

Q. Is it enough to detest only a part of our mortal sins ?

A. No; because Contrition ought to be *universal*.

Q. May we limit the resolution of not offending God, to some days or months ?

A. No; we must resolve never to offend him.

§ 5.

*Exercise for Confession.*

Q. **W**HEN the time of Confession is come, what are we to do ?

A. We should kneel down alongside of the Confessor, so as not to look him in the face, make the sign of the cross, and say :—

In English.  
Give me your blessing, Father, for I have sinned.

I confess to Almighty God, &c.

As far as, *Trough my fault.* page 8.

In Latin.  
*Benedic mihi, Pater, quia peccavi.*

*Confiteor Deo omnipotenti, &c.*

As far as, *Meâ culpâ.*—page 8.

Q. What is to be done afterwards ?

A. Declare how long it is since you have been to Confession ; whether you