

Simplified Format

Nutrition Facts

Serving Size 1 cup (253 g)

Servings Per Container 4

Amount Per Serving

Calories 260 Calories from Fat 70

% Daily Value*

Total Fat 8g 13%

Saturated Fat 3g 17%

Cholesterol 130mg 44%

Sodium 1010mg 42%

Total Carbohydrate 22g 7%

Protein 25g

Vitamin A 35% • Vitamin C 2%

Calcium 6% • Iron 30%

Not a significant source of dietary
fiber and sugars.

*Percent Daily Values are based
on a 2,000 calorie diet.

(Consult FDA regulation for
specific requirements on type
size, spacing and other graphic
elements.)