Trouble Causes Great Distress

It gives me great pleasure to recommend Dr. Kilmer's Swamp-Root to any one suffering from bladder trouble. For four years I was troubled by hemorrhages from the bladder and was not able to get any doctor who could help me. It was impossible for me to straighten up. Mr. Henry, one of our leading druggists, advised Dr. Kilmer's Swamp-Root. Although I never had any faith in patent medicines, as a last resort I purchased a dollar bottle of Swamp Root. I noticed a decided change and after using two bottles I was completely cured. It seemed remarkable that I should be cured so quickly after being ill so long. But since this took place nearly two years ago, I have never been troubled and would highly advise any one suffering from the same trouble to at least give Swamp-Root a trial and I think the result will be the same as mine.

Yours very truly, THOMAS A. BENNETT, Greensburg, Ind. Personally appeared before me this 14th day of February, 1913, Mr. T. A. Bennett, who subscribed the above statement and made oath that the same is true in substance and in fact. L. A. BOWER, Notary Public.



Enjoy Every Hour of your Ocean Voyage Now in Commission R. M. S. ALSATIAN. Largest and Most Luxuriously Equipped Steamer on Canadian Route. Public Rooms include Lounge, Library and Writing Rooms, Grill Room on Upper Promenade Deck, Gymnasium and Smoking Rooms, 6 Electric Elevators serving all Passenger Decks. A Special Feature is the large number of state rooms fitted for one passenger only. Orchestra carried. WILL SAIL FROM HALIFAX, N.S. Saturday, January 31st. FOR RATES AND ALL FURTHER PARTICULARS, APPLY ANY AGENT OR THE ALLAN LINE STEAMSHIP CO. H. & A. ALLAN GENERAL AGENTS, MONTREAL.

OPERA HOUSE NEWS

A Character There may be characters in this world like David Hahn and if so, we should like to meet them. His is a nature that makes the world better and an acquaintance with him makes life worth living.

Ayer's Sarsaparilla Changes tendency toward disease to tendency toward health. No alcohol. Sold for 60 years. Ask Your Doctor.

Whooping Cough, Vapo-Cresolene. A simple, safe and effective treatment for bronchitis, croup, asthma, coughs, colds, catarrh, etc. It is a boon to sufferers from Asthma. The relief is instantaneous. It is available to sufferers with young children. Send postal for descriptive booklet.

USE ABSORBINE JR. LINDENBY Swollen Varicose Veins Painful, Tortured, Ulcerated, Ruptured, Itching, Burning, Itching, Burning, Itching, Burning. It takes out the poison from the blood, relieves the pain and irritation, reduces the swelling, restores the normal circulation, and restores the normal color and appearance of the skin. It is a safe, pleasant, antiseptic liniment, healing and soothing. Sore cases where veins have ulcerated and broken have been completely and permanently cured. Full size bottles of Absorbine Jr. are \$1.00 and \$2.00 per bottle at retail prices. Write for descriptive booklet, enclosed on request and Book 6 G free on request. W. F. YOUNG, P.D.F., 7 Lyman Bldg., Montreal, C.

WANT \$15,000,000 FROM THE GOVERNMENT FOR MONTREAL HARBOR WORK

Ottawa, Jan. 28.—Further extensive improvements designed to make Montreal one of the best equipped ports in the world are behind an application which has been made to the government by the harbor commission for a large loan. The amount, it is understood, is \$15,000,000. A good deal has been accomplished already, but the commission has ambitious plans for further improvements, the expenditure to be spread over a term of years. They will be made systematically from season to season as part of a general scheme, and each year's plans for the works in contemplation will be drawn up and submitted to the government for approval. Generally speaking, the money is sought for extension of the wharves and docks and the construction of additional sheds. The elevator capacity of the port is likewise to be increased to take care of the augmented requirements of the grain trade. A new plan being evolved is the elevation of the tracks of the railway operated by the commission, while it is proposed that electrically instead of steam shall be the motive force. Improvements to the Lachine Canal entrance, the reduction of river currents, construction of bridges and gangways and dredging are also proposed, together with the retirement of unsatisfactory structures. The application will be considered by the government and there is little question that a bill giving effect to the request will be introduced, authorizing advances from year to year to carry out the projected undertakings.

