MIRACULOUS **CURE OF ASTHMA**

Suffered Terribly for 15 Years Until He Tried "Fruit-a-tives"



D. A. WHITE, Esq. 21 WALLACE AVE., TORONTO, Dec. 22nd. 1913.

"Having been a great sufferer from Asthma for a period of fifteen years sometimes having to sit up at night for weeks at a time) I began the use of "Fruit-a-tives". These wonderful tablets relieved me of Indigestion, and through the continued use of same, I am no longer distressed with that terrible disease, Asthma, thanks to "Fruit-a-tives" which are worth their weight in gold to anyone suffering as I did. I would heartily recommend them to all sufferers from Asthma. which I believe is caused or aggravated by Indigestion". D. A. WHITE

For Asthma, for Hay Fever, for any trouble caused by excessive nervousness due to Impure Blood, faulty Digestion or Constipation, take 'Fruit-a-tives'

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or from Fruit-a-tives Limited, Ottawa.

The Mother

(The Maritime Baptist.) I hear the blaring banes go by!

hear the marching feet; All day they drum their dreadful dirge along the dusty street. I hear the crowds give cheer on cheer of fierce, delirious joy, And wonder if they see him there,

my little, little boy. A baby only yesterday, with soft and sunny hair. So helpless anh so innocent, so fra-

gile and so fair! So strong I felt to shield him then, safe sheltered in my arm,

world could never do him harm. And oh, the long, long nights I watched beside his trundle bed To fight away the pain that racked his little fevered head.

I fought the battles for him then; he leaves my side today To fight far greater ones alone, and oh! so far away!

trustingly in mine Must grasp a rifle barrel soon along the firing line. My baby boy I held so close I felt

his fluttering breath, Has left me empty armed and gone to see the face of death. And never mother's voice to soothe nor mother's arm to shield, From all the direful perils of the

smoke-hung battle field! Oh, why must mother stay behind? Is not a mother's place Beside the baby that must look in Death's remorseless face? The years have wrought a change in him that only others see-For all his soldier's uniform he's

still a boy to me, Called forth to fight a nation's fight, a nation's vengeance, cloy, While I must wait and pray at home my baby, baby boy!

Stokers and Engineers

(By Edgar Wallace.) They do not see the white-flecked skies or mark the frightened gull Wheel from the stench of the battle smoke that glooms the ocean's green.

They do not see the bursting flame that leaps from hull to hull, Or mark the swirling waters of the sinking submarine. They play their part in danger's heart. Uncaring and serene.

They send the things of whirling steel and drive the ship along, They watch the sleek and restless rods that sink and thrust and swing.

Eyes for the moon.faced telegraph, ears for its clanging gong, And heart and soul for the man they serve, their Admirak and King.

Through the engine room be the pit sitting room, where her father rose in of doom They glory in the thing.

Bare to the waist, they stoke the fires or trim the tumbling coal,

They are driving the staggering, walcible goal. Blind to the way, unknowing the

end, yet are they wonderfully For the end is the same for the pattiot brave

Whether he lives or dies.

Silver Recovered from Empress of Ireland

land when she sank off Father Point warned him not to interfere. proceeding well, and every day mail mate neighborliness. and bullion is being brought to the The Ackroyd house stood just across surface by the divers.

***************** Taming A Shrew

With an Interruption That Brought a Climax.

By Martha McCulloch-Williams.

<u>~~~~~~~~~~~~~~~~~~~~~~~~</u> Pretty Kitty Clyde was not really a shrew. She had merely been born imperious and had grown up absolute

monarch of an adoring family. Until she was rising eleven Douglas Norton had been also of her subjects. Fate whisked him away then to inherit an uncle's fortune and go racing about the world, thereby giving Kitty her first realizing sense that things could happen otherwise than according to her

The process was unpleasant. By a curious mental alchemy Kitty unconsciously stored the unpleasantness as a grudge against the absent Douglas.

