## THE WESTERN HOME MONTHLY

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in pneumonia.

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fatal.

tured intestines.

Injuries to the Abdomen

bruises of all sorts, or rupture of the

An open wound of the abdomen that

does not reach any of the internal organs

is generally a simple matter, and heals

quickly with the proper treatment; but

when the wound is deep enough to injure

the liver, or the kidneys, or the spleen, it becomes a very serious matter. There is

a physical and nervous shock that of itself

may kill the patient. That shock is the

first thing for the physician to deal with,

especially if it is complicated with severe hemorrhage, which is very likely to be

When the sufferer has rallied and the

bleeding has been checked, there is still the

menace of peritonitis, or acute inflamma-

tion of the peritoneum, which is the mem-

brane that lines the abdominal walls.

When peritonitis is confined to one part of

the abdomen, it usually produces adhe-

sions that shut off the affected part from

the rest of the peritoneum, and thus helps

to prevent the spread of the inflammation.

over the whole peritoneum is generally

result of germs that produce pus, and the

germs usually enter from without, when

the wound is produced by an infected

knife or bullet; although the infection is

sometimes of internal origin, from rup-

abdomen, the shock and the hemorrhage

call for immediate treatment, together

with attention to the open wound, and a

doctor cannot be called too quickly. If

he cannot come at once, it cannot do any

harm to elevate the foot of the bed and

maintain the body heat by artificial means, such as hot bottles, mustard ap-

plied over the heart, and so on. It is

also a good plan to give the sufferer a

When a person has a bad wound of the

But the infection that spreads quickly

The inflammation is always the

muscles by some unusual exertion.

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Malt in excess, pepper, mustard and All else being equal, the shorter the spices, tea, or coffee, whiskey, beer and time element and the fewer the unavoidable incidentals between drawing the wine, and tobacco are enemies of the ductless glands. The ductless glands of a milk and feeding the infant, the greater heavy drinker or smoker cannot render is the essential value of the milk and the him much good service. Drinking men feeding are poor fighters of disease. They always In these days of nervous strain, some "cash in" quickly under severe attack as

children from the very first are so highy strung and intensely sensitive that Tobacco and smoke even from wood and they shrink from a sharp word more paper injure the thyroid gland so that it is than a healthy child would from the apt to attempt a "compensation" by over growing at one part. Goitres of this kind sting of the whip. A curt reprimand will bring the tears welling to their eyes are cured by country life and the abandonand a sob to the throat. It is no good to get angry with such children for the weakness. Children are like flowers; each one needs individual treatment, and for nervous natures like this, care, kind-So many important organs of the body ness and affection will do far more than lie within the abdominal walls that an inscoldings. By this it is not meant that they should be given way to and spoiled, jury to that part of the body is likely to be very serious. Injuries to the abdomen but that reproof should be administered may be of two kinds: first, open wounds, with discretion, and faults pointed out gravely and kindly, so that the child made by any penetrating instrument, or by a bullet; and second, contusions and may realize that you are not angry, but

## Addison's Disease

only sorry.

This disease got its name from the physician who first recognized it, an Englishman named Addison. It is sometimes called "bronzed skin disease," because one of its conspicuous symptoms is a darkening of the skin, which ranges from yellow to a very dark brown in different cases. Besides this curious coloring of the skin, the principal symptoms are a progressive loss of appetite, with anaemia, great languor and debility, a very feeble action of the heart, and an irritable stomach. The disorder is caused by a diseased condition, often tuberculous, of the suprarenal glands, which lie directly over the kidneys.

Males are more subject to Addison's disease than females, and since it is often caused by tuberculosis of the glands, a great number of the cases are of the tuberculous age, that is to say, between twenty and forty. At the same time it may be caused by other degenerative processes, and therefore cases occur at all ages.

Apart from the darkening of the skin and the mucous membranes, the first thing that the patient notices is the extraordinary weakness. That is so great that the patient must abandon all work that involves muscular effort. The action of the heart is so feeble that he becomes exhausted by the smallest exertion, and may even go into a condition of col-lapse with any effort, however slight, such as coughing, vomiting, or an attempt to There are often paroxysms of hurry. nausea and vomiting without apparent cause, and there is also great tenderness to pressure over the abdomen.

