A Boy's Suggestion. PEOPLY talk about the branty Of a lad that never smokes, And never plays a game of cards, And always minds his folks :

K . .

What a manly-looking fellow He will make in manhood's years, With a healthy constitution And a heart that has no fears !

This kind of talk is good enough For any one to teach,

If folks would only bring to mind To "practice what they preach."

I've had the deacon lecture me On the things like this enough, While with the other hand he'd take Another pinch of snuff,

And then he'd tell me, solemnly, With a face as long again, To remember, while at play, That the boys will make the men.

Now, to those who are always talking With an everlasting noise, I'd say, to make us good or bad-. "Tis the men that make the boys !"

If the people round about us Set examples good enough, Boys who now are closely watching

Will not drink nor chew no. snuff. -Herald and Presbyter.

LESSON NOTES. FOURTH QUARTER. STUDIES IN LUKK.

A.D. 30] LESSON II. [Oct. 12. THE LORD'S SUPPER.

Luke 22, 7-20. Memory verses, 19, 20. GOLDEN TEXT.

As often as ye cat this bread, and drink this cup, ye do show the Lord's death till he come. -1 Cor. 11. 26.

TIME-Thursday, April 6, A.D. 30. PLACE .- An upper room in Jerusalem.

CONNECTING LINKS. - The days of rest in Bethlehem passed quickly by. The time for the passever feast drew near. Some-where within the city it must be eaten, and Pataw and John wars draw to a before the Peter and John were sent on before to make ready. Our lesson gives the particu-lars of their errand, and the sequel to it.

EXPLANATIONS.

EXPLANATIONS. Day of unleavened bread—The leaven was carefully put away on the afternoon of Thursday. Passover must be killed—The lemb which was to furnish the passover supper. A man... bearing a pitcher—A noticeable sight in the East, where the water is almost always drawn by women. Goodman of the house—The employer or owner of the water-carrier. Upper room— That part of a Jewish house where largo g therings would naturally be held. When the hour was come—Between three and six. A dome—Reclined. Until it be fulfilled in the kingaom—Until the real passover has been offered by my death. This is my body —Not his real body, but a symbol of the completeness of his gift of himself for the world. New testament - It should be new applied to the second division of the Holy Scriptures, is apt to be confused with this phrase. It simply means the new pledge that God gives of his love. QUESTIONS FOR HOME STUDY.

QUESTIONS FOR HOME STUDY.

1. The Passover, vers. 7-18.

Whom did Jesus send to prepare for the A hon the occus send to prepare for the passover ! On what day were they sent ? What question did they ask ? Whom did Jesus tell them to follow ? What were they to say to the owner of the house ?

the nouse : To what would they be shown ?

To what would they be snown? What shows their prompt obedience? Who sat dow a to the passover with Jesus' What time in the day was this feast ob-served? See Matt. 26, 20. Of what strong desire did Jesus speak? When would he again eat the passover?

What did ho do with the cup ? What did he bid the disciple, do What did ho say about him et? ? do ?

- ----

The Lord's Support, vers. 19, 20. What did Jesus then do with the bread ? What did he say to the disciples? What did he say to the disciples? What did he say also about the cup? After what "suppor ' did this occur? Of what do the brend and wine serve to remind us? (Golden Text.)

THE LESSON CATECHISM.

THE LESSON CATEGHISM. 1. Where did Jesus eat his last passover? "In the city of Jerusalem." 2. Who made all the needful preparations? "Peter and John." 3. In what did the suppor end? "In the sacrament of the Lord's Supper." 4. Of what was it to be a permanent sign? "Of the remission of sins." 5. What was the Saviour's command concerning it? "This do in remembrance of me."

DOCTRINAL SUGGESTION. - The Lord's Supper.

2. How are believers kept in this state of salvation ?

By the power of the Holy Spirit, given through Christ, in answer to fervent proyer, Who by the power of God are guarded through faith unto a salvation ready to be revealed in the last time --1 Peter 1. 5. [Ephesians 6. 14-18 ; Jude 20, 21.

A.D. 30] LESSON III. [Oct. 19 THE SPIRIT OF TRUE SERVICE.

Luko 22. 24.37. Memory verses, 25-27.

GOLDEN TEXT.

Let this mind be in you, which was also in Christ Jesus.—Phil. 2. 5. TIME .- Thursday, April 6, A.D. 30.