So when he came home ten years later and fell openly and instantly a victim to her charms she was in two minds as to what to do with him, and she yielded in favor of the mind that advised her to do something unpleas-

He was a dear fellow, suiting her exactly in some of her moods. In others -but in those others nobody suited her, least of all herself. Those other moods would probably have made her send Douglas about his business if he had not had the lucky misfortune to have the Ackroyds for friends.

The Ackroyds, whom Kitty loathed. gave up days and nights to warning Douglas against her. The warnings were not wholly disinterested. Though the two Miss Ackroyds were quite old enough to be his mother, there was Lena Shotwell, their niece, over in Kittredge town, for whose establishment they were most anxious.

Given the facts, the temperaments and the situation, the resulting engagement follows logically. Kitty excused herself to her conscience for it with the special pleading that it would chagrin the Ackroyds and that if she finally broke the engagement the making of it would save Douglas from worse. Of course she would not think of marrying him for years. Meantime she would revel in the Ackroyd discomfiture. Then her people were so happy over the prospect. That really meant a lot to ber. Dimly at the bottom of a very warm

heart she felt that, on the whole, she had not made them as happy as she might have done.

So altogether she was not ill content It seemed to me the whole wide with the estate in life wherein she now found herself until Douglas obstinately insisted upon her naming the

"Go away! The role of impatient lover does not fit you in the least." she said to him with the most fetching pout. "You know you'd be dreadfully upset if I agreed to anything so insane. We can be married when we The little dimpled hand that lay so are too old to care for tearing about. When you are thirty-five I shall be thirty-two. That will be quite time enough to do the Darby and Joan act. Until then-well, we shall stay as we

> "We will not!" Douglas asserted. seizing both her hands. "Understand, I'm going to be a married man before the year is out"-

"I dare say you can get Lena Shotwell-or somebody like her-all on a sudden this way." Kitty interrupted. trying to pull away her hands,

Douglas held them tight. "I'm going to marry you-nobody else," he said. "Make up your mind to the fact, ladykin, and give up gracefully while there

"Of all impertinence!" Kitty flashed out at him. "Let go my hands so I can take off your rubbishy ring! 1 won't marry you-now, never nor next day. I won't even speak to you ever again if you hold me a second longer."

"What a peaceful home we shall have!" Douglas murmured, letting go her hands, but catching her in his arms. He pressed her close and went on, with his lips against her pink ear: "Little darling, I ought to want you to be sensible, but the fact is-I don't. It is ever so much more thrilling to take you thus in spite of yourself. You have never even let me kiss your hand. No matter when we married. this would have to come some time. You know you need mastering, but I'm too generous to ask you to admit it. Come along. I want you to hear me tell daddy all about it. Mother Clyde has already agreed with me that the wedding had better be on your birth-

Then Kitty forgot herself, her years. her grownup estate. She screamed. He did not pay any attention. She became so angry that she tried to claw his cheek, but none of her efforts or shrieks availed.

He lifted her as if she were only five years old and carried her into the affright. Mrs. Clyde, pallid, but more composed, stood beside him, her hand laid detainingly upon his shoulder

"It is hard to bear, mighty hard." she whispered. "We-we ought to bear Backwardand forward in order they it for the child. Spoiling her so is our go, wiping the sYeat from their work. But for heaven's sake keep still! Her whole future depends on it Douglas is the man of men for her lowing ship to its splendid invin- and she will throw him over if she has the least chance."

"Daddy! Oh, dear daddy!" Kitty panted, trying to reach out appealing arms. Douglas pinioned them fast and went close to Major Clyde, saving, with a laugh that was not quite easy: "Major, this girl you gave me is be-

having so badly! I think you might throw in one of old Flossy's pups to

even up the trade." At that Kitty screamed afresh. The RIMOUSKI. Aug. 26.—One third of major's, breath came hard, his face the 280 bars of Cobalt silver, which grew apoplectic, but his wife's hand. were on board the Empress of Ire- closing and unclosing convulsively,

