

WOMAN HAD NERVOUS TROUBLE

Lydia E. Pinkham's Vegetable Compound Helped Her.

West Danby, N. Y.—"I have had nervous trouble all my life until I took Lydia E. Pinkham's Vegetable Compound for nerves and for female troubles and it straightened me out in good shape. I work nearly all the time, as we live on a farm and I have four girls. I do all my sewing and other work with their help, so it shows that I stand it real well. I took the Compound when my ten year old daughter came and it helped me a lot. I have also had my oldest girl take it and it did her lots of good. I keep it in the house all the time and recommend it."—Mrs. DEWITT SINCEBAUGH, West Danby, N. Y.

Sleeplessness, nervousness, irritability, headache, dizziness, dragging sensations, all point to female derangements which may be overcome by Lydia E. Pinkham's Vegetable Compound. This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

Guide-Advocate

Watford, Ont.
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HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.
WATFORD, MARCH 2, 1917

The Blessing of War

It will surely cost hundreds of millions; it may cost thousands of millions; but it will bring likewise to this nation a blessing so inestimable that figures running into trillions or quintillions would be inadequate to signify its value to the united American people.

We have witnessed the regeneration of France into a glorious, serious manhood. We have seen Britain aroused from the stupor of a prosperity complacently accepted as matter of course. We have seen our kindred across the Canadian border entering upon the new ideals of national opportunity and duty. We have seen everywhere indifference transformed into passionate devotion, cynicism becoming heroism, sordid selfishness and luxurious self-indulgence disappearing in fine self-abnegation, individual character exalted by the magic of the common cause.

Our turn must come with a war righteous as this will be; and perhaps here as elsewhere the great quickening has been needed.—New York Sun.

VIRGINIA FARMER

Restored To Health By Vinol

Atlee, Va.—"I was weak, run-down, no appetite, my blood was poor, I could not sleep nights and was rapidly losing flesh, but I am a farmer and had to work. Medicines had failed to help me until I took Vinol. After taking three bottles my appetite is fine, I sleep well, my blood is good and I am well again."
—ORLANDO W. BORKET.

Vinol, which contains beef and cod liver, potassium, iron and manganese peptonates and glycerophosphates, is guaranteed for run-down conditions.

Taylor & Son, Druggists, Watford, Ont., also at all the best druggists in all Ontario towns.

Worst Perils of United States

Chicago Advance: Our worst perils are not those we face at the hands of Germany, of Austria, or Mexico, or Japan, or any other foreign nation. A worse thing than war; yes, a worse thing than to be defeated in war, is possible to a nation, to our nation. It would be a sad thing if some foreign power should send her warships to our shores and find us lacking in ships or guns or aeroplanes; but it would be still worse if our nation were to come face to face with a moral challenge and find herself unprepared.

Our worst perils in America are inherent in our own social, national and religious life. They grow out of our materialism, our prosperity, our self-indulgence, our national conceit, our love of pleasure and of wealth; they attack us in our sense of security, our love of ease and comfort, our shrinking from self-denial, our pampering of the body and starving of the soul.

No foreign foe can conquer America. If she is ever defeated, it will be by enemies within, enemies of her own spiritual life. If she fights and wins, or if by God's good providence she remains at peace and wins a nobler victory, it still will be by reason of her possession of righteousness, integrity and national honor.

Children Cry FOR FLETCHER'S CASTORIA

SHE ASKED FOR CANDOR.

And Now He Wonders What She Got It. A woman with a birthday in sight spoke earnestly to three men who were her friends.

"Tomorrow will be another birthday for me," she said. "I know the freshness of my youth has departed, but I should like to know just how old I appear in the eyes of the world. Tell me, my dear friends, if you were looking on me for the first time what would be your impressions?"
"The first man glibly: "I have known you for several years, and you appear the same as when I first saw you. Your beauty is undimmed; your charm is undiminished. If I did not know otherwise I should say tomorrow would be your twentieth birthday."

