

FELT LIKE A NEW PERSON

After Taking Only One Box of "Fruit-a-tives"

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"It is with great pleasure that I write to tell you of the wonderful benefits I have received from taking 'Fruit-a-tives'. For years, I was a dreadful sufferer from Constipation and Headaches, and I was miserable in every way. Nothing in the way of medicines seemed to help me. Then I finally tried 'Fruit-a-tives' and the effect was splendid. After taking one box, I feel like a new person, to have relief from those sickening Headaches!"

Mrs. MARTHA DEWOLFE.

50c. a box, 9 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

LARGEST SINGLE VOTE SINCE THE WAR BEGAN.

LONDON, July 23—In the House of Commons tomorrow the Government will ask for a vote of credit of £550,000,000 the largest single vote since the outbreak of the war. It will bring up the total for the war to £5,292,000,000.

GERMANS AGAIN RAID EAST COAST

LONDON, July 22—Another raid on the east coast was made this morning by a squadron of fifteen to twenty-one airplanes. They dropped bombs which, according to an official report, killed eight persons and injured twenty-five. The announcement follows:

"A squadron of enemy airplanes, from fifteen to twenty-one, approached Felixstowe and Harwich at eight o'clock this morning. Some bombs were dropped, but the heavy fire from the anti-aircraft defence caused the enemy's formation to split up, part returning overseas and part returning south, down the Essex coast and finally was heavily engaged by gun fire all down the Essex coast and finally proceeded homeward, without dropping more bombs. The raiders were pursued out to sea, and heavily engaged by our airplanes, but the visibility was low and difficulties of observation were very great.

"The casualties at Felixstowe and Harwich, so far are eight killed and twenty-five injured."

Miss Martin's cottage at Kingsport to rent for the period up to 20th July and from the 7th August to the end of the Season. Apply to F. Giffkins.

Why bother with looking for purchasers of your Strawberries? Growers of any quantity, however large, can obtain best cash prices from Supplies Limited, Kentville.

FOR SALE a two horse mowing machine in good repair. C V Skerry, Lakeville.

FOR CANNING STRING BEANS

Mrs. Thos. H. Bacon, of Phoenix, Arizona, formerly Miss Margaret Palmer, of Gagetown (N. B.), sends the following fine recipe for canning string beans. She has used it for several years and found that the beans when canned are as delicious as though fresh from the garden.

Canning string beans—Wash and cut or break the beans into inch or small pieces, boil twenty minutes. Fill sterilized glass jars with the beans and on the top of every quart of beans put one teaspoon of cream of tartar. Fill the jars with fresh boiling water till running over. Screw on jar lids air tight. When using them for the table pour off the liquid and wash the beans thoroughly, then cook till in fresh boiling water adding a pinch of soda to every quart of beans and seasoning to taste.

SACKVILLE WILL MAKE A RECORD THIS SEASON.

During the past week over thirty tons of strawberries were shipped by express from Sackville. If the weather is favorable this week the shipments will probably total forty tons.

Among recent callers at the office of the Agent-General for Nova Scotia, London, have been Miss J. W. Forbes, Lieut. S. C. Leslie, River Hebert, N. S.; Lieut. W. S. Fielding; Mrs. E. Douglas, Halifax; Lieut. A. W. Rogers, Amherst, N. S.; Lieut. A. C. King, Lunenburg; Mrs. C. J. and Miss Stanwood, Nova Scotia; Major E. C. du Domaine; Capt. F. B. Schurman, Truro, N. S.; Capt. and Chaplain C. R. Cumming, Bridgewater, N. S. Major W. T. M. and Mrs. Machinnon, Berwick, N. S.; Lieut. A. E. Beattie, Amherst, N. S.; Major McIntosh Millar, Amherst, N. S.; and Major F. W. Miller, 85th Battalion.

Keep Minard's Liniment in the house

HUN RAIDER IN ATLANTIC.

British Freighter Out distanced Strange Auxiliary Bark After a Brief Chase.

AN ATLANTIC PORT, July 23—The presence of a strange vessel believed to be a German raider, due West from the Spanish coasts and two thirds of the way across the Atlantic from Europe was reported by a British freight steamer ship escaped from the unidentified craft and arrived here yesterday.

Officers of the British vessel described the steamer as bark rigged, with four masts and a smokestack rising between the main and mizzen mast. She was steering Northwest at seven knots when sighted early on July 14 and bore down on the freighter. The latter out-distanced the supposed raider after a brief chase.

THE PROLETARIAT.

Mrs. Ayres — How does it happen, Ellen, that you never saw finger bowls before? Didn't they use them in the last place you worked?

Ellen—No, ma'am, they mostly wash-themselves before they came to the table.

SAVE THE RAGS

Shortage of Wood Increase Demand for this Waste.

A serious shortage in wool exists. Almost all countries engaged in the war have taken over the wool supply to provide for soldiers' equipment, while the United States Council of National Defence recently took up with the clothing manufacturers the matter of the saving of cloth by eliminating from the 1918 styles patch pockets, flaring skirts, cuffs on coats and trousers, etc. and all unnecessary pleats and frills. The Council is also advocating the more general mixing of cotton with wool and the more extended use of shoddy.

