WOMEN OF

Need Help to Pass the Crisis Safe-ly—Proof that Lydia E. Pink-ham's Vegetable Compound Can be Relied Upon.

Urbana, Ill.—"During Change of Life, in addition to its annoying symptoms, I had an attack of

had an attack of grippe which lasted all winter and left me in a weakened condition. I felt at times that I would never be well again. I read of Lydia E. Pinkham's V ege-table Compound and what it did for

table Compound and what it did for women passing through the Change of Life, so I told my doctor I would try it. I soon began to gain in strength and the annoying symptoms dissppeared and your Vegetable Compound has made me a well, strong woman so I do all my own housework. I cannot recommend Lydia E. Pinkham's Vegetable Compound too highly to women passing through the Change of Life."

Mrs. Frank Henson, 1316 S. Orchade
St., Urbana, Ill. St., Urbana, Ill.

Women who suffer from nervousness, "heat flashes," backache, headaches and "the blues" should try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

A WATFORD CIRL IN BELGIUM

(From The Canada Weekly)

The Russian Women's Regiment is called the Legion of Death. In Belgium there are women, hundreds of brave women, who are risking their lives for the salvation of little children. It seems to me that, in all reverence, we should call them "The Legion of Life."

In the little Belgian village of Furnes, they toiled and taught, mothered the motherless babies, fed the hungry, clothed the shivering little bodies; three fine human souls of that great legion, a Canadian Woman, a Girl, and a French Nun.

Nun.

They lived in galvanized iron huts They lived in galvanized iron nuis.
There they taught school for the children
of the village. When a bombardment
was in progress the children spent not
only days, but nights, in the huts, for it
was unsafe to send them home when
school was out.

school was out.

Food and clothing came periodically for the children on a welcome little canal boat; and the children were quite sure that the small craft sailed the Atlantic each trip, for they were told that the good food and warm clothing came from Canada, that safe and faraway land agross the ses.

One day when school was over the children were running home to the remnants of houses where they lived, when a big German slid a shell home to its place in a cannon. They trained the gun on the already half-destroyed village and fired.

and fired.

The Woman had not left the hut, but road. Suddenly the Girl lay on the road wounded in the leg with shrapnel and the Nun lay dead beside her.

The Nun is buried in that little village

and "the blues" should try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

At the nominations held to fill two vacancies in the Forest town council, Amos Bannister and Hophni McFarlane were elected by acclamation.

The Nun is buried in that little village of Furnes. The Girl, Margaret Bell Saunders, formerly of Watford, sometime newspaper woman of Toronto, is in Wales slowly recovering her strength. Like many another brave soldier, she is lame. The Woman is working on in Furnes; but not alone. There are others of the Legion of Life who are helping

Miss Saunders, throughout her weary convalescence, has taken up her pen again. It says much for the quality of her work that it has a steady demand, although English newspapers have been very much cut down in size, owing to the scarcity of paper. The Woman? She is Mme. Kathryn

Innes-Taylor, who was, before the war, a professional singer with an enviable reputation in Canada and the United

Madam Innes-Taylor is also well known to many Watford people.

KEEP LITTLE ONES WELL IN WINTER

Winter is a dangerous season for the little ones. The days are so changeable—one bright, the next cold and stormy, that the mother if afraid to take the children out for the fresh air and exercise they need so much. In consequence they are often cooped up in overheated, badly ventilated rooms and are soon seized with colds or grippe. What is needed to keep the little ones well is Baby's Own Tablets. They will regulate the stomach and bowels and drive out colds and by their use the baby will be able to get over use the baby will be able to get over the winter season in perfect safety. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Dispersion Sale of Pure Bred Livestock

Lambton County Pure Bred Livestock Breeders are to hold a Dispersion Sale of Pure Bred Livestock, in Petrolia, during the second week in March. At a Direc-tor's Meeting of the Association held in the Agricultural Office, Petrolia, on Jan-pary 24th, preliminary arrangements the Agricultural Office, Petrolia, on January 24th, preliminary arrangements were completed. This is the Second Annual Sale of the Association. The first proved very successful for a beginning. Good encouragement has been offered the officers of the Association to continue the work. The prospects at the present time point to a much larger sale this year. In fact, it may be be advisable to hold a Two-Day Sale, one of Dairy Cattle, second day beef breeds of cattle. The association warns those who wish to enter stock in the sale to see that they secure the registration papers at once. wish to enter stock in the sale to see that they secure the registration papers at once. Copies of registration papers to be included in the sale catalogues are to reach the secretary, W. P. McDonald, Petrolia, Agricultural Office, by February 15th, 1918. After above date no further papers of registration will be entered in the Sale Catalogues. Each contributor of stock is to send foot notes to the Secretary which they wish included with each registration they wish included with each registration in the catalogue.