PLACE. - An upper room in Jerusalem. CONNECTING LINKS. — This conversation. CONNECTING LINKS. — This conversation appears to have taken place at the table in the upper room in which the last supper was caten. It had its origin in a strife be-tween the disciples, which took place pro-bably when they first took their seats at the table. the table.

EXPLANATIONS.

EXPLANATIONS. Benefactors-Good workers. Several kings gave themselves this title. A kingdom-Jesus knows that in a few hours he will be hung as a criminal, and yet he divides among his disciples dignities and places of power such as Pilate and Caiaphas never dreamed of. *Twelve tribes*-Typical of the Church of God. *Sift you as wheat*-That is, sift out the wheat and keep the chaff. *Converted*-Turned round. Scrip-A wallet. The transgressors-Lawless ones. An end -Fulfilment. -Fulfilment.

QUESTIONS FOR HOME STUDY.

1. Following Christ, vers. 24-27.

What strife arose among the disciples ? How had Jesus rebuked such strife on another occasion ? Chap. 9. 46-43. What did he now say about the Gentiles ? What alout the greatest among his foi-

lowers? What questions did he ask about serving and being served? What did he say of himself? What act of service had he just perform-ed? John 13. 4, 5. What says the Golden Text about follow-ing Christ?

Fellowship with Christ, vers. 28-30. 2.

What did Jesus say about the disciples' followship with him? What did he appoint to them? What honours would they enjoy in that kingdom?

To whom now is there a promise of a throne? Rev. 3. 21. 3.

Faithfulness to Christ, vers. 31-37. Which of the disciples did Jesus call by name?

To what peril was Simon exposed ? What had Jesus done for his safety What was he told to do for othors? safety ?

What did Simon say he was ready to do? What did Jesus say that is actually would do?

What did he then ask all the disciples? What did they answer? What were they bidden now to do? What were heavy bidden now to do?

What prophecy must now be fulfilled ? By whom was this prophecy written ? Isa. 53, 12.

THR LESSON CATECHISM. 1. For what did the apostles strive? "Which was the matter, and the dog should be counted the greatest." 2. What seated himself in the chair.

did Jesus say? "Let the greatest serve the mo +" 3. What did he promise to each of them? "A kingdom." 1. What did ho sy about Peter? "Satan sought to have him, but ho had prayed for him." 5. What did Peter say? "He was ready to go with him to death." 6. What did Jesus tell him? "Before cock-crow he would thrice deny him. thrice deny him.

DOOTRINAL SUGGESTION. -Christ our example.

CATECHISM QUESTION.

3. May these various blessings be lost ? Yes; believers may fail to believe and watch, they may cease to be diligent in duty, and thus may lose these blessings for

But My righteous one shall live by faith ; and if he shrink back, My soul hath no pleasure in him. - Hebrews 10. 38.

[John 15. 6; 1 Counthians 9. 26, 27; 2 Peter 1. 9; 2 Peter 3. 14, 17.

The Influence of Trees on Health.

THE value of trees, from a sanitary point of view, in large, overcrowded cities, can scarcely be over estimated. Apart from the sense of relief and coolness which they impart, their value as purifiers of the atmosphere is almost incredible. It has been calculated that a good-sized elm, plane, or lime-tree, will produce seven million leaves, having a united area of two hundred thousand square feet.

The influence of such a large surface in the absorption of deleterious gases and the exhalation of oxygen must, therefore, be of immense benefit in overcrowded and unhealthy districts.

In all large cities there exists a number of waste spots in which one or more trees could be planted to advantage in every way. In this respect, at all events, they manage things well in France, and, indeed in most continental cities, where the boulevards are kept cool in summer and warm in winter owing to the influence which trees have in modifying temperature. In addition they tend, by absorption, to purify the soil below as well as the atmosphere above them.

A society for planting trees in the wide streets and wasto places of large cities might accomplish as beneficial results as the excellent institution which supplies drinking fountains for the refreshment of man and beast.

The Dog and the Chair.

A FAMILY let their house furnished, leaving in it a large dog. The tenant was an old lady, who liked to sit in a particularly comfortable chair in the drawing-room, but as the dog was also very fond of this chair, she frequently found him in possession. Being rather afraid of the dog, she did not care to drive him out, and, therefore, used to go to the window and call: The dog would then rush "Cats ! " to the window and bark, and the lady would take possession of the chair. One day the dog entered the room and found the old lady in the chair. He ran to the window, and barked excitedly. The lady got up to see what was the matter, and the dog instantly



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CATECHISM QUESTION.