

in the head, or in the teeth, or in the liver, which aggravates every difficulty twofold; so that one way or another, a man of delicate health who really manages to get through his ordinary duties in the cold no worse than in mild weather, is compelled to be twice as crafty, and shrewd, and frugal in his management of himself and the distribution of his energies. But the total moral effect is very seldom to make himself satisfied. The physical effect of the cold is far too humiliating for that. It makes him shrink into himself and feel of no account. He is issuing orders from a citadel which he thinks may have to capitulate every day. A man cannot feel very bumptious who is doing that. The sense of a dwindled existence takes down his pride. He ekes out his moral resources frugally, but has no joy in his frugality. He is holding out,—that is all,—not winning glory for himself. There is no elastic pleasure in the sense of a minute economy of power. If you have to say to yourself, "There will be great complexity in this division of the investments which I ought to make; it will take energy; I must put it off till it is warmer and I have more margin of strength," you feel intensely what a limited creature you are, and that the moral rations on which you are living so parsimoniously would hardly be worth consuming at all, if you did not hope for a time of more affluent power, after the siege is raised. There is nothing which produces intellectual modesty so effectively as feeling *just* equal to life, and no more, and that is the effect the cold produces on a good many people. At the same time, it is apt to make them calculating and in a moral sense frigid. When they read of a great calamity like the burning of the emigrant ship or the railway slaughter at Oxford, they are apt to say to themselves, "I can do no good there; can I afford to subject myself to the pain of reading about all this suffering? Better pass it over and hear of it only what I must." Now, that is hardly an attractive state of feeling. Tenuity of moral resources is always unamiable and seems to mark an *un-generous* nature, whereas it really only implies one with a somewhat niggardly supply of the requisite force for living.