

### To Nursing Mothers!



A leading Ottawa Doctor writes:  
 "During Lactation, when the strength of the mother is deficient, or the secretion of milk scanty,  
**WYETH'S MALT EXTRACT**  
 gives most gratifying results." It also improves the quality of the milk.

It is largely prescribed  
**To Assist Digestion,  
 To Improve the Appetite,  
 To Act as a Food for Consumptives,  
 In Nervous Exhaustion, and as a Valuable Tonic.**

PRICE. 40 CENTS PER BOTTLE.

The planter's success depends most upon good seed. The greatest measure of success comes from planting **Gregory's Seeds**. Better than others because Home grown and selected with greater care, from superior stock. All the newer varieties worth growing, all the old sorts that have proven best—vegetable and flower.

J. J. H. GREGORY & SON, Marblehead, Mass.



Write for it.

It's FREE.

### For Cash Coal and Wood and Present Delivery.

Grate.....	\$5.25 per ton	Best Hardwood.....	\$5.50 per cord
Stove, Nut and Egg.....	5.25 "	No. 3 Wood, long.....	4.00 "
No. 3 Nut or Pea Coal.....	4.00 "	No. 2 Wood, out and split.....	4.50 "
Best Hardwood, long.....	5.00 per cord	Slabs, good, long and dry.....	3.50 "

Head Office, Corner Bathurst St. and Farley Ave. Telephone 5393 Branch Office, 429 Queen St. West.

### WM. MCGILL & CO

## A MARVELLOUS STATEMENT.

The Oldest Merchant of Niagara-on-the-Lake, Ont., Speaks of Paine's Celery Compound.

### An Astonishing Victory Over Disease

Every man, woman and child in and around the pretty town of Niagara-on-the-Lake, Ont., knows Mr. H. W. Crysler, the deserving and successful merchant. Hundreds of families in the district are already aware of the fact that, by the use of Paine's Celery Compound, Mr. Crysler was raised up from a condition of utter helplessness, misery and weakness to a new life, and is now in such a healthful condition that he is perfectly able to look after the details of his flourishing business.

Mr. Crysler's story of his long fight with the worst form of rheumatism, his failures with useless medicines, and his grand triumph with Paine's Celery Compound, are given to the public as follows:

"About four years since, I had a severe attack of grippe, followed by rheumatism, for which the local physician prescribed the usual remedies, which helped me at the time, but did not eliminate the disease. Becoming gradually worse, I finally became discouraged and began using proprietary medicines without any benefit.

Then I went to 'Clifton Springs,' took the treatment, and felt somewhat better; but after coming back I became very much worse, and was confined to bed for a time. I then went to 'Preston Springs,' and really improved; but after returning home I got worse, and was a perfect martyr for more than two years, often confined to bed, and gradually becoming worse.

"I was then induced to try Paine's Celery Compound, and have gained in health and strength up to the present writing. I now walk from my house to the store, a distance of one-quarter of a mile daily, and to church Sundays. Paine's Celery Compound has done all this for me. My friends are surprised and astonished to see me able to attend to business again. I might add that I have been in business in Niagara for 41 years, and was 70 years old on 7th January last.

"Believing that it is my duty to let other sufferers know of the great benefit I have received from Paine's Celery Compound, I cheerfully send this letter."

### MISCELLANEOUS.

A Pittsburger claimed that his was a literary city, because the smoke there was issued in volumes.

Hood's Sarsaparilla, taken at this season, will make you feel strong and vigorous and keep you from sickness later on.

"Mamma," asked the little girl, peering in between two uncut leaves of the magazine, "how did they ever get the printing in there?"

As a Remedy for Coughs, Hoarseness and Sore Throat, BROWN'S BRONCHIAL TROCHES are reliable and give the best possible effect with safety.

"They have suited my case exactly, relieving my throat, and clearing the voice so that I could sing with ease." T. DUCHARME, Chorister French Parish Church, Montreal. Price 25 cts. a box.

One of the theological temptations of our day is to take shallow views of what took place on Calvary. But one thing is certain—that in so far as our conceptions of what took place there are shallow, in exactly the same proportion will the motives of Christian work be weakened.—Dr. Stalker.