in May last, have been recovered by He tried to assume a judicial air and the divers and forwarded to Quebec. say, "The case admits of argument," Twenty thousand dollars of bullion but at the second word the door open. I've broken the statue of Venus, mum. was recovered vesterday, and two de to admit Miss Alicia Ackroyd, who -Judge, bars of registered mail. Salving is usurped and abused privileges of inti-

the road. The two sisters had been on watch in the front windows ever since they saw Douglas ride through

the Clyde gate. They had heard the screams and had made their incursion. "Somebody must be killing somebody over there. I'm going to find out who," Miss Alicla said to Miss Patricia, not even stopping to snatch at a bonnet as she sped through the front door and down the

After one startled "Oh!" she stood still, staring at Douglas, who had loosed his hold of Kitty, but kept her hand. Kitty had been in a white rage. Now she flushed brilliantly and looked at the intruder with her nost infantile smile. "Dear Miss Alicia, did I really frighten the neighbors?" she asked. "I'm so glad. Do say I did. We have just had an impromptu rehearsal. Douglas, wretch that he is, insists that I can't act, that he is not depriving the stage of a great ornament in marrying me, and I was bound

to prove him in the wrong." "Oh!" Miss Alicia said again, this time with a mighty different inflection, yet one that still lacked something of conviction. Miss Patricia, fully bonneted, here panted in.

When the stir of settling her ended Miss Alicia returned to the charge. "You ought to have called in a bigger audience, dear Kitty," she said in the suave voice that always meant mischief, "But do tell me what the play was. I don't seem to recall"-

"Of course you don't. I belong to the new school," Kitty said brightly. "The new school exists, you know, to prove that until it came nobody ever played Shakespeare quite right. Maybe it's because of my name, but I've always felt that I could give a new rendering of Katharine, you know, in 'The Taming of the Shrew" --

"She did do it and was most convincing." Douglas interrupted gratefully. He had been going hot and cold, wondering if there were any escape from the valley of humiliation open before them. He knew that only by a miracle could the Ackroyd tongues be stopped.

"So convincing!" he went on. "I see I must marry her right away. Miss Alicia, Miss Patricia, will you come to the wedding? It's to be just three weeks from now."

"You are a wretch, an ingrate!" Kitty said to him half an hour later when the Ackroyds had refuctantly taken themselves away. "I saved you and in doing it trapped myself beyond escape. What punishment do you not deserve,

"Nothing short of imprisonment for life," Douglas said. "Kitty, darling, you showed yourself a genius and a heroine. In reward you shall go on having your own way."

"I don't want it-except sometimes," Kitty answered, racing away to kiss the major and Mrs. Major and at last to pet old Flossy's precious puppies.

National Forest Timber. In 1905 the timber sold from the national forests aggregated 96,000,000 board feet, which brought the government no more than \$85,000. In 1913 more than 2.000 con 000 feet brought in contracts amounting to \$4,500,000. Not all this money was received in any one year, because national forest timber is sold on contracts which range from one to twenty-five years, and it is paid

****** PRACTICAL HEALTH HINT.

Treating Pain. Pain has its uses. By means of it the physician is often helped to his diagnosis. He cannot take the patient's word for the severity of the pain, for what one person will bear with comparative equanimity another will describe as intolerable anguish. The doctor notices the patient's attitude, his facial expression and, above all, his pulse rate. Real pain always makes the pulse rapid, and, as a rule, the more severe the pain the more rapid is the pulse. That is a good rule to remember. Physicians often detect malingerers by their entirely normal pulse rate, and mothers can with safety use the same test to determine the reality or severity of the pains of which their children complain. It is not always wise or kind to give instant relief, even when the suffering is great. In certain intestinal disorders, for example, an anodyne will quickly change the victim's groans to quiet, heavy sleep. But the symptoms are only masked, and the trouble that caused the pain may progress until it is too late for the operation that might have meant a cure. The safest means of relieving pain until the doctor comes is the application of either heat or cold. For some pain there is nothing like a hot water bottle. When there is much congestion the same bottle filled with ice water will give more relief.

