

THE *Globe*, Toronto (Tues. 25 inst.), says "The *Canada Health Journal* supplies the daily press from time to time with advance proofs of those of its articles of most importance to the general public, and deserves the highest commendation and support for its efforts to spread abroad everywhere the principles of hygiene, so vitally important to the well being of the community." The *CANADA HEALTH JOURNAL* appreciates such kind words, from so influential a source; and is much pleased to find the *Globe* one of the very foremost papers in aiding the *JOURNAL* in its efforts to spread the principles of health.

SIR Morell Mackenzie, M.D., &c., &c., in a paper in the June *Fortnightly* asserts that in his opinion "the riddle of influenza is poisoned nerves," and from this hypothesis "the bewildering diversity of symptoms becomes intelligible, if we regard them as the results of disordered nervous action." He compares it to the extraordinary disturbance in telegraphic systems produced by a thunderstorm, and says this is nothing "compared with the freaks played by the living conductors in the human body, if anything throws the governing centres out of gear."

IN London steps are being taken to found an Institute of Preventive Medicine, with the following objects: To provide a place in which researches may be carried on with a view of finding the means for preventing and curing infective diseases in man and the lower animals. To provide education in preventive medicine for medical officers of health, veterinarians, etc. To treat persons suffering with infective diseases or threatened with them. To found laboratories, libraries, etc.

A *DELUSION* and a snare. The *Sanitary News* says: The question of the disposal of sewage is receiving a new impetus in the way of discussion. The disposal by waterways is being more strongly condemned, and disposal by artificial means advocated. The truth will come eventually that pure water cannot be obtained from streams into which sewage is emptied. *Dilution is a delusion and a snare.* Some other means for the disposal of sewage will come soon as one of the extremest necessities.

IN England some one has made the extraordinary, indeed ridiculous proposal that the sewage of cities be pumped through large pipes laid along the railway courses and drawn off and utilized at various points along the route for agricultural purposes. All sewage rather should be transformed into a non-fermentable substance—a compost or food for vegetation in the soil, within 24 hours of its formation.

A BLOOD purifier, far better than any—"patent" or other, which can be bought at a drug store, is to renew the blood by a suitable amount of wholesome food and cleanse it by the use of abundance of pure water, inside as well as outside the body.

SEVERAL American cities, according to the Sanitary Inspector, of Augusta, Maine, of late have shown an interest in establishing public baths available to the poor during the winter as well as in summer. "A charity of this kind for the mitigation of degradation and disease is a much better investment than crowded hospitals and prisons.

THE American Public Health Association will meet in Kansas City, Mo., Oct. 20th to 23rd. The Executive Committee have selected the following important topics for consideration: "Sanitary Construction in House Architecture;" "Railway Sanitation;" "Meat Supplies;" "Milk Supplies of Cities;" "Arsenical Papers and Fabrics;" "Isolation Hospitals for Infectious Diseases in Cities." Other papers may be presented to the Committee.

AN epidemic of typhoid fever broke out in Sweden recently, and was traced through the milk supply to the family in which the first case occurred, hence to a well into which there leaked drippings from a manure heap twenty feet away. The milk cans were washed with this water every day, and when the practice was stopped the epidemic ceased.

AN outbreak of trichinosis is reported in Iowa, from two hogs, a part of which was made into sausages, and some of which were eaten by a farmer's family and some invited guests. Seven had died. Trichinae were found in the pork, in the sausages, and in the muscles of the dead.

A GOLD medal was awarded at the Jamaica Exhibition, to Labatt's India Pale Ale, of London Ont., in competition too with ales from England, Scotland and the United States. This speaks well for Canada.

A LARGE addition was made last summer to the already large Sanitarium at Battle Creek, Michigan, yet the institution is about full. The number of guests and patients is now larger than at any previous time in its history—numbering more than four hundred; with about three hundred helpers,—nurses, attendants, physicians, &c.

THE Florence Nightingale sick bed appliance seems destined to be generally regarded as an indispensable article in every well regulated or complete household.