

The difference

2 $\frac{1}{2}$ grs.
Phospha-
tides

is that every teacup of "Ovaltine" besides yielding 180 to 220 Calories, contains 2 to 3 grains of Lecithin and allied organic phosphorus bodies which are now known to have a special significance in the processes of nutrition and metabolism. This pharmacodynamic value specially distinguishes "Ovaltine" from other invalid foods and beverages.

"Ovaltine" is a beverage which can be taken with meals instead of other beverages and reinforces the diet in a very definite practical way. It possesses marked stimulating tonic qualities, and often remarkable results have followed its use in Convalescence, wasted and ill-nourished subjects, Adynamia, etc.

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