## FOOD IRON

## \% <br> You ned dres. Everybody does. The harder yor work, the more eou wory, the more Iron you cquire But Crude Iron wort do. Iron Pills ron Tincture Jron Tonics are useless in nimeten cass out Iron Tonics are useless in nineteen cases out of twenty. You must have precigested Iron or youf <br> FERROL




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