FREE TRIAL

If Pills are unknown to you, cut out this article, write upon it name and date of this paper, and mail it with 10-cent stamp for return postage to Pepp Co., Toronto, Ontario. We will send you free sample. Your druggist or dealer sells Pepp at 60c. box; 3 for \$1.50. Do not buy under the name "Pepp" and take no substitute.

Pepp

MANY MONTANA MARRIAGES VOID

Helena, Mont., Jan. 27.—Hundreds of marriages in Montana are rendered invalid by a decision handed down today by Judge Smith in denying the application of Henry C. Cotter, of Spokane, for appointment as special administrator of the estate of Mamie Cruse Cotter, his supposed wife. Judge Smith held that the marriage of Miss Cruse to Cotter, ten months after she had divorced Alva O'Brien of New York, was invalid under the Montana law prohibiting the marriage of an innocent divorced person within two years, and a person divorced for cause within three years. An attempt was made to repeal this law in 1905, but it failed. Since that time it had come to be so generally disregarded that few persons were aware that it was on the statute books. Winnipeg, Jan. 27.—While preparing to leave his home to go to his office, Daniel Parker, passenger agent for the Chicago, Milwaukee & St. Paul railway, and a well known figure in railway circles, dropped in the street and was sixty years old and had been a resident of Manitoba for thirty years.

INSANE NATION IN 400 YEARS, SAYS DR. HILLIS Typical Building of Century Today is Asylum. Noted Brooklyn Minister Tells Race Students.

ECZEMA ITCHED AND BURNED

Rash on Legs and Back. Scratching Irritated Breaking Out. Used Cuticura Ointment. Disease Vanished.

Kentville, N. S.—"For about five years I was bothered with a light rash which would appear most heavily on my legs and back. This troubled me most in the spring of the year. They said it was eczema. The eczema itched and burned and my scratching irritated the breaking out. After it broke out I could not obtain any rest at night. I used all the patent preparations on the market but they only seemed to increase the suffering and afforded me no relief whatever. About this time a friend recommended Cuticura Ointment to me. However, I lost faith in all remedies and told him so, but he insisted that I try Cuticura Ointment so I purchased a box. The first application gave relief and in about a week the sores were healing and I was able to obtain a good night's rest, the first I had enjoyed for many months. I continued the treatment for another month and by that time all signs of the disease had vanished." (Signed) Willard P. Allen, May 18, 1913. For more than a generation Cuticura Soap and Cuticura Ointment have afforded the most economical treatment for affections of the skin and scalp that torture, itch, burn, scale, and destroy sleep. Sold everywhere. Sample of each mailed free, with 32-p. Skin Book. Address post-card, Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

ANEMIA BLOOD POVERTY AND DEVELOPS AT ANY AGE

checks and lips become pale, the body is languid and colds are easily contracted—it undermines the very source of health and must have immediate treatment. Drugs or alcoholic mixtures cannot make blood. Nourishment is necessary and Scott's Emulsion is always the physicians' favorite—it concentrates the blood with red corpuscles, feeds the famished tissues and carries food value to every tiny nerve and fibre in a natural, easy way. Take Scott's Emulsion to enrich your blood but shun the alcoholic substitutes.

YOU SHOULD HAVE

one of our... Solid Comfort Chairs priced just right.

A complete line, to pick from, in the latest woods and coverings.

Morris Chairs, upholstered spring seat and back in solid Oak frame, \$5.95 up.

Call and Get Our Prices. We Guarantee Satisfaction. Watch This Space.

The Glenwood Ash Chute

No more ashes to carry; no clumsy ash-pan to spill dust or dirt on the kitchen floor. The GLENWOOD ash chute solves the problem. It is situated just beneath the grate and connected by a sheet iron pipe, straight down through the kitchen floor to the ash barrel in the cellar. No dust can escape—just slide the damper once each day and drop the ashes directly into the ash barrel. This is only one of the splendid improvements of the plain CABINET GLENWOOD—the range without ornamental or fancy nickel.

