## THE CANADA LANCET.

sacrificed for us; we can seldom repay even the living to whom we are in debt. There is only one way in which we can discharge the obligation, and that is to render unto others even as it has been rendered unto us. 'Freely ye have received, freely give.' Nor should we leave till a future time a debt that can be paid to-day. We must pay as we go, or the end may overtake us with our obligations unfulfilled.''

"When I have quited the world, it will matter nothing to me what people say of me, up to the moment of death we should strive to leave something which can either comfort, amuse, instruct, or benefit the living."—Sir Henry M. Stanley.

The situation that has not its duty, its ideal, was never yet occupied by man. Yes, here, in this poor, miserable, hampered, despicable Actual, wherein thou even now standest, here or nowhere is thy Ideal; work it out therefrom; and working, believe, live, be free. Fool! the Ideal is in thyself, the impediment, too, is in thyself: thy condition is but the stuff thou. art to shape that same Ideal out of: what matters whether such stuff be of this sort or that, so the form thou givest it be heroic, be poetic. O thou that pinest in the imprisonment of the Actual, and criest bitterly to the gods for a kingdom wherein to rule and create, know this of a truth: the thing thou seekest is already with thee, "here or nowhere." couldst thou only see !--Carlyle (1795-1881).

> "Serene I fold my hands and wait, For lo! my own shall come to me. For, here I read for certain that My ships are safely come to road, Rest after toil, port after stormy seas."

"He has achieved success who has lived well, laughed often, and loved much; who has gained the respect of intelligent men and the love of little children; who has filled his niche and accomplished his task; who has left the world better than he found it, whether by an improved poppy, a perfect poem, or a rescued soul; who has never lacked appreciation of earth's beauty, or failed to express it; who has always looked for the best in others, and given the best he had; whose life was an inspiration; whose memory a benediction."

"We are here not to get all we can of life for ourselves, but to try to make the lives of others happier," and to fully believe that lofty idealism of Sydenham, one of our most illustrious fathers, who said: "As long as Almighty God shall give me life, I shall press forward to