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SAUCE FOR ROAST BEEF.—Grate horse radish into one-fourth pint of vinegar, add a little mustard and sugar, and serve.

STEAMED BROWN BREAD.—One cup flour, one cup Indian meal, one cup rye meal, one cup molasses, two and one-fourth cups sweet milk, two-thirds teaspoon soda, salt to taste. Sift flour and soda together; stir in the other ingredients. Steam three hours.

ECONOMICAL LEMON PIE.—Three eggs, one teaspoonful of butter, one cup of sugar, juice and grated rind of one large lemon.

Bake in a crust. (Two whites of the eggs should be left out for the meringue or frosting. Add two whites besides to the frosting, and brown in a quick oven.)

BROWN (despairingly): Dumley, I'm ruined. My wife has left me, my fortune is melting away, and the sheriff is up at the house selling off everything but some unpaid gas bills! Dumley (with his hand to his face): Have you got the toothache? "No." "Well, you're a lucky man. I have.

MAIDEN Aunt (visiting family for the summer): Gussie, you shouldn't cry so when it thunders. The thunder can't hurt you. Don't you see it doesn't scare me any? Six. year-old (sobbing): It won't—scare me either, Auntie, when—when I've heard i -thunder as many summers as you have

th—thunder as many summers as you nave.

CREAM RUSKS.—One pint of warm water, one cup of sugar, one cup of rich cream, one cup of yeast, flour for stiff batter. Let rise over night and work down several times. When ready to bake, roll and cut in small cakes, put in a buttered pan, let rise and bake. Sprinkle with sugar when taken from the oven.

BROWN COLOURING FOR SOUPS, GRA-VIES AND MADE DISHES.—Into a small stewpan, put four ounces lump sugar and a half ounce of nice sweet butter. Place over half ounce of nice sweet butter. Place over a gentle fire and stir with a wooden spoon till of a light brown colour. Add a half pint of water, boil, skim, and when cold, bottle and cork closely.

CELERY SALAD.—Cut celery in inch pieces. Mash the yolks of two hard boiled eggs with a tablespoon melted butter and one tenspoon prepared mustard; add call, and

pepper, and a half cup vinegar; stir in the whites of the eggs chopped fine, and pour all over the celery. Let stand in a cool place fifteen minutes before serving.

BUTTERMILK PIE. - One heaping cup of sugar, one e.g., one scant cup of buttermilk, one tablespoonful of flour, one teaspoonful of extract flour, one teaspoonful of butter, Beat the eggs and the sugar together, and after rubbing the flour into the butter, mix all thoroughly, adding the lemon the last thing. Bake with one crust and serve cold.

FROZEN PUDDING.-Line a freezer wi h pieces of sponge cake, then sponge cake spread with cherry, or acid fruit or preserves, until the freezer is half full. Pour on this a rich custard, made of two quarts rich cream, yolks of five eggs, one pint sugar, flavoured with lemon. Freeze two hours. When ready for use, place a hot cloth around the freezer holding the top over a large platter, and slip it out. It should look like a boiled rolled pudding when frozen.

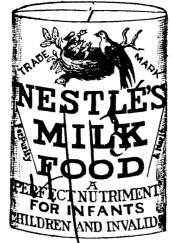
rolled pudding when frozen.

HEALTHFUL GREEN CORN.—Put the nicely prepared ears into enough salted boiling water to cover them. Notice when they begin to boil, and boil from ten to fifteen minutes by the clock. The corn should be out of the kettle when the fifteen minutes are up. Dash cold water over it and immediately pour it off; then cover closely until the meal is ready. A little longer cooking will harden it and render it indigestible. This is the reason why green corn, as usually cooked, causes so much sickness.

SNOW PUDDING WITH BERRIES. Soals.

Snow Pudding with Berries. - Soak SNOW PUDDING WITH BERRIES.—Soak half a box gelatine in a large pint of water. Add the juice of two lemons with some bits of the peel, and two cupsful of sugar. Bring to a boil and strain. When this is partly cooled, beat the whites of two eggs to a stiff froth, and add, beating the whole thoroughly, until it begins to stiffen. Mould and set on the ice. Turn it out in the middle of a large glass dish and surround with fruit; one-third currants to two-thirds red raspberries makes a good combination. Eat with sugar and cream.

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