

DAILY MAGAZINE PAGE FOR EVERYBODY

WHY DAUGHTER SHOULD BE TAUGHT BEAUTY CULTURE

By LUCREZIA BORI

THE old-fashioned mother believed that it was her religious duty to teach her small daughter that she should be beautiful. She would care anything about her personal appearance. Books, such as "Vain Henrietta," were placed in her hand so that she could learn of the unimportance of the unimportant. She would care nothing about her personal appearance. Books, such as "Vain Henrietta," were placed in her hand so that she could learn of the unimportance of the unimportant.



Dancing is a pleasant exercise every growing girl should enjoy. Besides the advantage of muscular development it imparts a grace and ease of carriage that will be an invaluable asset when she grows older. In fact, every child should be sent to dancing school at the age of 4 years.

Impress upon the mind of the growing girl how absolutely necessary it is to bathe frequently. To insure a beautiful complexion the pores of the skin must be kept free from dust and grime. Teach her the value of a night-cream and dry it will require a little water or boracic acid. This will nourish and the skin kept pliable and soft.

If your daughter happens to have luxuriant hair it will require a little more besides a semi-monthly shampoo and the daily brushing and airing. But should her hair be scraggy, lustreless and dry it will require massage treatment and the application of a reliable hair tonic so that its growth and health will be improved.

Provide the growing girl with a manicure set and a bottle of hand cream so that she can keep her hands and nails in a perfect condition. Her dressing table should be supplied with a small camel's hair brush so that she can shape her eyebrows. The eyes themselves should be bathed three times a week with a solution of salt water or boracic acid. This will strengthen the eyes, making them clear and brilliant.

Carefully instruct the growing girl in the care of her teeth so that she will escape many painful hours at the dentist's. Have a dentist recommend the tooth-paste and mouth wash that she should use, for what is good for one person might prove harmful to the tooth structure of another.

If you go about teaching your young daughter in the right way to take an interest in her personal appearance you need have no fear of her becoming vain.

THE PHANTOM LOVE

By Will Nies



There is love—REAL love, and there's love the phantom—the UNREAL. Between them lies the abyss that divides the false from the true. To know the difference one has but to heed the heart, to question the voice that never deceives. About real love there is NO doubt. Headless as Youth, thoughtless as

GARDENS BIG and LITTLE

Where white are the birches
And kindred snow,
And a soft blue smoke
Diffuses the glow
Of the winter sun
In its sunlit trail
Thru the blue-gray sky,
Like a golden snail,
So cold,—

Stands a mountain lone
With a sky-worn crest,
Surrounded by hills
With abundance blest
Of evergreen trees
Of velvet green-blues,
And bare-branched trees
Of countless hues
Less bold.

Such is the state of the garden of nature, while the pans are being made ready for the seeds of the summer flowers for the gardens of men. We cannot see nature at work, the present we will know that she must have been working with constant diligence, and if we would have natural and healthy results we must seek to follow her rules and instructions in all that we do, indoors and out.

Now, while the seeds are germinating and the plants are very small, they must be handled with the utmost care and precaution, for, tiny and insignificant as the young seedling may appear, it is extremely sensitive to changes in temperature, too much or too little moisture, gas in the room, disease and all the things which sometimes even larger plants have not the strength to resist, and the little plants have less resistance.

With a background of winter gray one can imagine all the bright flower colors and green plant forms of our summer gardens—the mistakes as well as the splendid perfections, and the faults that might be found in midsummer can be anticipated and corrected now.

There are a few flowers that should be started in the seed pans; do not hesitate to name them, being not sure of where they would go in the garden. One is salvia, or scarlet sage. It is such a darling color that it must be planted with exceedingly good judgment—not prominently, for it will make itself seen in whatever distance or concealment it is placed—and not close to the porch of a red brick house, a mistake which is so frequently made, but it should be near blue flowers, for the contrasting colors. Salvia is one of the last flowers to bloom in the fall, but it is slow growing, and the seed must be started at once.

Verbenas are free-blooming and generally satisfactory, but they must be chosen carefully with regard to colors. Avoid the scarlet and other shades of red and purple, unless you know exactly where they will be placed and are sure that they will not clash with other things. The white is lovely in a small garden where there are already flowers of many colors.

It will please you later if you sow one pan of salpiglossia and any of the varieties with gold. The flowers are so beautifully veined they should be popular.

You should have snap-dragon or antirrhinum in the soft rose shades or yellows. Snap-dragon seedlings must be transplanted into another pan as soon as they can be handled, for they are so watered cautiously, as they have a fatal habit of "damping off"—that is, the stem rots close to the ground, and a few seeds of cabage-scandens, the cup-and-saucer vine, may be started in a three or four-inch pot, and the strongest plant left to grow until it is time to plant up of doors.

"The purple perfume of petunias" may be remembered now in your plans—and the asters; but more about them later.

Nemesia and torenia are two dainty flowers not often seen in gardens, but delightful, as is also the little blue lobelia, the crystal palace compacta.

Sprouting Oats for Hens

There are several methods of sprouting oats. One of the least difficult is this: Fill or partly fill a pail, tub, box or half barrel, according to the amount of green feed likely to be needed, with well-selected oats. Over them pour sufficient warm water to cover them completely. The oats will rise in the container and float on top of the water. To settle the oats at the bottom mix them with your hands and press down. The oats should be left to soak for not less than twelve hours. When thoroughly soaked they should be lifted out with the hands or a dipper and spread evenly over the trays. Freshly filled trays should always be placed at the top of the tray holder. The temperature of the room should be about sixty degrees Fahrenheit.

