

attributed to defects of sanitation in this district. To this end circulars should be posted up on the claims which are being largely worked, and in other public places, calling men's attention to the generally conceded fact that typhoid may be entirely avoided by the sole use for drinking purposes of water which has been thoroughly boiled. The expense would be little, and the effect would be good.

The water supplied by the new company is of good quality, and has almost entirely displaced the use of drinking water from other, and questionable sources. I believe it to be a safe source of water supply, and the fact that it is safe cannot be too widely known.

The improvements that have been made in the way of drainage, and removing obstructions of various kinds from the streets, while highly desirable and useful, and appealing directly to the artistic sense, should be considered very subsidiary in comparison with these enterprises which furnish the people with a liberal supply of pure water and healthy food. There are a few patients in each hospital who will never recover here. Should they remain they will become a chronic burden. They have no means at their command. They may, and as a matter of fact will, live for many months, and some of them years. While I do not wish to interfere in things which do not directly concern me, I cannot refrain from suggesting that an examination of these chronics should be made, and that they all be shipped out simultaneously, in charge of an intelligent nurse. I think that from an economic standpoint it would be found to pay.

While we may dwell with pardonable pride on the work already done, I feel that it is our duty to earnestly and constantly be watchful as to what we are now doing "lest we forget."

I have the honor to be, Sir,

Your obedient servant,

(Sg'd.)

J. W. GOOD,
M.H.O.

ARE ANGLO-SAXONS DEGENERATING? is the query propounded by Dr. J. Russell, of Hamilton, in an exceedingly thoughtful and able paper, which appears in this issue. Dr. Russell is not only a capable writer, but is in addition a deep thinker of the advanced type. We hope to have further communications from him on the subject of race degeneracy, for publication in this journal.