

O my God, make me prudent in my undertakings; courageous in dangers; patient in affliction, and humble in prosperity.

Grant that I may be ever attentive at my prayers; temperate at my meals; diligent in my employments, and constant in my resolutions.

Let my conscience be ever upright and pure; my exterior modest; my conversation edifying, and my comportment regular.

Assist me, that I may continually labour to overcome nature; to correspond with thy grace; to keep thy commandments, and work out my salvation.

Discover to me, O my God, the nothingness of this world; the greatness of heaven; the shortness of time, and the length of eternity.

Grant that I may prepare for death; that I may fear thy judgment; that I may escape hell, and in the end obtain heaven, through the merits of our Lord Jesus Christ. Amen.

Ejaculations for invoking the Assistance of the Holy Ghost.

COME, Holy Ghost, replenish the hearts of thy faithful, and kindle in us the fire of thy divine love.

O divine Spirit, incline unto my aid; O Lord, make hast to help me.

Conduct me, O Lord, in thy justice, and because of the enemies of my soul, direct my way in thy sight.