



Four Wonderful New Breakfasts

HERE are four ways to add a new interest to breakfast. You prepare them in an instant, and serve them to win back wayward appetites. Note how simple it is to stop the monotony of ordinary breakfasts.

Quaker Puffed Wheat and Puffed Rice are different from any other cereals known. They are steam puffed to eight times their natural size, and thus every food cell is broken—making digestion easy.

They're toasty, crunchy grains that taste like toasted nutmeats. Their food value is that of rich grain foods.