Said the second man more slowly: "I, too, have known you for several years, but it seems to me you have been favored by time. Your beauty has ripened and deepened until now you, who were once a lovely bud, are a lovelier rose in bloom. I should count tomorrow as the beginning of your twenty-fifth year."
"And you?" queried the woman of the third man, who had been regarding her with clear-eyed frankness.

"Between friends there should always be truth," he replied gravely. "I acknowledge your beauty and your charm, and both have been wonderfully preserved in a semblance of youth. But you ask for candor, and you shall have it. Looking at you closely, I should not expect you to see thirty—after tomorrow."

The woman faced the three men who were her friends, and her eyes were gleaming while her cheeks' pink turned to crimson. She pointed an accusing finger.

"You have lied," she said accusingly, "and you also. But I will forgive you both because you lied to please me. But you"—she whirled toward the last speaker—"you are a barbarous egotist. You have wounded me in order to maintain your own reputation for veracity. Truth, indeed! Your honesty offends me. We are no longer friends. Go—and quickly!"

"Whew!" exclaimed the third man as he strode through the outer darkness. "I wonder what would have happened to me if I had really told her the truth?"—Ella Randall Pearce in Life.

One View of Golf.

Many anecdotes are told of some of the curious incidents held about golf by people to whom it was a new and strange game before its modern popularity had set in. One woman who had evidently had a near view of the game said: "It is played by two men. One is a gentleman and the other is a common man. The common man sticks a ball on a lump of dirt, and the gentleman knocks it off."

One of the great lessons of this life is to learn not to do what one likes, but to like what one does.—Hugh Black.

The most obstinate corns and warts fail to resist Holloway's Corn Cure. Try it.

Some feminine complexions resemble small boys; they won't wash. It's as easy to please an enemy as it is not to please a friend.

The Canning Combine

A very good instance of how the food situation is under control of the middleman is shown by the Dominion Cannery organization. This organization fixes the price to be paid to the growers of tomatoes and other products for canning purposes, and absolutely fixed the price the retailer shall sell the canned goods for over his counter. So absolute is this control that no one can buy these goods for reselling to consumers, unless he guarantees to charge the buyer the price fixed by the cannery organization. Is there any other country the world over that would stand for this kind of thing? We rail against combines in restraint of trade, and yet we allow a big monopoly to get control and practically stifle competition.—Canadian Farm.

ROLL OF HONOR

Men From Watford and Vicinity Serving the Empire

27TH REGT.—1ST BATTALION
Thos. L. Swift, reported missing since June 15, 1915, Rich. H. Stapleford, Bury C. Binks, L. Gunn Newell, killed in action, Arthur Owens, F. C. N. Newell, T. Ward, Sid Welsh Alf Woodward, killed in action M. Cunningham, M. Blondel, W. Blun R. W. Bailey, A. L. Johnston, R. A. Johnston, G. Mathews, C. Manning, W. G. Nichol, F. Phelps, H. F. Small, E. W. Smith, C. Toop, C. Ward, J. Ward, killed in action, F. Wakelin, D. C. M., killed in action, T. Wakelin, wounded—missing, H. Whitesit, B. Hardy.

PRINCESS PATRICIA'S C.L.I.
Gerald H. Brown

18TH BATTALION
C. W. Barnes, Geo. Ferris, Edmund Watson, G. Shanks, C. Jamieson, J. Burns, F. Burns, C. Blunt, Wm. Anterson, S. P. Shanks.

2ND DIVISIONAL CAVALRY
Lorne Lucas, Frank Yerks, Chas. Potter.

33RD BATTALION
Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H. Patterson, died in Victoria Hospital, London, Charles Potter.

34TH BATTALION
E. C. Crohn, S. Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees.