For this reason the old-fashioned rag-bag should come into fashion. The day when rags were not of sufficient value to warrant much attention being paid to them is past. Today there is a heavy demand for woolen rags. Scarcity of new wool has created an increased market for shoddy materials, of which woolen rags are basis, and increased prices are being paid for this hitherto neglected material save for the rags.

QUEEN MARY'S INTEREST IN CANADIAN SOLDIERS.

Queen Mary, in opening the Medal Exhibition in the Georgian Galleries of Messrs. Waring & Gillow's, London, observed two young Canadian officers, Lieut. N. Clarke-Hallace, and Lieut. G. E. Harding, of Halifax. The Queen immediately stepped over to them and graciously shook them both by the hand and enquired after their comfort and experiences at the front. Her Majesty wished them goodbye, again shaking them warmly by the hands. These two young officers were delighted by the gracious recognition and came smartly to the salute, giving a happy conclusion to this unexpected honor.

Ripe Cherries



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LONDON HEARS ENEMY CAPTURES TARNAPOL.

If the Report Is Correct the Loss of This Position Would Menace Whole Russian Line.

LONDON, July 23—The occupation by the Germans of the city of Tarnapol in Eastern Galicia, is reported by Reuters' Limited.

The capture of Tarnapol, if confirmed, presents a serious menace to the whole Russian line between the Pinsk marshes and the Carpathians. Tarnapol is about twenty-five miles behind the positions occupied by the Russians when the German counter-attack began last week.

Unless the Russian forces to the north and south are able to carry out a rapid retreat they will be threatened from the flank by the advancing Germans.

Tarnapol, a city of about 35,000 had been in Russian hands since the early days of the war, when it was captured across Galicia.

MADE SUCCESSFUL RAID IN PALESTINE.

Lively Skirmishes Recently—British Killed over a Hundred Turks In One Raid.

LONDON, July 23—The following official account of military operations in Palestine was issued here today:

"On the morning of July 19 the enemy pushed two cavalry regiments from Beersheba toward the Line El Bugar-El-Girjeir, about nine miles west of Beersheba. Our mounted troops engaged and drove them back to Beereba, capturing 13 prisoners.

"On the night of July 20 our troops successfully raided the enemy's trenches Southwest of Gaza. They killed one Turkish officer and 101 men, and brought back 17 prisoners, a machine gun, a trench mortar and a number of rifles and other booty."

"This" said the goat, as he turned from the tomato-can and began on the broken mirror with relish, "this is indeed food for reflection." — Lampton.

A Poet From The Railway



Mr. C. J. Dennis and his home in the bush at Toolangi, Victoria, N.S.W.

THE dangers of the Mediterranean route between Australia and England have induced a large number of Australians to pass through Canada, who otherwise might never have known this country, and have brought Australia into closer sympathy with the Dominion than ever before. Canadians also have learned to appreciate the Anscos, and the increasing trade between these two junior partners of the British Empire, as shown in the record traffic of the Canadian Australasian service, is one of the bright sides of this war. There are many vast countries anxious for greater population and both are on the whole still mainly agricultural. The comparative absence of cabled news from Australia in Canadian papers is, however, a handicap against the knowledge of each other's social problems and progress, and Australian authors are as little known in Canada as Canadian writers are in the Antipodes.

One poet of Australia is, however, making headway here and deserves to be even better known—so vivid a picture does he give of the Australian lark in the terse vernacular of Adelaide. "Doreen and the Sentimental Bloke," which in its own country has run into the hundred thousands and has been put into the trenches, threatens to rival even Robert Service (who like himself owes much to Kipling) in the affections of the Canadian reader, and though "The Moods of Ginger Mick," which has made a tremendous hit in Australia, has not yet been published in this country, stray copies pass from hand to hand and are greatly treasured. Ginger Mick is a peddler of rabbits who volunteers for the front and dies like a hero at Gallipoli. Dennis' "Backblock Ballads," descriptive of the people of the Australian bush and the settled country districts, are classic.

Dennis wrote "Doreen" in the bush at Toolangi, Victoria, in a log cabin which he built himself after he had grown tired of being a Government official and a newspaper editor. Just as the early days of construction of the Canadian Pacific Railway attracted men of all classes, some of which, such as Morley Roberts and Frederick Niven, have since made their mark in literature, so the building of the Australian railways provided a job at one time of his career for C. J. Dennis, who as a man handy with the axe and saw was able afterwards to draw pay as a carpenter. His father was a retired sea captain and a hotelkeeper with small appreciation of poetry. At one of the rockiest periods of his career the poet wired the publisher "Send ten pounds, going Broken Hill," to which his father replied "Sending nothing, go to Hell." In spite of this lack of sympathy, Dennis became editor of the "Adelaide Critic," which he left to establish the "Gadfly," a sassy paper on the lines of New York "Life." This paper was once accused by a correspondent of sectarian bias, controlled by an Anglican, a Roman Catholic, a Wesleyan Methodist and an Atheist, and gave it as his opinion that the Atheist was "the most religious man of the lot."

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