Harper's Bazar commends a trusting faith amid the trials of life. It says: "Ease of mind belongs ever and wholly to those who rest, whatever external changes take place, with calm confidence on the goodness of God and on the wisdom and benignity of his overruling Providence. To feel as an article of faith that one's little affairs are as important to the Heavenly Father as are those of one's child to the parent, to 'tarry the Lord's leisure' when the world presses closely and troubles thicken, is to bear through loss and cross and calamity and reverse the equable temper and easy mind.

### "THE COMMON PEOPLE,"

As Abraham Lincoln called them, do not care to argue about their ailments. What they want is a medicine that will cure them. The simple, honest statement, "I know that Hood's Sarsaparilla cured me," is the best argument in favor of this medicine, and this is what many thousands voluntarily say.

Hood's Pills are the best after-dinner pills, assist digestion, cure headache. 25c.

Here is a story with a moral so palpable and to the point that we reprint it: "One day a Lie broke out of its inclosure and started to travel; and the man who owned the premises saw it after it had started, and was sorry that he had not made the inclosure lie-tight. So he called his swiftest Truth and said: 'A Lie has gone loose and will do much mischief if it is not stopped. I want you to go after it and bring it back, or kill it. So the swift Truth started out after the Lie. But the Lie had one hour start. At the end of the first day the Lie was going lickety-split. The Truth was a long way behind and it was getting tired. It has not yet caught up, and never will.'"

### IN SELF-DEFENCE

you ought to keep your flesh up. Disease will follow, if you let it get below a healthy standard. No matter how this comes, what you need is Dr. Pierce's Golden Medical Discovery. That is the greatest flesh-builder known to medical science far surpassing filthy Cod liver oil and all its nasty compounds. It's suited to the most delicate stomachs. It makes the morbidly thin, plump and rosy, with health and strength.

Send for a free pamphlet, or remit 10 cts. (stamps) and get a book of 168 pages with testimonials, addresses and portraits. Address World's Dispensary Medical Association, 663 Main Street, Buffalo, N.Y.

Rupture or breach, permanently cured without the knife. Address, for pamphlet and references, World's Dispensary Medical Association, Buffalo, N.Y.

### The Ladies' Journal Bible Problem Plan No. 30.

A Valuable Lot of Beautiful Prizes for Pains-Taking Persevering People. Something Interesting and Profitable to Employ Your Time in Winter Evenings.

The very cordial way in which the revival of our Bible problem plan was received, after such a long silence, encourage us, says the publishers of The Ladies' Journal, to offer another one. The large prizes and the smaller rewards were scattered pretty well over the whole country from British Columbia to Nova Scotia, and even into the States.

Here are the questions for this competition. Where are the following words first found in the Bible. 1st, Hour; 2nd, Day; 3rd, Week; 4th, Month; 5th, Year.

### THE FIRST REWARDS.

- 1—A handsomely finished Upright Piano.
- 2—One beautiful Quadruple Silver Plated Tea Service.
- 3 to 12—Ten handsome individual Salt and Pepper Casters.
- 13 to 32—Twenty Testaments, beautifully bound in Morocco.
- 33 to 37—Five Sewing Machines, complete attachments.
- 38 to 57—Twenty pairs Silver Sugar Tongs.
- 58 to 77—Twenty Souvenir Spoons of Toronto. Silver Plated—(Gold Bowl).
- 78 to 83—Six handsome Quadruple Silver Plated Egg Casters, Gold-lined.
- 84 to 99—Sixteen prettily carved Silver Thimbles.
- 100—One complete set of Mayne Reid, 18 volumes, beautifully bound.
- 101 to 150—Forty-nine half dozen Silver Plated Forks.

The sender of the first correct answer to all five questions will get the Piano. The second the Silver Tea Set, and so on until all the first rewards are distributed.

Then follow the middle rewards, when the sender of the middle set of correct answers will be given the Piano, the second the Gold Watch and so on.

