

Adams' Farm Sleigh made in 2 in. and 2½ in. sizes with spring steel or cast shoes

It "keeps the road" because the bobs are so constructed that they track perfectly and the rear bob is so attached that the sleigh never buckles. The gradual even slope of the runner prevents it from scooping out "pitch-holes." The shoe projects on each side of the runner and saves it from wear.

The front bunk is strongly re-inforced; the ironing is heavy—no labor or expense is spared on material or construction to make the "Adams" the best. No sleigh will give you the satisfaction that an "Adams" will. For sale by Cockshutt agents everywhere.

Honest Material

Best Construction

Every ADAMS' SLEIGH has the best oak runners, maple bunks and ash tongue.

The **COCKSHUTT PLOW COMPANY, Limited,**
WINNIPEG REGINA CALGARY

Ginger Up! Here's Help For You

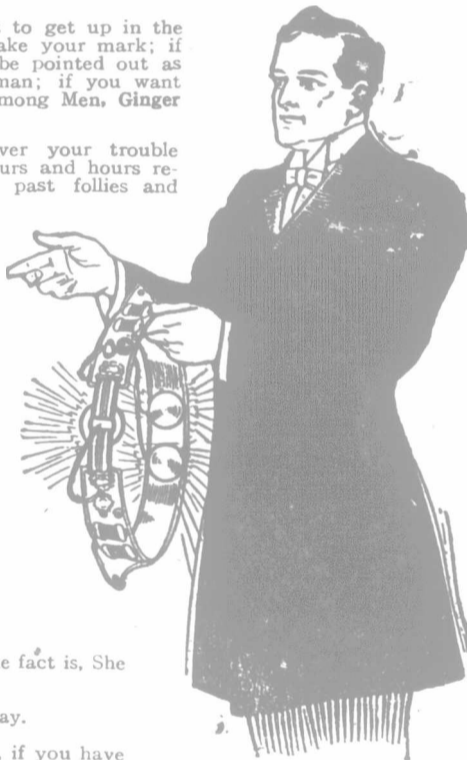


If you want to get up in the world and make your mark; if you want to be pointed out as a successful man; if you want to be a Man among Men, Ginger Up!

Brooding over your trouble—spending hours and hours regretting your past follies and mistakes—despairing of help—will not add to your capital of nerve power—will not help you down the shadows and get into the sunlight of happiness and success.

You aren't the only fellow that's after the plum—the high places. Thousands are in the strife, and the prizes go to the wide-awake—the men of Courage and Energy.

Life is made up of hurry and worry, hard knocks and excitement.



You have heard it said that "Opportunity knocks but once in a lifetime." The fact is, She makes several calls, but she don't come with a brass band to wake you up.

Nature carved you in the image of a Man, a Man you can be, and I can show you the way.

If you have fallen by the wayside, if you have succumbed to temptation and folly, if you have exhausted your vitality through excesses, overwork or worry, use your God-given brains and judgment for a few moments.

Take an inventory of yourself. Seek the truth. Study your weakness. Don't further wreck your nervous system and befuddle your brain with drugs, stimulants, but use that great, wondrous power, Electricity, as we apply it with my Electric Belt.

I can point to hundreds of men to-day who came to me broken in health and spirit—absolute physical wrecks, hopeless, despondent, who followed my advice, used my Belt, regained their strength and vitality, and are now getting on in the world. Many of them say that my Belt saved their lives.

Here's a few samples of the kind of letters we get from these men every day:—

Dear Sir:—I regret very much in keeping you waiting for the recommendation you so richly deserve in praise of your Belt. I must say that it is a God-send to anybody in need of it. It will cure anything as regards physical weakness, and is far ahead of drugs. Anything I can do in the way of recommending your Belt I will do it to the best of my ability. You can refer anybody to me that may be in doubt about your Belt.—THOMAS MURRAY. 148 Gladstone Ave., Winnipeg, Man.

Dear Sir,—One year and eleven months has passed since I stopped wearing your Belt, and I can say that your Belt has cured me permanently of my different ailments, such as nervousness, heart and kidney troubles, indigestion, sick headaches and other ailments. Wishing you success.—JAMES ED. JONES.

With the feeling of youth, of freshness, of vigor, you can master all your difficulties, surmount every obstacle. Feed your weakened system with this great force—Electricity—and every sign of your weakness will disappear. It will build up your nerve powers, restore your vitality, and with the return of health will come ambition and cheerfulness.

My Belt is a positive cure for weakness in Men and Women, Nervous Debility or General Debility, Headaches, Sleeplessness, Tired Feeling, Indigestion, Constipation, Backache, Kidney Trouble, Weakness of the Genitor or Urinary Organs, Losses, Premature Decay, every sign of Nervous and Physical Breakdown.

If you are sick and discouraged with drugging your system in search for relief with no result, try my Belt. If it fails to cure you it costs you nothing. Reasonable security is all I ask. Remember my terms are,

**PAY WHEN CURED
FREE TO YOU**

Get my 80-page book describing my treatment, and with illustrations of fully-developed men and women, showing how it is applied.

This book tells in plain language many things you want to know, and gives a lot of good wholesome advice for men.

I'll send this book, prepaid, free, if you will mail me this coupon.

Cut out the coupon now.

Consultation free. Office hours 9 a.m. to 6 p.m. Wednesday and Saturday to 8.30 p. m.

DR. M. D. McLAUGHLIN

112 Yonge St., Toronto, Can.

Dear Sir,—Please forward me one of your books as advertised.

NAME

ADDRESS

Burton City Fruit Lands

The Cream of the Kootenays

Don't Need Irrigation

We have just purchased and subdivided the Sapandowski Farm of 240 acres into 10 and 20 acre blocks. This farm is situated in the famous Burton Valley at Burton City, and has fully demonstrated the possibilities of fruit growing in this district. There is an orchard of 200 fruit trees of different varieties, 75 of which are now bearing and all in a healthy condition. 40 acres have been cleared and in crop. As high as 350 bushels of potatoes have been grown on this land and sold at from 75c. to 90c. per bushel. Fruits and garden truck do remarkably well here, and there is an unlimited market right at our doors.

The balance of this land is equally as good and in most cases better than that already cleared, being largely a leaf mould with a clay loam and clay subsoil. Clearing can be done for from \$15 to \$35 per acre, and we will undertake to clear ready for the plough at these figures.

This land is being sold at from \$125 to \$300 per acre according to location. Clear title at once.

For full particulars, maps, photos, etc., apply to the owners:

A. H., 92 Sherbrook St., Winnipeg, Man.

R. M. W., P.O. Box 354, Nelson, B.C.

PIANOS and ORGANS

Highest grades only.
Prices reasonable and easy.

J. MURPHY & COMPANY
CORNWALL ST. REGINA.

A TEAM OF HORSES THE ONLY HELP REQUIRED
to bore or drill wells with the

POWERS
Well Boring and Drilling Machine

You can run it alone, because the tools operate through center of platform, and the machine rotates its own drill. Easily moved over rough and hilly roads, and on arrival on the spot is instantly ready for use—no setting up or staking down. Bore 100 ft. in 10 hours, and drills as fast as any of them. Big money saved. Easy terms. Write for catalog.

Lisle Mfg. Co., Box 29, Clarinda, Mo., U. S. A.