

such sacrifices, though offered to idols.

"But you must think about others," said the apostle. "Suppose one of the weaker Christians among you, seeing his neighbor feasting in an idol-temple, should be tempted to do the same, and so should fall back into the worship of idols, then would it not be a sin? It is indeed a good thing to feel strong and free, but take great care lest you place temptation before others.

"For what does it matter whether we eat or do not eat? Is it not better to keep ourselves from enjoying even what is right, rather than that our weak companions for whom also Christ died, should perish?

"As for myself," said Paul in closing, "If, through my example others should be led astray, I would do without meat for the rest of my life, rather than through eating it I should cause anyone to sin."

We thus see how one who is strong may help those who are weak.

Questions on the Lesson

1. Into what sin did the Corinthian Christians fall? 2. Whom did they ask to settle their dispute? 3. What questions did they ask Paul? 4. What did some of the Corinthians say about such foods? 5. Why was Paul grieved with the Corinthians? 6. How did he urge them to live? 7. For whom did Paul say it would be no harm to eat heathen food? 8. Why then was it better not to eat it? 9. What did Paul say about leading others into sin? 10. What was his own plan? 11. The Golden Text?

Lesson Story

Freddie and Marion were just getting over the scarlet-fever. Poor little Marion had had much the worst of it and even yet could take nothing but milk, though the doctor said that to-morrow Freddie might have a piece of toast and some jelly.

When to-morrow came Marion with tears in her eyes begged to be allowed to have what Freddie had, but mother was obliged to say "No" the Doctor had said she was too weak yet for any solid food.

Now when Freddie saw how badly his sick little sister would feel to see him eating nice things when she could not, he whispered to

his mother, "Maybe if I waited a day or two for my toast and jelly, Marion might be strong enough to have some too." And sure enough she was.

Lesson Hymn

Do no sinful action,
Speak no angry word,
Ye belong to Jesus,
Children of the Lord. Amen.
—Hymn 529, Book of Praise.

The Catechism

PRIMARY CATECHISM—13. **What book tells us about God?** The Bible tells us about God. 14. **What more does the Bible teach us?** The Bible teaches us how God wishes us to live.

SHORTER CATECHISM—63. *Which is the fifth commandment?* A. The fifth commandment is, Honour thy father and thy mother; that thy days may be long upon the land which the Lord thy God giveth thee.

SOMETHING TO DRAW

Have you ever looked up at a starry sky, with the moon shining brightly? It is wonderful to think that not only the sky with



its great lights, but our whole earth, and the great wide ocean, were made by Him whom we can all call "Our Father in Heaven."

I Have Learned To-day
THAT JESUS CAN GUARD ME