The oats in the trays or boxes should be stirred twice daily, either with the hands or with a wooden-toothed rake.

This stirring should mix the oats thoroughly. When the sprouts have made a growth of half an inch they should not be stirred, or the sprouts will be broken off and the germs will die.

Oats should be placed in the trays about two inches deep. After twelve hours the oats must be watered morning and evening. The water used should be neither cold nor hot, but lukewarm. It should be changed daily. Watering should be continued until the sprouted oats are ready for feeding. Sufficient water should be used each time to soak them thru. After the fourth day the water used for sprinkling should be cooler, until about two inches in depth. The best time to feed sprouted oats is when the sprouts are not more than two inches long.

Some are able to sprout oats fit for feeding in five days; others require seven or eight days. The best time to feed sprouted oats is when the sprouts are not more than two inches long.

ADVICE TO GIRLS

By Annie Laurie

DEAR ANNIE LAURIE: I am eighteen; and I belong to a certain club. Besides our regular meetings we have dances every two weeks. There is one boy who takes me around quite a lot, but at the dances he wants to fill my card with his initials. The other boys want dances, too. Now, is it correct for me to let him have all the dances when the others want them, too?

ROSE: If I were you I would permit the young man to have his choice of three or four dances, perhaps, then I certainly would permit the other young men to dance with me.

DEAR ANNIE LAURIE: I am eighteen; I have blue eyes and dark hair, and my home is in the country, but I live with my married sister. I have a friend who comes up once a week. Do you think he cares for me when he only comes up once a week to see me? I do not know many people here, but I go to dances. Do you think it would be wrong to meet someone at a dance on a short acquaintance? Please do tell me?

DOLLIE DIMPLE: The young man must like you or he would not call to see you at all. But there is a big difference between "liking" and "love." Were I you, I do not think that I would make the acquaintance of any young man save thru a formal introduction given by someone who vouches for him. If you are properly introduced to a young man, it does not matter whether you meet him at the home of a friend or in a public dance hall. The point of the whole matter is that you, of course, want to know just what sort of young man it is who makes your acquaintance.

DEAR ANNIE LAURIE: We are two girls and would like your advice in the following matter. We have known two very nice boys for about 18 months. We used to go

with them occasionally last year. But since they have enlisted we go with them more regularly. They are very nice young men and know their manners. They also go to the same church we do.

Now, Annie Laurie, the only thing we have against them is that they want to kiss us when leaving them, which we will not do, and, for the minute, they feel angry at us.

Please advise us, as we are troubled to know what to do.

LOVING CHUMS: The only thing you can do, my dears, is to do precisely what you have been doing. Altho they may seem disappointed when you refuse to kiss them good night, nevertheless you may be very sure that deep down in their hearts they are disappointed in you. Just explain to them that you like them very much, but that you can never permit any man to kiss you until the right man comes along.

Luncheon cases to hang on the rail are made of enamelled duck and are shaped a little like a Gladstone bag. The sandwich bag is in the centre, with the flat fittings in the opposite corner.

THE IRON CLAW WILL GRIP YOU!

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The Amateur Gardener

MISCELLANEOUS SUGGESTIONS REGARDING GARDEN WORK.

DO NOT put any seed into the ground until it is warm, and you are reasonably sure that all danger from frost is over. Seed sown in a cold, wet soil often fails to germinate. Even if it grows, you will get no earlier results from your seedlings than you will from later sowing, as tender plants cannot be expected to make healthy development under such discouraging conditions.

"Haste makes waste," is an old saying that has a good deal of truth in it, and seed that is sown in a desire to get the start of your neighbors with early plants often disappoints the sower and makes it necessary to buy a new supply of seed. Therefore, don't be in too great a hurry to get your garden started.

Provide yourself with some good garden tools. You should have a hoe—a V-shaped one, if you can get it—and a spade, an iron-toothed rake, and a wheelbarrow. Also a weeding hook.

Begin weeding as soon as it is possible to tell the difference between weeds and the plants you have attempted to grow. Be thorough in this phase of garden work. Root up every weed before it has a chance to make use of the plant food, which should be held in reserve for your vegetables. If you are wise, you will not allow a single weed to ripen seed, for one plant will furnish enough to supply your entire garden.

If seedlings are too thick, thin them out promptly. Crowded plants will never develop satisfactorily.

RECIPES FOR THE CARD INDEX COOK BOOK

London Pudding

INGREDIENTS
4 ounces lady fingers.
2 eggs.
1/2-pint milk.
1 ounce butter.
1 ounce flour.
Grated rind of 1 lemon.
A little strawberry jam.
1 teaspoonful powdered sugar.
1 tablespoonful granulated sugar.

METHOD
Arrange the lady fingers in a well-greased dish, putting dabs of jam between. Melt the butter and flour and blend well over the fire; add the milk very slowly, stirring all the time. Keep stirring until it boils and then add the lemon rind and sugar. Remove from the fire and stir in the yolks of the eggs, then pour over the lady fingers. Leave one-half hour to soak, then put in a moderate oven to bake for 10 minutes. Whip the whites of the eggs quite stiff and add one-half of the powdered sugar; pile roughly on top of the pudding; dust with the rest of the sugar and put in the oven to color a delicate brown.