The Directors from each township will

inspect and pass all cattle offered for sale in their own township and immediate vi-cinity. Send in your list of cattle at once to the Secretary. All breeds of live stock are accepted.

BORN

In Plympton, on Saturday, Jan. 26th, 1918, to Mr. and Mrs. Orville Ramsay a daughter.

In Bosanquet, on Jan. 14th, to Mr. and Mrs. Preston Bass, a son.

DIED

In Petrolia, on Sunday. Jan. 20th, Aaron London, in his seventy-third year. In Watford, on Saturday, Jan. 26th 1918,

Catherine McLeay, relict of the late Robert B. McLeay, aged 77 years, 1 month, 21 days. In Sarnia Hospital, on Sunday, Jan. 20th, 1918, Emma, daughter of Mr. and Mrs. Wm. Hillier, of Vyner, aged 40 years. At Turtle Lake, Wisconsin, Sunday, Jan. 20th, 1918, Mr. Fergus Kennedy, of

Medicine Hat, formerly of Plympton, aged 68 years. IN LOVING MEMORY of William Edward Kearney, who died February

ist, 1914.

Oh, the love of a true, noble husband and father!
It is strange we never half prize
Or realize his life-long devotion
Till the grave hides his face from our eyes. ANNIE KEARNEY, 1918.

IN MEMORIAM In ever loving memory of my dear husband add McLean, who was called home on Feb

Donald McLean, who was called home on F 4th, 1917.

One year has passed; our hearts are sore, As time goes on we miss thee more. One of the dearest, one of the best, God in His mercy took him to rest. His smile lives on, though gone from view, That face so merry, and full of glee; And though his voice we no longer hear We know and feel that he is near. Bidding us sorrow and weep no more, For we will meet on another shore.

For we will meet on another shore.

They miss you most that loved you best.

—His Loving Wife and Children.

KERWOOD

Pte. Harry Smith spent Sunday with

and Mrs. Chas. Jamieson have moved to Kerwood.

Miss Funger, who visited her aunt Mrs. M. C. Morgan, has returned to her

Miss Josephine Rogers has gone on an extended visit to Stratford, St. Catharines and Toronto.

The sacrament of the Lord's Supper will be administered at Bethesda on Sunday morning at 10.30. There will be no service in the Metho

dist church next Sunday morning, but service in the evening as usual. Mrs. Will Rogers and little daughter of Stratford, who spent a few days with friends here, returned home recently.

The Women's Missionary Society will hold their next meeting at the parsonage Feb, 14th at 2.30. After the regular Feb, 14th at 2.30. After the regular program a special musical program will be provided and luncheon served. A special invitation is extended to all.

The Women's Institute will hold their

THE STERLING BANK

OF CANADA

SAVE, Because--

No ship puts to sea without an anchor -no man should go through life without a savings account.

28th Annual Meeting of Shareholders of The Industrial Mortgage & Savings Co.

A Year of Marvellous Progress

The 28th Annual Meeting of the shareholders of the Industrial Mortgage & Among those present were Capt. A. McLachlan, Wm. Armstrong, John Cowan, Thos. Paul, W. G. Moorehouse, D. N. Sinclair, Rev. J. J. Paterson, W. R. Paul, Bernard Rooney, Rev. John Morrison, J. W. Simpson and others.

The minutes of the last Annual Meeting were read by the Manager D. N. Sinclair, and on motion were confirmed.

clair, and on motion were confirmed.

The Directors' Report and Financial Statement were then considered:
They are as follows:—

TO THE SHAREHOLDERS OF THE INDUSTRIAL MORTGAGE & SAVINGS COMPANY:

INDUSTRIAL MORTGAGE & SAVINGS COMPANY:

The Directors of your Company submit to you for your consideration and approval the report for the year 1917.

The Earnings of the Company during the past year have enabled the Directors to pay a dividend of eight per cent. per annum on the capital stock of the Company, and to add \$37,000.00 to the Rest Fund after writing off \$836.05 on the cost of the Office Furniture.