****** Back Yard Scenery. Belle-How do you and your mother

like your new home? Beulah-We don't like the neighbor-"Why not?"

"Oh, we've been accustomed to seeing better looking clothes on the lines wash days."-Yonkers Statesman.

Recklessness. "Aren't you afraid of getting freckled if you walk in the sun?" asked

"Yes," replied Maymie. "But what's the use of a shadow skirt if you walk on the shady side of the street?"-Washington Star.

Disastrous Climax. Mary-Love never did bring me any luck. mum. Mrs. Smith-Really, I fail to see how

that can concern me, Mary. Mary-No, indeed, mum. Only now

Minard's Liniment cures Garget in

MAGIC READ THE BAKING LABEL ALUM POWDER

LIGHTNING CALCULATORS.

A Mathematical Marvel Has Been

Found In a Madras Office. There is at the present time studying at Cambridge one of the most wonderful mat'ematicians the world has ever seen-a young Hindu, Mr. S. Ramanujan by name — whose work, although he is only twentysix years of age, has excited the admiration of all mathematical experts. Perhaps the most extraordinary thing about Ramanujan is that, as a mathematician, he is quite untaught. Until a year ago he was a clerk in the employment of the Port Trust of Madras.

But in spite of this, he has, to quote Mr. Hardy, Fellow of Trinity, who has taken a great interest in Ramanujan, "discovered for himself a great number of things which the eading mathematicians of the last hundred years had added to the knowledge of schoolmen, although he was quite ignorant of their work and accomplishments. Indeed, bis mathematical education is rather a mystery, and the first I knew of him was about fifteen months ago when he wrote to me explaining who he was, and sent a large number of remarkable mathematical theorems

which he had proved."

This is the second mathematical genius produced by India in the last three years. At the end of 1912 the members of the Royal Asiatic Society held a specially-convened meeting at Colombo, when they were astounded by the arithmetical powers of a Tamil boy, Arumogam. A compli-cated series of sums and been prepared to test the boy's powers, each of which he answered within a few seconds. One sum was, "A chetty gave as a treat to 173 persons a bushel of rice each. Each bushel contained 3,431,272 grains, and the chetty stipulated that 17 per cent. should be given to the temple. How many grains did the temple get? Within three seconds came the answer (which had to be translated), 100,913,709 with fifty-two as the fraction over.

Among other questions were the following: "Add together 8,596,497,713,826

and 96,268,593.

"Multiply 45,989 by 864,726. "Find the fifth root of 69,343,957. What weight of water is there in a room flooded 2 feet deep, the room being 18 feet 9 inches by 13 feet 4 inches, and a cubic foot of water weighing 62 1-2 pounds?"

To all of them Arumogam gave the correct answers within a few seconds.

Undoubtedly one of the most wonderful lightning calculators was George Bidder, the well-known engineer, who died in 1878. Bidder, who with George Stephenson was one of the earliest to recognize the value of the electric telegraph, first went to school at Camberwell, and afterwards attended classes at Edinburgh University. And even as a boy of ten he could answer such questions as, "How many drops would there in a pipe of wine containing 126 gallons, supposing that each gallon consisted of 221 cubic inches, and each cubic inch contained 4,685 drops?"

It was a favorite pastime of boys and masters to concoct the most difficult arithmetical problems to test Bidder's powers of calculation, and these he invariably solved correctly within a few seconds, apparently without effort.

A Real Jolly Evening. A study of Robert May's "Accomplisht Cook," published in 1665, will serve to dispel the delusion fostered by many foreign critics that English cookery lacks variety. One of May's recipes is for the construction of a ship of confectionery, with guns charged with actual powder, and a castle of pies, containing live frogs and birds. After giving directions as

to the firing of the guns, he proceeds: This done, to sweeten the stench of the powder let the ladies take the egg-shells full of sweet waters and throw them at each other. All danger being seemingly over, by this time you may suppose they will desire to see what is in the pyes; when, lifting first the lid off one pye, out skip some frogs, which makes the la-dies to skip and shriek; next after the other pye, whence come out the birds, who, by a natural instinct, flying in the light will put out the candles: so that, what with the flying birds and skipping frogs, the one above, the other beneath, will cause delight and pleasure to the whole company.

