remember that no student is worth much in the church who is not beaten out of all satisfaction with himself and made to see that in preaching the way to service is the way of growth and continuous re-adjustment.-Contributed.

## পrthletics.

## Ring and Mat.

THE preliminaries for the annual assault-at-arms were held Saturday, and afforded some fine exhibitions of the manly arts. Greater interest has been taken this year in boxing and wrestling than ever before. Last year in the Intercollegiate mect we succeeded in winning seven out of the ten events, and there is an eager desire among the followers of the game to duplicate the feat. This year, for the first time, regular hours have been given each week for practice. Some weeks ago an instructor was engaged for the boxers, and he has a pretty busy night of it whenever he comes, for there is lots of good material.

The men who win their ' $Q$ 's' in boxing, fencing and wrestling deserve them about as much as any one in the University. They have to train consistently, and usually deny themselves much to get down to weight. All of last week you could see fellows pounding the bag, running miles around the track or working, on the chest weights, and most of them have three or four sweaters on. Each night they would weigh themselves, and on the record given by the scales depended the amount of supper they could eat.

Nany of the fellows had to cut out supper on Friday and breakfast Saturday morning to make the weight at eleven oclock. It is said that some went to the dance Friday night solely in the hope that they might take a spare pound or so off. However the fellows have all weighed in now, and won't have to go through the agony again till the Intercollegiate meet.

In some of the events only two men were entered, and so they did not have to compete until the finals next. Saturday. In others there were three or five, and the lucky man who drew a bye went home to eat a good dinner.

The events contested on Saturday were the feather, light and middleweight wrestling, and the feather and welterweight boxing. The events started at three oclock, after the seconds had arranged their pails, towels. lemons and so forth. The first event was the featherweight boxing between Watts and Dick Smith. It was a very pretty bout. Smith fought hard all the time, but Watts was much the cooler and always judged where to plant his blows. Dr. Richardson declared him the winner immediately at the end of the third round. Next (arvock and Maclutosh went for one another in the featherweight wrestling. Carvock went into it hard, and got two falls in the first six minutes. Buchanan and Natheson came next in the lightweight wrestling, and had a merry go. Scotty had Matheson's points clown unexpectedly in about two minutes, but as Matheson was the aggressor for the rest of the round, the judges ordered another three minutes. Watheson got

