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soon rights the wrong. It helps the stomach digest the food and manufacture nourishing blood. It has a tonic effect and soon enables the stomach and heart to perform their functions in a natural, healthy manner, without any outside aid.

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AT THE GUIDE-ADVOCATE

MABEL'S CHITCHAT

The Long Drawn Out Goodby at the Station.

MAKE YOUR DEVOIR QUICKLY.

"The Colonel's Lady and Judy O'Grady Are Sisters Under Their Skins." Difference In Their Viewpoints—Be Modish and Wear the New Sautoire.

Dear Elsa—The goodbys of women are funny things, aren't they? I went to the station recently to see Dick off on a trip, and there were two girls at the train making perfect spectacles of themselves and almost holding up the express with a lot of senseless "don't forget" conversation.

For such a little word, "goodby" sometimes takes a long time to say.

These girls could not make up their minds to part even after the conductor's "All aboard!" rang warningly in their ears. They had said all there was to say, but the girl on the platform still kept adjuring her friend at the car window to write, and the latter shrieked her promises as long as the flutter of her handkerchief could

How much better it is to accept the fact of the traveler's departure, say your goodby and leave the station before the train is actually in motion!

Then there is the woman visitor who insits upon lingering in the hall at the door and halfway down the front steps (letting in the winter winds or the summer mosquitoes) to prolong her conversation and to say what she might have said and probably did say

Dr. Morse's Indian Root Pills

are made according to a formula in use nearly a century ago among the Indians, and learned from them by Dr. Morse. Though repeated attempts have been made, by physicians and chemists, it has been found impossible to improve the formula or the pills. Dr. Morse's Indian Root Pills are a household remedy throughout the world for Constipation and all Kidney and Liver troubles. They act promptly and effectively, and

Cleanse the System

two and a half hours before.

No, dear; there's nothing like saying goodby and meaning it and acting upon the meaning. I know only one woman who does it. Not myself, oh.

no! I'm not half so emancipated, more's the pity.

I must tell you, Elsa, an amusing story about a friend of mine, a young matron, who has an Irish laundress, a good and capable sort of person.

Mary's spouse is also from the "ould

Mary's spouse is also from the "ould country," but neither good natured nor capable, and he is too fond of looking upon the beer, if nothing stronger, when it's foamy. Likewise when he has satisfied his thirst, from an outsider's viewpoint, he is ready to work off some of the nastiness of his disposition. After the last few "celebrations" Mary arrived for the day's washing at the apartment of my friend with a badly swollen eye. Upon being told the cause of the injury the young housekeeper indignantly exclaimed: "Why, Mary, it's an outrage! Why do you stand it? You can earn your own living. In fact, you work for the whole family."

Mary pinned up her apron preparatory for the tubs and casually replied, "Oh, sure he don't mean no harm at all, at all! Men is queer. If it isn't one thing that is the matter with them it's another." The young matron raged inwardly and the subject was dropped. Now the husband of my friend has a position which requires working at home. A few minutes after the con-

a position which requires working at home. A few minutes after the conversation with Mary and her mistress the young husband called out to his wife: "Edith, dear, would you mind bringing me a glass of water? I can't get up without upsetting all my wook."

"All right, just a minute," called back his wife and turned to get a glass. Then she beheld Mary, eyes flashing fire and arms akimbo. "The idea! That big man expecting a little woman like you to wait on him! He ought to be ashamed! I wouldn't stand for it!"

The young wife ran into her husband's study, where she sank on the couch and laughed hysterically.
"What is so laughable?" very natur-

"What is so laughable?" very naturally demanded the astonished man, and when she could speak his wife answered, "Her point of view."

Now for a little fashion gossin. Have

Now for a little fashion gossip. Have you a sautoire? I know that you possess such a modish accessory, but you are probably still calling it a lorgnette chain. Be up to date and speak of your new ribbon, which is a quarter inch wide band of black grosgrain ribbon a yard long, as your "sautoire."

The smart sautoire is fitted with slides in brilliants or pearls, and I have a charming one with butterfly slides done in enamel. I gave mother a sautoire with slides in cut jet for a birthday present. I think it is most appropriate for an elderly woman.

But the very latest wrinkle in neck adornment is the silk cord of yard length and of a vivid shade of green or blue or red, supposed by the initiated to match the wearer's hosiery. In some cases it may. At all events it gives a dashing touch of color to the costume and also serves to display one of the new pear shaped pendants which come in pearl, amber, jet or brilliants, whichever one can afford.

Mme. Poiret, wife of the famous Parisian dressmaker, wore these cords with her gowns while in this country recently with her aristocratic husband. Well, it's time to show up at a club meeting, so fare thee well until the next budget of news reaches you from yours devotedly,

New York.

MABEL.

Peanut Bars.

Boil together four cupfuls of New Orleans molasses, two cupfuls of brown sugar, two tenspoonfuls each of butter and vinegar. Rub the skins from the peanuts, spread them in greased pans about an inch thick and when the molasses, etc., has reached the "crack" degree pour it over the nuts. When partly hardened cut into bars.

A Cure for Rheumatism.—A painful and persistent form of rheumatism is caused by impurities in the blood, the result of defective action of the liver and kidneys. The blood becomes tainted by the introduction of uric acid, which causes much pain in the tissues and in the joints. Parmelee's Vegetable Pills are known to have effected many remarkable cures, and their use is strongly recommended. A trial of them will convince anyone of their value.

Clifford, third son of Herbert and Margaret Scott, of Strathroy, died lately aged six years and eleven months. The little tellow contracted a heavy cold by getting wet from the overflow of the civic standpipe. Rheumatism developed, followed by paralysis which terminated fatally. The civic standpipe is in close proximity to the Scott residence, and has frequently overflowed, according to Mr. Scott's statements. Last December it ran over to such an extent that it flooded the yard and filled the cellar, and from the dampness the child's father claims the illness was caused, and as a consequence Mr. Scott is asking the town for ten thousand dollars, the claim having been entered some time ago.

Children Cry FOR FLETCHER'S CASTORIA

FOR STOMACH TROUBLE

John W. Skillen of Sidney, Ohio

Has Found a Remedy.

Experts declare that the reason stomach disorders are so common in this country is due to hasty and care less habits of eating. Stomach troubles and run-down conditions

usually go together.

John W. Skillen of Sidney, Ohio says: "I had a bad stomach trouble for years, and became so weak that I could hardly walk or do any work. My appetite was poor, and it seeme impossible to get any relief. Since taking 'Vinoi' I find a remarkable improvement in my health, my digestion is much stronger, and I have gained in weight. I would not be without Winoi."

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Vinol makes weak stomachs strong because it strengthens and tones up the weakened, tired and overtaxed nerves of the digestive organs. Vinol is easily assimilated by the weakest stomachs, and is delicious to the taste. Try a bottle of Vinol with the understanding that your money will be returned if it does not help you.

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