Business Is Business

Rev. Dr. Aked has always been known to be very outspoken, and has often been in trouble through expressing his opinions. Not very long ago he shocked many people by detoo much zeal in religious matters.

claring that there was such a thing as "Neither with the heathen nor with our own people," he said, "does it do to advocate religion on mercenary grounds. For instance, I know a manufacturer who last Easter told all his hands that he would pay them if they went to church. The hands all agreed, and a fine show they made. The manufacturer, scanning their ranks from his pew, swelled with joy and pride. But after the service one of the foremen approached him. 'Excuse me, sir,' he said, 'but the fellows want me to ask you if they come to church again to-night do they get overtime?'

Wanted White Man's Blood. Accounts have been received of a fierce attack on the London Missionary Society's station at Aird Hill, Paqua, by natives seeking the blood of white Christians to christen their new war canoes.

The administrator sent an expedition consisting of native constables. under a white officer, to arrest the leaders of the offending tribe. Owing to alleged disobedience to orders the constables fired, killing eight blacks. A rigorous enquiry into the entire affray has been ordered by the Australian Government.

mitted Knowledge. Betty-What is the luckiest day to be born on? Jack-Can't say. I've only tried

WOMAN'S RIGHTS.

Quakers on the Historical Position of

Women In Society. At the annual meeting in England of the Society of Friends, the other day, it was decided to issue a statement on the historical position of women in the society.

This statement, which is the result of prolonged consideration by the standing committee of the society, expressly excludes any judgment on the question of the Parliamentary franchise. Its object is to embody a testimony, based on the experience of two hundred and sixty years of Quakerism, of the essential spiritual equality of men and wo-

After dwelling on the historical evidences of the equality of man and woman throughout the history of the Society of Friends, the declaration is made that "In the home, in the Church, in the wider sphere of public life, the service rendered women is recognized as having been of priceless worth; it is universally felt among us that, had their activities been fettered by artificial limitations, the loss to themselves and to the community would have been incalculable."

"Our experience," it is added, leads us to believe that the place of woman in the life of the world is a larger one than has generally been allowed. Women are seeking in various ways to find their true sphere, and to make their distinctive contributions for the uplift of humanity. At the same time, many are fettered, and feel that they are denied the opportunity they seek. How can this opportunity be given? What is needed that all right thinking men and women should earnestly strive to discover the will of God in relation to this supremely important issue."

Drink Under the Pulpit. Residents of Bellevue East in South Africa are enjoying a joke at the expense of a Presbyterian congre-

gation whose church is situated not thousand miles from that district. Temperance above all things has been preached in the church with unfailing insistence from the pulpit. Lately some people living in the neighborhood were interested in the fact that there was always a large number of Kaffirs about the church in little knots and clusters, and at last someone—a trifle more curious than the rest-asked if there was not a native mission or chapel attached to the church. This not being the case, it became difficult to account for the presence of the natives, to whom as a toy. One morning as his mother one would hardly suppose a Presbyterian church for Europeans to be an object of particular interest or attraction.

puzzled, and so they set to work to said, in his most obliging. "Mamma, if solve the mystery. The solution is alike tragic, humorous, and simple. you are tired I will do your bellowing While the evils of drink and the vir- for you." tues of temperance were being thundered from the pulpit the divine was, to all intents and purposes, standing over a native bar, for under the pulpit were found concealed dozens on dozens of bottles of liquor, apparently stored there by the ingenious Kaffir boy in charge of the church.