At least one-half of all GLENWOODS are sold through the enthusiastic recommendation of a satisfied user.

McLean Holt & Co. Limited 155 UNION ST. ST. JOHN, N. B.

SHIPPING

ALMANAC FOR ST JOHN, JAN 28. High Tide... 0.51. Low Tide... 7.35. Sun Rises... 7.54. Sun Sets... 5.19. Time used is Atlantic standard.

PORT OF ST JOHN. Arrived Yesterday. Stur Heathcote, 1485, Muir, Louisburg, Starr, with coal.

CANADIAN PORTS. Halifax, Jan 27—Ard, stmr Prestonian, Glasgow; Kanawha, London; Manchester Port, Manchester; schr Percy B, Perth Amboy.

FOREIGN PORTS. Gloucester, Mass, Jan 27—Ard, schr Ernest T Lee, Calais. Vineyard Haven, Jan 27—Sld, schr Willie L Maxwell, Amherst (N S); R Bowers, Calais.

MARINE NOTES. Royal mail steamship Royal Edward will steam this afternoon for Bristol direct, with 400 passengers and a cargo of package freight and flour. Royal mail steamship Carquet docked at Pettigill's at noon yesterday. Steamship Hollington will steam today for Australia and New Zealand with a full cargo of freight, including a large shipment of automobiles. Donaldson liner Cassandra will steam from Glasgow on Saturday for St. John.

VESSELS IN PORT. Steamers. Carquet, 2,975, West Indies, Wm Thomson Co, Pettigill's. Hollington, 2,728, Australia and New Zealand, J T Knight Co, No 7. Montezuma, 5,338, London and Antwerp, C P R, No 4. Pomeranian, 2,694, London and Havre, Wm Thomson Co, I C R. Ramore Head, 2,213, Robt Reford Co, McLeod's. Royal Edward, 5,869, Bristol, C N R, I C R. Schooners Not Cleared. Calabria, 431, J Splane, laid up. Cora May, 117, N C Scott. Doane, 359, J E Moore. E M Roberts, 285, R C Elkin.

STEAMERS BOUND FOR ST JOHN. Ruthenia, 4,714, Naples, Jan 14. Manchester Port, 2,692, Manchester, Jan 10. Kanawha, 2,492, London, Jan 15. Orithia, 2,694, Glasgow, Jan 17. Manchester Mariner, 5,972, Manchester, Jan 18. Mount Royal, 5,826, Antwerp, Jan 21. Gramplan, 7,033, Liverpool, Jan 21. Manchester Importer, 2,598, Manchester, Jan 24. Inishowen Head, 1,988, Antrossan, Jan 24.

"Courage" is one of the world's greatest words. It has mounted the past with its deeds, and it carries the future in its dream.

A Plain Business Proposition

Can you afford to go on suffering from biliousness, sleeplessness, heart flutter and various other troubles so often brought on by tea or coffee drinking, just because you like it?

Thousands have quit tea and coffee and are using Postum, and to their joy find that the annoying troubles have quickly disappeared. Not only that, but they find Postum a delightful beverage, with a rich, snappy flavour, distinctively its own.

Postum, unlike tea and coffee, contains no caffeine nor other drug. Made only from clean hard wheat, with a small per cent. of New Orleans molasses, it is a pure, wholesome food-drink which can be freely enjoyed with benefit by all the family.

Postum now comes in two forms: Regular Postum—must be boiled 15 to 20 minutes. Instant Postum—is a soluble powder. A scant teaspoonful to each cup of hot water dissolves instantly.

The convenience of Instant Postum is apparent. But, when prepared according to directions both kinds are exactly the same. The cost per cup is about the same.

Grocers everywhere sell both kinds.

If coffee don't agree, try POSTUM "There's a Reason"

CANADIAN POSTUM CEREAL CO., LTD., WINDSOR, ONT.