Although a sufferer from Addison's disease tends to grow gradually worse, there are in most cases periods of improvement of longer or shorter duration. The administration of adrenal extract, obtained from the glands of the sheep, is often very helpful, especially if it is given early in the case. Indeed, under this treatment some of the less severe cases may go on to recovery. In the way of general treatment, the most important thing is for the patient to stop all work and stay in bed. Patients who are compelled to work, and who fight against the increasing weakness, fail rapidly. Tonic treatment is called for, with a light but nutritious diet, and very often remedies must be given to quiet the irritable stomach. Feeding with the gland extract must of course be carried out under the supervision of the physician in charge.



Until a little while ago she thought them unavoidable. If you have corns don't blame yourself too much. Many an old person has had them fifty years.

TET they have done what you do-pared them and used oldtime, useless treatments.

But what folly it is when nowadays about half the world keeps free.

The chemist who invented Bluejay made corns forever needless. Last year some 17 million corns

Just try one corn.

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Chicago and

New York

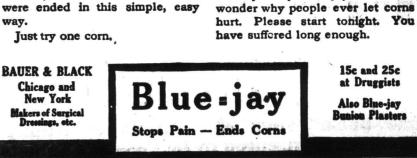
Makers of Surgical Dressings, etc.

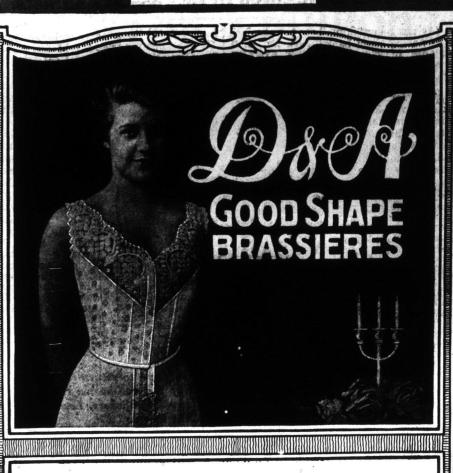
way.

Apply a Blue-jay plaster in a jiffy. Then forget it. It will never pain again.

In two days take the plaster off. The corn will disappear. Only one corn in ten needs another application.

You will laugh at the old ways when you try Blue-jay. You will.





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drink of hot coffee with or without other stimulants. By these means the patient can be helped to rally, so that when the doctor arrives he may be able to stand more vigorous treatment.

## Baby's Milk

Milk has long been deemed the ideal food for the young. This is true if for cow's milk we specify calves. In the case of an infant any food other than its mother's own milk at once introduces an element of danger, but this danger is least when the substitute food is new cow's milk. The Medical Council says: With ever increasing frequency infants are bovine parasites. In too many instances this rather grim alternative is accepted after small, if any, protest. The infant that can by any possibility nurse from the maternal breast at least a week or ten days should never be deprived of this considerable advantage

The very principles in milk that give it character also give it low-keeping power. The immense value of the former outweighs the latter two to one. It is true that in any deterioration of milk, however slight, these super-principles are always first to suffer. But over against this is the fact that with proper care as to cleanliness these very elements effect a degree of selfpreservation. But best of all, they resist all degrees of cold.

ale milk, cooked milk, preserved not and any milk overrun with myriads becteria is void of these super-principles worse than useless for infant feeding. that must be cooked to be safe is than disgraceful in a nursing bottle an new fresh milk is possible.

Chilblains-These are usually caused by abrupt transitions from cold to heat. Do not warm very cold feet at the fire at once, but bathe them first in cold water. When chilblains appear rub them with a lotion made of 1 oz. of iodine in 3 oz. rectified spirits of wine; apply with a brush not more than once a day. Apply tincture of myrrh in water to broken or ulcerated chilblains. Protect inflamed chilblains from the friction of boots and shoes.

Freedom from Asthma.—Asthma is one of the most distressing troubles, sudden in its aftacks and prolonged in its agonies. Fre-quently many things are tried, but nothing seems to give hope of relief. Dr. J. D. Kel-logg's Asthma Remedy is the one help which can be depended upon. If you have tried other remedies without success, do not fail to get at once a package of this uniformly suc-cessful preparation. cessful preparation.

## D & A GOOD SHAPE BRASSIERES

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