29TH BATTERY
Wm. Mitchell, John Howard.
ANTI-AIRCRAFT
Gunner Woolvet

70TH BATTALION
Ernest Lawrence, Alfred Emmerson, C. H. Loveday, A. Banks, S. R. Whalton, killed in action Oct. 1916, Thos. Meyers, Jos. M. Wardman, Vern Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough.

28TH BATTALION
Thomas Lamb, killed in action.

MOUNTED RIFLES
Fred A. Taylor

PIONEERS
Wm. McNally, W. F. Goodman.

ENGINEERS
J. Tomlin

ARMY MEDICAL CORPS
T. A. Brandon, M. D., Capt. W. J. McKenzie, M. D., Norman McKenzie, Jerrold W. Snell, Allen W. Edwards.

135TH BATTALION
N. McLachlan.
3RD RESERVE BATTERY, C.F.A.
Alfred Levi

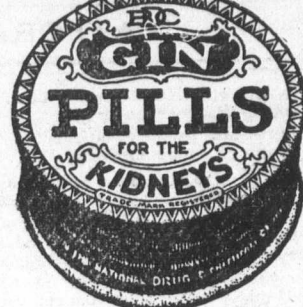
116TH BATTALION
Clayton Fuller.
CONSTRUCTION UNIT
Arthur McKecher
196TH BATT.
R. R. Annett.

70TH BATTERY
R. H. Trenouth, Murray M. Forster.

147TH BATTALION
Austin Potter.
GUNNER
Russ. G. Clark.

Ask Your Druggist for

Gin Pills FOR THE KIDNEYS



Tilley Road, N.B.
May 1st, 1915.
"My trouble was gravel in the bladder. My case was very serious and my death was daily expected. No suffering could be worse than I had to endure. I beg you to publish my letter so that people may know what Gin Pills had done for me. The first box relieved me a great deal. Eight boxes were sufficient to cure me entirely and to bring me back to perfect health."
Isadore Thomas."

Your druggist sells Gin Pills—50c. a box, or 6 boxes for \$2.50. Sample free if you write to
NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED
Toronto, Ont.
U. S. Address—No-Druggist, Inc.
202 Main St., Buffalo, N.Y.

See You Get This Box

MAKE YOUR DOLLARS FIGHT AT THE FRONT.

BUY DOMINION OF CANADA

THREE-YEAR

WAR SAVINGS CERTIFICATES

\$ 25.00 FOR \$21.50
50.00 " 43.00
100.00 " 86.00

INDIVIDUAL PURCHASES LIMITED TO \$1500.

FOR FULL PARTICULARS APPLY AT ANY BANK OR ANY MONEY ORDER POST OFFICE

JAN. 9, 1917

FINANCE DEPARTMENT OTTAWA

See Our Furniture First

You need not buy because you come here to look. We are quite content to leave it to your own good taste. We are anxious however that you do not commit yourself to the purchase of furniture, until you have seen what this store is offering and you have no idea unless you have been here very lately. Let us figure on your furniture outfit. Perhaps we can save you money. It will cost you nothing to see anyway, visitors always welcome

MASON & RISCH PIANOS

Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERPAKERS

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.
CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Crapping and Rolling Done While You Wait

PHONE 39

Guide-Advocate Want Ads. Get Quick Results

CHAMBERLAIN'S COLIC

Are you cracked, or cold crack, bled when tight? Have frost bite, at times ma to go about Zam-Buk w and will he skin.

Miss B. S. ford, N.S., were so bad able to put remedies fa tried Zam-F with this ba the sores."

Zam-Buk h cures eczema cold sores, fr diseases, At a 5c box.

ZAM-BUK GIVES

Neilson's

In bulk o old pri A first-cl fection hand.

Bread, c kinds ways c Our W cannot

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BAKERY A

WAI

MEN an Learn the Cream B spare tin I teach you al the business. can't fail, if fions, and yo fitable busine quired to star fied, and v nt will writ f Address

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If you want you call on J. H. I

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PETER MCPH

Agent for Wat