During the past year a substantial increase has been made on the total assets of the Company which now amount to the very handsome sum of \$2,367,652.36, and the total turnover of the Company during the past year amounts to \$2,973,403.68, which will give the shareholders some idea as to the amount of work involved in the operation of the Company.

The payments on all securities held by the Company have been well met and all such securities are in first class shape.

such securities are in first class shape.

As heretofore great care has been taken in respect to the investment of the Company's funds and in no case has any loan been made in which there has been any doubt as to the security.

The business of the Company, as heretofore, has been carefully audited.

The Directors thank the Manager and Staff for the efficient way in which the iness of the Company has been carried on during the year.

JOHN COWAN, President.

Sarnia, January 11th, 1918. PROFIT AND LOSS

All of which is respectfully submitted.

Debenture Interest		DR.				
June 30, 1917	Debenture Interest-					
Dec. 31, 1917 13976 20 \$ 27101 55			\$ 13125	35		
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Deposits	Ralance profit and loss					

We hereby certify that we have audited the accounts of The Industrial Mortgage & Savings Co. for the year ending December 31st, 1917, and find the same correct and in accordance with the above statements. We have examined the Cash and Bank Accounts and have carefully checked every entry in the Company's ledgers, and we have examined the Company's securities and find them in order.

A. B. TELFER
HENRY INGRAM

Auditors.

Dividend due Jan. 2nd, 1918

The President in moving the adoption of the report pointed out the marvellous growth and developement of the company during the past year, notwithstanding the many adverse conditions prevailing owing to the continuance of the war. There was a great expansion in the volume of business done. The net earnings were the largest yet recorded, being over \$69,000. Eight per cent. dividend was paid to the stockholders and \$37000 added to the Rest Fund, which is nearly 57 per cent. of the paid up capital, the satisfactory condition of the loans was referred to. He looked with hope and confidence to the future of the company with the hearty co-operation of the management, directors and shareholders. The motion for the adoption of the report was seconded by J. W. Simpson and after Rev. John Morrison and others had spoken, the report was unanimously adopted.

spoken, the report was unanimously adopted.

The retiring directors, John Cowan, John McFarlane, J. H. Anderson, Wm. Armstrong and W. G. Willoughby, were re-elected and Henry Ingram and A. B. Telfer were re-appointed auditors.

After the usual vote of thanks to the manager and staff the meeting adjourned.

next meeting at the home of Mrs. Harry Lambert on the evening of Feb. 22nd. An excellent program is being prepared and a very pleasant time is looked for-

An Illinois soldier in a training camp licked 25 men in order to be sure he got the man who called him a liar. That fellow would probably tackle the entire to get a crack at the

CAPITAL AND REST OVER

LOOK TO THE FUTURE

Times may change and work become less plentiful for you with advancing years and you will have no such help anywhere as your nice little few hundred dollars saved in some sound Canadian Bank.

Begin now with only one dollar. Make a hobby of it. See how far behind you can leave trouble and hard times. Above all things do not look backward in your run to the harbor of comfort.

WATFORD, ONT., BRANCH - F. A. MacLEAN, Manager.

Announcement of

FARM BUILDINGS PLAN SERVICE

We have just put in a Plan Service, including Plans, Specifications, and bills of material for various types of farm buildings Every farmer will be interested in this service, because it will enable him to build better and more economically. The plans include Barns, Implement Sheds, Hog Houses, Poultry Houses, Garage, Granary and Milk House. Every one of these buildings has been built many times. They are designed by men who know the farmers' needs. They are thoroughly practical, and have been drawn to utilize the most economical sizes, lengths and grades of lumber.

Come in and see these plans, or let us send them to you.

Our service is free and asking for plans does not in any way obligate you,

See our WHEELBARROWS - with solid oak

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receive by return mail a copy of our new illustrated 80-page catalogue of Garden, Flower and Field Seeds, Root Seeds, Grains, Bulbs, Small Fruits, Garden Tools, Etc.

SPECIAL-We will also send you free a package (value 15c) of our choice Butterfly Flower

This is one of the airiest and daintiest flowers imaginable, especially adapted to bordering beds of taller flowers and those of a heavier growth. The seeds germinate quickly and come into bloom in a few weeks from sowing. The florescence is such as to completely obscure the foliage, making the plant a veritable pyramid of the most delicate and charming bloom. The Butterfly

Flower make admirable pot plants for the house in late winter and early For this purpose sow in the autumn Send for Catalogue and learn of other valuable premiums

DOMINION SEEDS LIMITED, CANADA. DARCH & HUNTER SEED CO. LIMITED