Tennyson's Luck.

won the Newdigate prize at Oxford is the deadlock, by taking the bigger ap. worth telling. Three examiners were selected to pass judgment on the ple. Instantly Bobbie's eyes flashed, competitors' efforts, and the last of and he exclaimed wrathfully, 'Put that these to whom Tennyson's poem back and take your choice. "Timbuctoo" was submitted, being of an indolent disposition and seeing what he took to be the letter "g, signifying "Good," appended to several of the lines, affixed, without troubling to judge for himself the merits of the work, a similar mark of approval and thus secured for the future laureate the coveted prize. That same evening the three exam-

iners met. "Whatever," abruptly demanded he whose task it had been first to read the poem, "made you think so highly of young Tennyson's effort?" 'Why," cried the others, in unanimity of surprise, "we only followed hit anybody." your lead. You were forever marking the lines with 'g.'

"A 'g!' " cried their colleague. "That wasn't a 'g'—that was a note of interrogation to signify that for the life of me I couldn't make out what the fellow meant."

Very Modest, Too. The following appeared a few days ago in the agony column of a Lon-

don newspaper:
"Of Epoch-Making Importance.—
To Someone who is Rich.—I have a development, long desired and sought for, of enormous importance, value, saving, and benefit to the nation and individually. It will enable the country to save probably \$500,000,-000 annually, whilst it will yield some millions of pounds profits to us. I desire Someone who is Rich to provide about \$125,000 for work- their heads turned tailward over the ing capital to enable the results to achieved, for a share of the profits. The advertiser is an able, experienced business man, forty years of age and unmarried, and, therefore, can give his whole time to the matter. This is not a speculation, but a clear business proposition, the result of years of work."

King's Gallery of Honor. The King has expressed a desire to form a collection at Windsor Castle of portraits of the leading soldiers and sailors of his reign, and proposes to make a start in this direction by placing in position paintings of Field-Marshal Earl Roberts and Field Marshal Earl Kitchener, with probably Admiral of the Fleet Lord Fisher and Admiral Lord Chas. Beresford. In cases where paintings of those whom his Majesty desires to add to this collection are not available, it is understood he will give orders for such to be prepared, bearing the cost from his Privy Purse. This is a project, it is understood, the King has long had in mind, and it for they sleep in the daytime. - Cana' has bee suggested that the Waterloo dian Churchman. Chamber would be the most suitable apartment for the collection.

The Brand Didn't Matter. The mother of a St. Joseph (Mo.) tot gave her a nickel and said: "Run down to the grocery and get me 5 cents' worth of loose salt." At the store she proudly gave the order, but was told by the proprietor that he was entirely out of loose salt. Determined not to come home empty handed, the wee customer replied: "Well, then, I'll take a nickel's worth of the tight."-St. Louis Republic.

Joker's Corner

A girl must be very, very intellectu f she does not know what another gi

Some women are very dear; others are merely expensive.

'Father, this gallant young man rescued me from drowning.' 'So? He ain't quite so good-looking as the chap who saved you last summer, is he?'-Detroit 'Free Press.'

Teacher (to new pupil)-"Why did Hannibal cross the Alps, my little man?" Little Man-"For the same reason as the hen cross the road. Yer don't catch me with no puzzles.

"Some spells it one way and some spells it another,' said the native, when asked how to spell Saskaschiqualie Creek. "and some spells it another, but in my judgment there ain't any correct way of spelling it."

'A tramp at the back door who has aleady eaten a piece of that pie I made yesterday wants to know if you can do anything for him? 'Tell him, my dear. that I am a commission merchant, not a doctor.'--Houston 'Post.'

A farmer riding on a certain railroad asked the conductor on a recent trip: "How often do you kill a man on this 'ere line?" "Just once," replied the conductor.