### THE MIDDLE LIST.

- 1—A handsomely finished Upright Piano.
- 2—One Gents' handsome Hunting Case Gold Watch.
- 3 to 17—Fifteen Silver Tea Services, Quadruple Plate (Four pieces).
- 18 to 37—Twenty 1-2 doz. Forks, Silver Plated, (Superior quality).
- 38 to 42—Five dozen Desert Knives, extra finish, valued at \$7.00.
- 43 to 142—One hundred Testaments, handsomely finished, Morocco bound.
- 143 to 162—Twenty complete copies Chambers' Journal.
- 163 to 172—Ten dozen Desert Knives, Superior quality, valued at \$6.00.
- 173 to 184—Twelve 1-2 dozen Nickel Plated Tea Spoons, extra quality for common use.
- 185 to 194—Ten Ladies' pretty Gold Brooches, latest design.
- 195 to 200—Six Ladies' Open Face Gold Watches.

Then come the Last List or Consolation Prizes, when to the sender or the last correct set of answers received at the Journal office will be given the piano named in this list.

### THE LAST LIST.

- 1 to 20—Twenty 1-2 dozen Table Spoons, superior quality.
- 21 to 25—Five handsome Gold Lockets.
- 26 to 30—Five handsome Silver Thimbles.
- 31 to 35—Five Paris Individual Salt Casters.
- 36 to 60—Twenty-five Testaments, Morocco bound.
- 61 to 65—Five dozen Nickel Plated Tea Spoons.
- 66 to 75—Ten complete Volumes Chambers' Journal.
- 76 to 100—Twenty-five handsome Souvenir Spoons of Toronto.
- 101 to 110—Ten Boys' Nickel Watches.
- 111 to 120—Ten handsomely Bound Volumes, History of the Bible.
- 121 to 123—Three Sewing Machines, complete attachments.
- 124 to 127—Four dozen Dinner Knives, extra quality, valued at \$6.00.
- 128 to 160—Thirty-three 1-2 dozen Silver Plated Forks.
- 161 to 199—Thirty-nine Testaments, Morocco bound.
- No. 200—A handsomely finished Upright Piano valued at four hundred dollars.

Everyone competing must send one dollar for a year's subscription to the Ladies' Journal (also six cents in stamps or coin for postage on spoon), which is well worth the investment apart from the prizes.

A HANDSOME GOLD ALUMINUM TEA SPOON, full size, will be sent free to everyone as soon as possible, after money is received whether their answers are correct or not. This spoon is made by an entirely new process and is of the same material all through and will consequently retain its color, which is the same as though made of gold. The spoon would retail at about one dollar.

### A SILVER TEA SET OF FOUR PIECES.

To any person sending six dollars with their answer (whether correct or not) will be sent the Ladies' Journal for one year, and a beautiful Quadruple Silver Plated Tea Service of four pieces: Tea or Coffee Pot, Sugar Bowl, Cream Pitcher and Spoon Holder. Sets no better have been retailed at as high as thirty dollars. You will make no mistake in taking advantage of this offer. The Spoon will not be sent to those getting the tea set.

This set will be sent as quickly as possible (receiver to pay express charges) after money comes to hand. You will not require to wait till the close of the competition.

No charges will be exacted from prize winners except for the pianos when \$20 will be charged to help cover expenses.

The publishers of the Ladies' Journal have in their possession thousands of letters from delighted winners in former competitions.

Complete lists of the names and addresses of the successful competitors will be published in the Journal as quickly as possible after the close of the competition.

Competition will close on the 30th April next. Ten days after the date of closing will be allowed for letters to reach the Journal office from distant points, but the letter must be postmarked not later than 30th April.

Parties living at a distance from Toronto have an equal opportunity even if every answer received is correct, as the advertising in far away places is done first. Then there are the middle and last lists of rewards in which they stand equal to anyone. Address: The Ladies' Journal, Toronto, Can.

**PICKLES & CO.,**  
 LADIES FINE BOOTS TO MEASURE,  
 328 Yonge Street,  
 Toronto.

100 Styles of  
 - SCALES -  
 Write for prices.  
**C. Wilson & Son,**  
 127 Esplanade Street, Toronto.

**Webb's WEDDING CAKES**  
 ARE AS GOOD AS THE BEST MEN AND THE BEST MATERIALS CAN MAKE THEM. WE SHIP THEM BY EXPRESS TO ALL PARTS OF THE DOMINION. SAFE ARRIVAL GUARANTEED.  
 WRITE FOR CATALOGUE AND ESTIMATE TO  
**THE HARRY WEBB CO. LTD.**  
 TORONTO  
 THE LARGEST CATERING ESTABLISHMENT AND WEDDING CAKE MANUFACTORY IN CANADA