Sunday-school Teacher-'Once upon time there were two rich men one of

whom made his fortune by honest industry, while the other made his by fraud. Now, which of these two men would you prefer to be? Tommy (after a moment's hesitation)-'Which made the m ost?'-Boston 'Transcript. _____ Little John often covets the bellows

was using them to blow a lazy fire into flame, John stood by, eager to get his No doubt the church officials were little hands on the bellows, and finaly trains for Montreal and the West. Robbie and Elsie were told that there were two apples on the table for them-

Being taught to consider each other first Bobbie said: "Take your choice, Elsie. 'No,' said Elsie, 'you take your choice.' Each kept on insisting that the other The story of how Lord Tennyson take first choice until finally Elsie broke

> A judge in a western town had declared that he would stop the carrying of firearms on the street. Before him ppeared for trial a tough youth charged with getting drunk and firing his revolver in a crowded street. "Twenty dollars and costs," said the

> Magistrate. "But, your Honor," interposed counsel for the prisoner, "my client did not

> "Why, you admit that he fired the "Yes. but he fired it into the air,' ex-

> plained the lawyer. "Twenty dollars and costs,' repeated the judge. "He might have shot an angle.'-Ladies Home Journal.

HOW THE WORLD SLEEPS

Most people sleep on their sides with the knees drawn up.

Elephants always and horses commonly sleep standing up. Birds, with exception of owls and the hanging parots of India, sleep with back, and the beak thrust among the feathers between the wing and the

Storks, gulls, and other long-legged *Flag Stations. Trains stop on signal birds, sleep standing on one leg. CONNECTION AT MIDDLETON WITH ALL POINTS ON H. & S.W.RY Ducks sleep on open water. To avoid drifting shoreward, they keep paddling with one foot, thus making them move

in a circle. Sloths sleep hanging by their four feet, the head tucked in between their September

fore legs. Foxes and wolves sleep curled up, their Eight oses and the soles of their feet close together, and blanketed by their bushy

tails. Hares, snakes, and fish with their eyes wide open. Owls, in addition to their eyelids

have a screen that they draw sideways

across their eyes to shut out the light'

Dr. Morse's Indian Root Pills

owe their singular effectiveness in curing Rheumatism, Lumbago and Sciatica to their power of stimulating and strengthening the kidneya. They enable these organs to thoroughly filter from the blood the uric acid (the product of waste matter) which gets into the joints and muscles and causes these painful diseases. Over causes these painful diseases. Over half a century of constant use has proved conclusively that Dr. Morse's Indian Root Pills strengthen weak hidneys and

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DOMINION ATLANTIC RY LAND OF EVANGELINE ROU

On and after June 29th, 1914, train

services on this railway is as fol-Express for Yarmouth 12.89 p.m. Bluenose for Yarmouth...1.03 p.m. Express for Halifax...... 2.00 p.m.

Bluenose for Halifax......4.08 p.m. Express for Annapolis..... Saturday only 7.53 p.m. Express for Halifax4.13 a.ra. Accom. for Annapolis 6.05 p.m.

Midland Division

Trains of the Midland Division leave Windsor daily (except Sunday) for Truro at 7.05 a.m. 6.16 p.m. and 7.30 a.m. and from Truro at 6.45 a.m., 2.30 p.m., and 12.25 noon, comnecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmoueh. Cafe and Parlor Car service on Flying Bluenose trains between Halifax and Yarmouth.

St. John - Digby DOUBLE DAILY SERVICE

(Sunday Excepted) Canadian Pacific Steamsnip "YAR-MOUTH" leaves St. John 7.00 a.m. leaves Digby 1.00 p.m., arrives in St. John about 4.15 p.m., S. S. "St. George" leaves St. John 12.00 noon, arrives Digby 2.15 p.m., leaves Digby 2.45 p.m., arrives St. John 5.00 p.ra. "St. George" makes connection at St. John with Canadian Pacific

Boston Service Steamers of the Boston & Yarmouth S. S. Company sail from Yar-

mouth for Boston after arrival of Express train from Halifax and Truro, daily, except Sunday P. GIFKINS. General Manager, Kentville.

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H. & S. W. RAILWAY Time Table in effect Mon. & Fri. June 22, 1914 Read up. Lv. Middleton AB. 15.45 * Clarence 15.17 Bridgetown Granville Centre 15.01 12.23 14.36 Granville Ferry 14.21 * Karsdale 14.05 AB. Port Wade Lv. 13.45

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